**2018 INAUGURAL INDOOR TRACK AND FIELD MEET OF**

**BRAMPTON RACERS**

**Toronto Track and Field Centre, Indoor Facility**

**231 Ian MacDonald Boulevard, Toronto, Ontario**

**Saturday, January 27, 2018**

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| **MEET HOST:** |  | Brampton Racers Track and Field Club |
| **START TIME:** |  | 9:30 a.m. |
| **SANCTIONED BY:** |  | Minor Track Association (MTA) of Ontario |
| **MEET DIRECTOR:** |  | Rawl La Crette  Contact Information: 647 895 7020 (M)  905 451 6658 (H) |

rlacrette@yahoo.ca (E-mail)

# FACILITIES

## Indoor Fieldhouse

The indoor fieldhouse can accommodate over 900 people and has space and equipment for all indoor track and field events. There are two weight training rooms equipped with Olympic free weights and bars, plus additional workout areas within the fieldhouse, including stationary bikes and weight lifting machines. The facility also has two meeting rooms, a photo and timing booth and a public observation gallery on the second floor that can accommodate more than 250 spectators.

**Special Features**:

* 5-lane, 200m banked oval track (made of synthetic rubberized material surface) with a separate sixth lane for joggers
* 8-lane, 60m Sprints and Hurdles runway
* Warm-up area on a 3-lane, 30m runway
* 30-foot vertical Pole Vault clearance
* 2 Long Jump and Triple Jump runways into a common sand pit
* 2 High Jump areas
* Curtained practice area for Discus and Hammer Throw
* Shot Put throwing circle and cage

# MINOR TRACK ASSOCIATION’S (MTA’s) AGE DIVISIONS – 2018

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| --- | --- | --- |
| **Peewee:** |  | **Born in 2012 and 2013** |
| **Mite:** |  | **Born in 2010 and 2011** |
| **Tyke:** |  | **Born in 2008 and 2009** |
| **Atom:** |  | **Born in 2006 and 2007** |
| **Senior:** |  | **Born in 2004 and 2005** |

# INDIVIDUAL PARTICIPATION

*Athletes* may compete in ***three events*** of which ***only two can be track events*, *excluding relays.***

# EVENTS ASSIGNMENTS FOR AGE DIVISIONS

**Peewee:** 60m and Long Jump

|  |  |
| --- | --- |
| **Mite:** | 60m, 200m, 400m, 4 x 200m Relay and Long Jump |
| **Tyke:** | 60m, 200m, 400m, 800m, 1200m, 4 x 200m Relay, Long Jump and Shot Put |
| **Atom:** | 60m, 200m, 400m, 800m, 1500m, 4 x 200m Relay, Long Jump and Shot Put |
| **Senior:** | 60m, 200m, 400m, 800m, 1500m, 4 x 200m Relay, Long Jump and Shot Put |

# ENTRY INFORMATION

Entries are to be completed and submitted through the use of **www.trackie.com** **OR** the use of an **Excel Spreadsheet**. ***Download*** the Excel Spreadsheet at **minortrack.org** and, on completing your entries, please ***submit*** your saved Excel Spreadsheet (with entries) to **suzanneleroux@rogers.com**

The **entry deadline** will be on **Wednesday, January 24, 2018** at **11h59pm**

**Entry fees** are as follows:

**$10.00** per athlete for each event.

**$25.00** per relay team

The late deadline will be at **noon** on **Friday, January 26, 2018**. The **late fees** are:

**$20.00** per athlete for each event

**$50.00** per relay team

**Note:** There is a ***$5.00 insurance coverage surcharge per athlete for non-MTA registered athletes****.* (Provides all-day coverage at Track Meet venue.)

**Payment** is to be made at the Registration Desk on the Meet day, and can be done with cash or cheque. Meet Packages will be issued upon payment. The Registration Desk will be opened at 8:00 a.m.

**ENTRIES WILL NOT BE ACCEPTED ON THE MEET DAY!!!**

# MEET SCHEDULE

The Meet will be conducted based on a ***“rolling” schedule***. However, the order of events as listed, will be maintained unless otherwise informed. On the condition that the schedule is revised, a copy of such revision will be made available at **minortrack.org.** on ***Friday, January 19 just after noon.*** Moreover, you will receive one in your Meet Package.

# ATHLETES CHECK-IN

All competitors are ***required to check in*** at the ***Start Line*** for the ***Track Events,*** and at the ***Jumping Pits*** and ***Throwing Areas*** for the ***Long Jump*** and ***Shot Put events*** respectively, before the start of their events.

# COMPETITION EQUIPMENT AND IMPLEMENTS

* ***Starting blocks*** will be made available by the ***Meet host***. No personal starting blocks will be allowed.
* ***Shots*** for ***all age divisions*** will be made available by the ***Meet host***. If personal shots are to be used, coaches or team managers need to ***verify the weight*** of the implement with the ***Shot Put Chief Judge*** before its use in competition.

# COMPETITION ROUNDS – TRACK EVENTS

***Advancement*** through rounds of competition is applicable **ONLY** to the ***60m*** sprint events (**\***if necessary). From ***six (6) heats***, the ***top eight (8) times progress to the finals***. From ***seven (7) or more heats, the top sixteen (16) times move on to two (2) finals – an A final and a B final. Awards will be given between the A and B finals.***

The ***200m, 400m, 800m, 1200m*** and ***Relays*** are conducted as ***‘Timed Finals’***.

# COMPETITION ROUNDS – SHOT PUT AND LONG JUMP EVENTS

***Advancement*** **to Finals** is dependant on the ***position of the athlete after the Preliminary Round of three (3) throws or jumps***. The ***top eight (8)*** athletes [with the eight (8) furthest distances],

***progress to the Finals*** (**\***if necessary), in which case they are allowed ***two (2) additional throws or jumps***. However, if an event has ***eight (8) or less competitors***, it will be conducted as a ***‘Final’*** event, and each athlete will be allowed ***five (5) throws or jumps***.

[**\****Dependent on the number of entries*]

# CONCURRENT EVENTS

On the condition that an athlete is competing in a track event and a field event that may be concurrently staged, and where the field event would have started prior to the track event, the athlete should ensure that he/she would have completed at least one (1) trial in the field event, then report to his/her track event. On the completion of his/her track event, the athlete should promptly return to his/her field event to complete it. In a situation where the track event would have started prior to the field event, the athlete should ensure that he/she would have checked in with the field event chief official to confirm his/her presence and intention to be competing in the event. He/she should then complete his/her track event and promptly return to competition in his/her field event.

# AWARDS

***Medals*** will be awarded to the athletes who placed ***first (1st), second (2nd) and third (3rd)*** in each event. ***Ribbons*** will be awarded to the athletes who placed ***fourth (4th) to eighth (8th)***.

This is also ***applicable to the Relays.***

**EVENTS SPECIFICATIONS: *SHOT PUT***

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| **SHOT PUT** |  |
| **Mite Girls and Boys:** | **1.50 kg** |
| **Tyke Girls and Boys:** | **2.00 kg** |
| **Atom Girls and Boys:** | **2.73 kg** |
| **Senior Girls and Boys:** | **3.00 kg** |

***NOTE ON THE* *LONG JUMP***

For ***each age division***, except for ***Seniors***, the ***one (1) metre “Take -off”*** area will be applied.

# WAIVER FORM

A ***Waiver Form*** ***must be completed for each athlete*** or a ‘***Blanket’ Form*** can be completed for an entire team, and should be ***submitted*** at the ***Registration Desk*** ***on Meet Day***. Please find the ***Waiver Form on page 6***.

**BRAMPTON RACERS TRACK CLUB**

**THIS WAIVER FORM MUST BE SUBMITTED BY EACH ATHLETE ENTERED or**

**BLANKET WAIVER BY COACH WITH POWER OF ATTORNEY - (list all athletes) SANCTIONED & REQUIRED BY:**

**MINOR TRACK ASSOCIATION (of Ontario)**

In consideration of the acceptance of my application and permission to participate as an entrant of competitor in the **2018 Inaugural Indoor Track and Field Meet of BRAMPTON RACERS TRACK CLUB**, scheduled for **Saturday, January 27, 2018.**

I, for myself, my heirs, executors, administrators, successors, and assigns HEREBY RELEASE, WAIVE AND FOREVER DISCHARGE:

* The Minor Track Association (of Ontario)
* Brampton Racers Track Club and/or any of its Directors
* Toronto Track and Field Centre
* City of Toronto
* York University

And all other association, sanctioning bodies and sponsoring companies, and all their respective agents, officials, servants, representatives, and assigns OF AND FROM ALL claims, demands, damage costs, expense actions, and causes of action, whether in law or equity, in respect to death, injury, loss or damage to my person or property HOWSOEVER CAUSED, arising or to arise by reason of my participation in the said event, whether as a spectator, participant, competitor, or otherwise; whether prior to, during or subsequent to the event AND NOTWITHSTANDING that the same may be the negligence of any of the aforesaid.

I FURTHER HEREBY UNDERTAKE to HOLD AND SAVE HARMLESS and AGREE TO

INDEMNIFY all of the aforesaid from against any and all liability incurred by any or all of them arising as a result of, or in any way connected with my participation in the said event.

BY SUBMITTING THIS ENTRY, I ACKNOWLEDGE HAVING READ, UNDERSTOOD AND

AGREE to the above WAIVER, RELEASE AND INDEMNITY. I WARRANT that I am physically fit to participate in this event.

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| ***NAME*** | ***DATE OF BIRTH*** |
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**Schedule of Events**

**Brampton Racers’ Inaugural Indoor Track & Field Meet**

## Saturday, January 27, 2018

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| **TRACK EVENTS** | | |  | **FIELD EVENTS** | |
| **9:30 a.m.** | **1200m** | | **9:30 a.m.** | **Long Jump Peewee Girls – Pit 1** | |
|  | | |  | **Long Jump Peewee Boys – Pit 2** | |
| **60m Heats** | | | **Shot Put Tyke Girls** | |
|  | | | **Long Jump Mite Girls – Pit 1** | |
| **400m Timed Finals** | | | **Long Jump Mite Boys – Pit 2** | |
|  | | | **Shot Put Tyke Boys** | |
| **1:00 p.m.** | | **BREAK** | **Long Jump Tyke Girls – Pit 1** | |
|  | | | **Long Jump Tyke Boys – Pit 2** | |
| **800m Timed Finals** | | | **Shot Put Atom Girls** | |
|  | | | **Long Jump Atom Girls – Pit 1** | |
| **60m Finals** | | | **Long Jump Atom Boys – Pit 2** | |
|  | | | **Shot Put Senior Girls** | |
| **200m Timed Finals** | | | **1:00 p.m.** | **BREAK** |
|  | | | **Long Jump Senior Girls – Pit 1** | |
| **4 x 200m Relays** | | | **Long Jump Senior Boys – Pit 2** | |
|  | | | **Shot Put Atom Boys** | |
| **Shot Put Senior Boys** | |