



17th Annual York University Xmas Open Track & Field Meet

Saturday, December 2nd, 2017

Tentative Schedule of Events (final schedule available on day of the meet)

Track Events

1:00pm

1500m	Women
1500m	Men
600m	Women
600m	Men
60m Hurdle Heats	Youth Girls / Senior Women
60m Hurdle Heats	Youth Boys / Junior Men / Senior Men
60m Heats	Women (Top 8 Times to A Final, Next 8 Times to B Final)
60m Heats	Men (Top 8 Times to A Final, Next 8 Times to B Final)
60m Hurdle FINAL	Youth Girls / Senior Women
60m Hurdle FINAL	Youth Boys / Junior Men / Senior Men
60m Final (A & B)	Women
60m Final (A & B)	Men
1000m	Women
1000m	Men
300m	Women
300m	Men
3000m	Women
3000m	Men

ALL TIMED SECTIONS WILL BE RUN FROM SLOW TO FAST

EVENTS WILL RUN AHEAD OF SCHEDULE WHENEVER POSSIBLE BY NO MORE THAN 30 MINUTES

Field Events:

1:00pm	Men's Long Jump	Women's High Jump	Men's Shot Put	Women's Pole Vault
3:00pm	Women's Long Jump	Men's High Jump	Women's Shot Put	Men's Pole Vault

**Weight Throw – Men followed by women beginning
30 minutes after the last event in the field house.**

Specifications for Shot Put:	Women:	4kg
	Men:	7.26kg
Specifications for Weight:	Women:	20lbs
	Men:	35lbs

Implement Weight-in will be conducted at the throwing circle – 1 hour prior to the event.