



TRACK AND FIELD / ROAD RUNNING / CROSS COUNTRY

145 Pacific Ave, Winnipeg, MB R3B 2Z6 - 204-925-5744 - Fax 204-925-5792

Athletics Manitoba Indoor Last Chance Meet

December 8th and 9th, 2017

James Daly Fieldhouse, Max Bell Centre, U of Manitoba

TENTATIVE Schedule

Track Events will be run from Fastest to Slowest heats

*****Schedule MAY CHANGE based on final entry numbers******

Friday Dec 8th - TRACK

6:00 PM	60m	Hept Men & Pee Wee & up Men to follow
6:30 PM	60m	Pee Wee & up Women
7:00 PM	1200m	Bantam & Midget Men
7:05 PM	1200m	Bantam & Midget Women
7:15 PM	400m	Youth & up Men
7:30 PM	400m	Youth & up Women
7:45 PM	300m	Bantam & Midget Men
7:55 PM	300m	Bantam & Midget Women
8:10 PM	1500m	Youth & up Men
8:20 PM	1500m	Youth & up Women

Friday Dec 8th - FIELD

6:00 PM	Pole Vault	Midget & up Women
6:00 PM	Long Jump	Pee Wee/Bantam Men (outside pit)
6:15 PM	Long Jump	Heptathlon Men (inside pit)
6:30 PM	Shot Put	Pee Wee & Bantam Men & Women
7:00 PM	Triple Jump	Midget & up Men (inside pit)
7:00 PM	Long Jump	Pee Wee/Bantam Women (outside pit)
7:00 PM	Shot Put	Heptathlon Men & Midget & up Men
8:00 PM	Shot Put	Midget & Up Women
8:15 PM	Triple Jump	Midget & up Women (inside pit)
8:15 PM	High Jump	Heptathlon Men



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Saturday Dec 9th - TRACK

10:00 AM	60m Hurdles	Men & Heptathlon Men
10:10 AM	60m Hurdles	Women & Pentathlon Women
10:30 AM	2000m	Midget Men
10:40 AM	2000m	Midget Women
10:50 AM	3000m	Youth & Up Men
11:00 AM	3000m	Youth & Up Women
11:15 AM	150m	Pee Wee/Bantam Men
11:25 AM	150m	Pee Wee/Bantam Women
11:40 AM	200m	Midget & up Men
11:55 AM	200m	Midget & up Women
12:15 PM	600m	Pee Wee & up Men
12:40 PM	600m	Pee Wee & up Women
1:00 PM	1000m	Heptathlon Men
1:30 PM	800m	Pentathlon Women

Saturday Dec 9th - FIELD

10:00 AM	Stdg Long Jump	Pee Wee/Bantam Men & Women (outside pit)
10:00 AM	Long Jump	Midget Women (inside pit)
10:45 AM	High Jump	Pentathlon Women & Women
10:45 AM	Pole Vault	Heptathlon Men & Men
11:15 AM	Long Jump	Men (inside pit)
11:45 AM	Shot Put	Pentathlon Women
12:15 PM	High Jump	Men
12:30 PM	Long Jump	Pentathlon Women & Youth & up Women
12:45 PM	Weight Throw	Youth & up Women & Men