



Run Jump Throw Wheel Instructor Course

Saturday January 27 – Sunday January 28, 2018

YMCA of Northern BC, Prince George, BC

Hosted by: BC Athletics & Prince George Track and Field Club

RunJumpThrowWheel (RJTW) is a national program that uses track and field games and activities to teach the fundamental movement skills of running, jumping, throwing, and wheeling. Regardless of whether you're a sports coach, recreation leader, teacher, or parent, this course will give you the skills to encourage physical literacy in all the youths in your life!

Bonus: The Western Canada Para-Athletic Recruiter will make a special appearance to enhance your knowledge of how to work with young athletes who have physical and/or intellectual exceptionalities *at no extra charge!*

Date:

January 27 – January 28, 2018

9am – 5pm

Cost

\$100 per registrant

Location

YMCA of Northern BC

2020 Massey Drive

Prince George, BC

V2L 4V7

Registration Deadline:

Date: Wednesday January 24, 2018

Time: 11:59pm

To register, visit:

<https://www.trackie.com/online-registration/event/nccp-run-jump-throw-wheel-instructor-course/19340/#.WIPaPrdKv3g>

OR

Contact Sabrina Nettey at: (604) 333 – 3554 or sabrina.nettey@bcathletics.org

Can't wait to see you there!

This course is held through the support of the Government of BC & ViaSport

