



Last Chance Throws Meet

Truro Lions and Athletics NS will be hosting a Last Chance throws meet at the Cougar Dome on December 17th.

When: Sunday, December 17th

Time: 1:00PM

Events: Shot Put, Weight Throw

Schedule : Shot Put Male 1:00

Shot Put Female 2:15

Weight Throw Female/Male 3:30

Cost: \$25/athlete

More information: Please contact Jonathan Doucette coach@athleticsnovascotia.ca