



2018 Indoor Competitions by University of Alberta

University of Alberta – Universiade Pavilion 87 Ave & 114 st. Edmonton, AB

Full Mondo Surface 7 Lane, 200m oval, 60m 9 lane straight with 40m shut down + concrete & movable wooden circle

Expected Timelines : Week of competition

Tuesday @ noon	- Entry & scratch deadline via trackie only
Wednesday @ noon	- Final Schedule
Thursday @ noon	- Heat Sheets posted (Sunday sections seeded and posted Saturday)
Friday @ 2:30PM	- Access to track open
Friday @ 4:00PM	- Competition begins

No athletes on track level before 2:30PM on Friday

Sanctioned by Athletics Alberta

Timing & results contracted through EllisTiming www.ellistiming.ca

Primary Purpose & Intent of Competition:

The primary objective of the Golden Bear Open (GBO) & Pandas Open (PO) is to provide a high-quality competition for USports athletes. All decisions about scheduling and seeding are made with that interest in mind.

Both the GBO & PO are open to the public to enter, and provide enhanced competitive opportunities for interested athletes. If entry lists become too large to maintain a desirable schedule for top USports athletes, then slower seeded club athletes will be moved to remaining sections not during peak USports time.

All varsity events are governed by Canada West Playing Regulations

All Bantam/Midget/Youth/Junior events are governed by IAAF rules

Dates & Registration Links:

Golden Bear Open:
www.Trackiereg.com/GBO_2018

January 20-22, 2018

46th Annual



Pandas Open :
www.Trackiereg.com/PBO_2018

February 9-11, 2018

3rd Annual



Schedule notes:

Tentative schedules are posted at the above link as well as at www.ualberta.ca/athletics/teams/track-and-field/home-meets

Schedule differences between GBO & PO:

- At the GBO, whenever possible men compete before women. At Pandas Open women compete before men.
- GBO has Open/Varsity 1000m on Saturday, while Pandas Open has 1000m on Friday
- 300m is timed final at GBO, while Pandas Open is Heats/Finals in the Open/Varsity category

Event & Time Emphasis

Friday Night + Saturday Afternoon = Top USports & Top Senior Events only

Saturday AM, PM + Sunday Sections = Remaining senior events and all other events offered

Preferred Lanes & order of events:

Timed finals run FAST to SLOW

Oval preferred = 6 /7/5/4/3/2/1

Entry Fees:

- 1st event - \$25; 2nd event - \$15; 3rd event - \$10 Relays - \$20
- Scratches / edit of entries made online www.trackie.com/online-registration
 - Late entries will not be accepted

ALL REGISTRATIONS AND PAYMENTS MADE ONLINE VIA TRACKIE

300m / 4x200 Lane Draws:

Timed Final Structure / Golden Bear Open

Top (fastest athletes) seeded in Lanes 6, 7 & 5 respectively according to seedtime. Remaining (slower athletes) seeded in lanes 4, 3. Example: Seed #4 would be Heat 2, Lane 6

Heats/Finals Structure / Pandas Open

Heats are arranged according to seedtime in Lane 6, 7, 5, 4, 3 (ie not random draw)

Finals are a two section final of 4 athletes seeded in lanes 6, 7, 5, 4 according to heats performance

Call Room / Check In / Numbers

- USports Track Events:
 - o By 1 prior to event: Athletes are required to check in & confirm their intention to compete 1 hour prior to the event;
 - o By 15min prior to event: Athletes are required to come back by 15 min prior to event to pick up their hip number;
- USports Field Events:
 - o Check in on site

Numbers worn on back for races that finish in set lanes. Numbers worn on front for races that do not finish in set lanes. Hip numbers on right hip

Age Class Offered:

	Bantam	Midget	Youth	Junior	Senior	Masters
GBO : Jan 19-21	Hurdles only	Yes	Yes	Yes	Yes	Yes
PO : Feb 9- 11	Hurdles only	Yes	Yes	Yes	Yes	Yes

Results

www.ellistiming.ca

Event Offerings

2018 Indoor	Masters	Open/Varsity	Junior (U20)	Youth (U18)	Midget	Bantam
Sprints / Hurdles						
60m Hurdles		✓	✓	✓	✓	✓
60m	✓	✓	✓	✓	✓	
200m	✓	✓	✓	✓	✓	
200m Wheel Chair		✓				
300m		✓	✓	✓	✓	
Relays						
4x200m	✓	✓	✓	✓	✓	
4x400m		✓				
4x800m		✓				
Mid D / Long D						
600m	✓	✓	✓	✓	✓	
1000m		✓	✓	✓	✓	
1200m					✓	
1500m		✓	✓	✓		
2000m					✓	
3000m	✓	✓	✓	✓		
Jumps						
Long Jump	✓	✓	✓	✓	✓	
Triple Jump	✓	✓	✓	✓	✓	
Pole Vault	✓	✓	✓	✓	✓	
High Jump		✓	✓	✓	✓	
Throws / Multi Events						
Weight Throw	✓	✓	✓	✓	✓	
Shot Put	✓	✓	✓	✓	✓	
Pent - W / Hep - M		✓				

Accommodations

Coast Edmonton Plaza Hotel: 10155 105 St NW Edmonton, AB T5J 1E2 coasthotels.com (780) 423-4811

Contact Info / Role

Meet Director

Wes Moerman (head coach)
wes.moerman@ualberta.ca
 780.492.5097

Competition Director
 (schedule, entries, seeding)
 Rob Fisher (asst coach)
huma004@shaw.ca
 780.975.2847

Timing/Results
 (results & live results)
 Vernon Schmid
vernon@ellistiming.ca

TENTATIVE SCHEDULE

TENTATIVE FRIDAY JANUARY 19, 2018 VARSITY WINDOW					TENTATIVE FRIDAY JANUARY 19, 2018 University of Alberta VARSITY WINDOW						
Time	Event	Age Category	Gender	Heat/Final	Horizontal Jumps - Centre Pit	Horizontal Jumps - Wall Pit	Pole Vault	High Jump Centre Pit	High Jump West Pit	Throws Cage	Throws Wooden
4:00PM	60mH	Open/Varsity	Women - Pent		Open Men - LJ		Open Women Flight 1			Open Men Shot Put	
4:05PM	60mH	Open/Varsity	Women	Heats							
4:12PM	60m	Open/Varsity	Men - Hep								
4:15PM	60m	Open/Varsity	Men	Heats							
4:30PM								Pent Women			
4:40PM	60m	Open/Varsity	Women	Heats		Hep Men					
5:00PM	3000m	Open/Varsity	Men	Timed Final							Hep Men
5:30PM	3000m	Open/Varsity	Women	Timed Final							Pent Womer
6:00PM	60mH	Open/Varsity	Women	Final	Open Women - LJ		Open Women Flight 2			Open Women Shot Put	
6:10PM	4x800m	Open/Varsity	Men	Timed Final							
6:25PM	4x800m	Open/Varsity	Women	Timed Final				Hep Men			
6:45PM	4x200m	Open/Varsity	Men	Timed Final							
6:50PM	4x200m	Open/Varsity	Women	Timed Final							
TENTATIVE MIDGET/U18/U20/Masters WINDOW					TENTATIVE MIDGET/U18/U20/Masters WINDOW						
7:45PM	2000m	Midget	Men	Timed Final		Pent Women					
7:55PM	2000m	Midget	Women	Timed Final							
8:05PM	800m	Open/Varsity	Women - Pent								
8:10PM	3000m	U18/U20/Master	Men	Timed Final							
8:30PM	3000m	U18/U20/Master	Women	Timed Final							

TENTATIVE SCHEDULE

TENTATIVE Saturday JANUARY 20, 2018 MIDGET/U18/Masters WINDOW					TENTATIVE Saturday JANUARY 20, 2018 MIDGET/U18/Masters WINDOW						
Time	Event	Age Category	Gender	Heat/Final	Horizontal Jumps - Centre Pit	Horizontal Jumps - Wall Pit	Pole Vault	High Jump Centre Pit	High Jump West Pit	Throws Cage	Throws Wooden
10:00AM	60mH	Bantam/Midget	Men	Heats	U18/U20/Masters Men - LJ	U18/U20/Masters Women - LJ		Midget Men	Midget Women	Open Men WT	
10:00AM	60mH	Bantam/Midget	Women	Heats							
	60mH	U18/U20	Men	Heats							
	60mH	U18/U20	Women	Heats							
10:30AM	60m	Midget/U18/U20	Men	Heats							
	60m	Midget/U18/U20	Women	Heats							
TENTATIVE Saturday JANUARY 20, 2018 MIDGET/U18/Masters WINDOW					TENTATIVE Saturday JANUARY 20, 2018 MIDGET/U18/Masters WINDOW						
Time	Event	Age Category	Gender	Heat/Final	Horizontal Jumps - Centre Pit	Horizontal Jumps - Wall Pit	Pole Vault	High Jump Centre Pit	High Jump West Pit	Throws Cage	Throws Wooden
11:30AM	60mH	Open/Varsity	Men - Hep							Open Women WT	
12:00PM					Open Men - TJ						
12:35PM	60mH	Open/Varsity	Men	Heats				Open Men			
12:45PM	300m	Open/Varsity	Men				Hep Men				
1:05PM	300m	Open/Varsity	Women								
1:30PM	60m	Open/Varsity	Men	Semi							
1:45PM	60m	Open/Varsity	Women	Semi							
2:00PM	600m	Open/Varsity	Men	Timed Final	Open Women - TJ						
2:15PM	600m	Open/Varsity	Women	Timed Final							
2:30PM	60mH	Open/Varsity	Men	Final			Open Men	Open Women			
2:40PM	60m	Open/Varsity	Men	Final							
2:45PM	60m	Open/Varsity	Women	Final							

3:00PM	1000m	Open/Varsity	Men TM	Timed Final							
3:15PM	1000m	Open/Varsity	Women	Timed Final							
3:30PM	1500m	Open/Varsity	Men	Timed Final							
3:45PM	1500m	Open/Varsity	Women	Timed Final							
4:00PM	4x400m	Open/Varsity	Men	Timed Final							
4:10PM	4x400m	Open/Varsity	Women	Timed Final							

Saturday JANUARY 20, 2018 MIDGET/U18/Masters WINDOW					Saturday JANUARY 20, 2018 MIDGET/U18/Masters WINDOW							
Time	Event	Age Category	Gender	Heat/Final	Horizontal Jumps - Centre Pit	Horizontal Jumps - Wall Pit	Pole Vault	High Jump Centre Pit	High Jump West Pit	Throws Cage	Throws Wooden	
6:15PM	60mH	Bantam/Midget	Men	Final	Midget Women - LJ	Midget Men - LJ	Mid/U18/U20/ Masters Pole Vault - Men	U18/U20 Men HJ	U18/U20 Women HJ	Mid/U18/ /U20/ Master Men - SP	Mid/U18/ U20/Maste rs Women - SP	
	60mH	Bantam/Midget	Women	Final								
	60mH	U18/U20	Men	Final								
	60mH	U18/U20	Women	Final								
6:45PM	60m	Midget/U18/U20	Men	Final								
	60m	Midget/U18/U20	Women	Final								
	60m	Masters	Men	Timed Final								
	60m	Masters	Women	Timed Final								
7:15PM	1000m	Midget/U18/U20	Men	Timed Final								
	1000m	Midget/U18/U20	Women	Timed Final								
7:45PM	300m	Midget/U18/U20	Men	Timed Final								
8:15PM	300m	Midget/U18/U20	Women	Timed Final								

TENTATIVE SCHEDULE

Sunday JANUARY 21, 2018 MIDGET/U18/U20/Masters WINDOW					Sunday JANUARY 21, 2018 MIDGET/U18/U20/Masters WINDOW						
Time	Event	Age Category	Gender	Heat/Final	Horizontal Jumps - Centre Pit	Horizontal Jumps - Wall Pit	Pole Vault	High Jump Centre Pit	High Jump West Pit	Throws Cage	Throws Wooden Circle
10:00AM							Mid/U18/U20/ Masters Women				
11:00AM	1500m	U18/U20	Men	Timed Final	Midget/U18/U20 Masters Men - TJ						
11:20AM	1500m	U18/U20	Women	Timed Final							
11:40AM	1200m	Midget	Men	Timed Final						Midget/U18/U20/Masters Women - WT	
11:50AM	1200m	Midget	Women	Timed Final							
12:00PM	200m	Open - Wheelchair		Timed Final							
12:15PM	200m	Midget/U18/U20/Senior/ Masters	Women	Timed Final							
1:00PM	200m	Midget/U18/U20/Senior/ Masters	Men	Timed Final	Midget/U18/U20 Masters Women - TJ						
1:30PM	600m	Midget/U18/U20/Masters	Women	Timed Final							
2:00PM	600m	Midget/U18/U20/Masters	Men	Timed Final						Midget/U18/U20/Masters Men - WT	
2:30PM	4x200m	Midget/U18/U20/Masters	Women	Timed Final							
2:45PM	4x200m	Midget/U18/U20/Masters	Men	Timed Final							

2018 PANDAS OPEN - FEB 9-11, 2018 TENTATIVE

TENTATIVE FRIDAY FEBRUARY 9, 2018 University of Alberta VARSITY WINDOW					TENTATIVE FRIDAY FEBRUARY 9, 2018 University of Alberta VARSITY WINDOW							
Time	Event	Age Category	Gender	Heat/Final	Horizontal Jumps - Centre Pit	Horizontal Jumps - Wall Pit	Pole Vault	High Jump Centre Pit	High Jump West Pit	Throws Cage	Throws Wooden Circle	
4:00PM	60mH	Open/Varsity	Women - Pent		Open Women - LJ		Open Women Flight 1			Open Women SP		
4:05PM	60mH	Open/Varsity	Women	Heats								
4:12PM	60m	Open/Varsity	Men - Hep									
4:15PM	60m	Open/Varsity	Women	Heats								
4:30PM								Pent Women				
4:40PM	60m	Open/Varsity	Men	Heats		Hep Men						
5:00PM	3000m	Open/Varsity	Women	Timed Final							Hep Men	
5:30PM	3000m	Open/Varsity	Men	Timed Final							Pent Women	
6:00PM	60mH	Open/Varsity	Women	Final	Open Men - LJ		Open Women Flight 2			Open Men Shot Put		
6:10PM	1000m	Open/Varsity	Women	Timed Final								
6:25PM	1000m	Open/Varsity	Men	Timed Final				Hep Men				
6:45PM	4x200m	Open/Varsity	Women	Timed Final								
6:50PM	4x200m	Open/Varsity	Men	Timed Final								
7:00PM	4x800m	Open/Varsity	Women	Timed Final								
7:10PM	4x800m	Open/Varsity	Men	Timed Final								
MIDGET/U18/U20/Masters WINDOW					MIDGET/U18/U20/Masters WINDOW							
7:45PM	2000m	Midget	Women	Timed Final		Pent Women						
7:55PM	2000m	Midget	Men	Timed Final								
8:05PM	800m	Open/Varsity	Women - Pent									
8:10PM	3000m	U18/U20/Master	Women	Timed Final								
8:30PM	3000m	U18/U20/Master	Men	Timed Final								

2018 PANDAS OPEN - FEB 9-11, 2018 TENTATIVE

TENTATIVE Saturday February 10, 2018 MIDGET/U18/Masters WINDOW					TENTATIVE Saturday February 10, 2018 MIDGET/U18/Masters WINDOW						
Time	Event	Age Category	Gender	Heat/Final	Horizontal Jumps - Centre Pit	Horizontal Jumps - Wall Pit	Pole Vault	High Jump Centre Pit	High Jump West Pit	Throws Cage	Throws Wooden Circle
10:00AM	60mH	Bantam/Midget	Women	Prelims	U18/U20/Masters Men - LJ	U18/U20/ Masters Women - LJ		Midget Women	Midget Men	Open Men Weight Throw	
10:00AM	60mH	Bantam/Midget	Men	Prelims							
	60mH	U18/U20	Women	Prelims							
	60mH	U18/U20	Men	Prelims							
10:30AM	60m	Midget/U18/U20	Women	Heats							
	60m	Midget/U18/U20	Men	Heats							

TENTATIVE Saturday February 10, 2018 VARSITY WINDOW					TENTATIVE Saturday February 10, 2018 VARSITY WINDOW						
Time	Event	Age Category	Gender	Heat/Final	Horizontal Jumps - Centre Pit	Horizontal Jumps - Wall Pit	Pole Vault	High Jump Centre Pit	High Jump West Pit	Throws Cage	Throws Wooden Circle
11:30AM	60mH	Open/Varsity	Men - Hep							Open Women WT	
11:35PM	60mH	Open/Varsity	Men	Heats							
11:45AM	300m	Open/Varsity	Women	Heats	Open Women - TJ			Open Women			
12:00PM	300m	Open/Varsity	Men	Heats							
12:30PM	60m	Open/Varsity	Women	Semi			Hep Men				
1:15PM	60m	Open/Varsity	Men	Semi							
1:30PM	600m	Open/Varsity	Women	Timed Final				Open Men			
1:45PM	600m	Open/Varsity	Men	Timed Final	Open Men - TJ						
2:00PM	60mH	Open/Varsity	Men	Final							
2:10PM	60m	Open/Varsity	Women	Final			Open Men				
2:15PM	60m	Open/Varsity	Men	Final							

2:30PM	300m	Open/Varsity	Women	Final								
2:40PM	300m	Open/Varsity	Men	Final								
3:00PM	1500m	Open/Varsity	Women	Timed Final								
3:15PM	1500m	Open/Varsity	Men	Timed Final								
3:30PM	4x400m	Open/Varsity	Women	Timed Final								
3:40PM	4x400m	Open/Varsity	Men	Timed Final								

TENTATIVE Saturday February 10, 2018 MIDGET/U18/U20/Masters WINDOW					TENTATIVE Saturday February 10, 2018 MIDGET/U18/U20/Masters WINDOW							
Time	Event	Age Category	Gender	Heat/Final	Horizontal Jumps - Centre Pit	Horizontal Jumps - Wall Pit	Pole Vault	High Jump Centre Pit	High Jump West Pit	Throws Cage	Throws Wooden Circle	
6:00PM	60mH	Bantam/Midget	Women	Final	Midget Women - LJ	Midget Men - LJ	Mid/U18/U20 /Masters Pole Vault - Women	U18/U20 Women HJ	U18/U20 Men HJ	Mid/U18/ U20/Masters Women - SP	Mid/U18 /U20/ Master Men - SP	
	60mH	Bantam/Midget	Men	Final								
	60mH	U18/U20	Women	Final								
	60mH	U18/U20	Men	Final								
6:30PM	60m	Midget/U18/U20	Women	Final								
	60m	Midget/U18/U20	Men	Final								
	60m	Masters	Women	Timed Final								
	60m	Masters	Men	Timed Final								
7:00PM	1000m	Midget/U18/U20	Women	Timed Final								
	1000m	Midget/U18/U20	Men	Timed Final								
7:30PM	300m	Midget/U18/U20	Women	Timed Final								
8:00PM	300m	Midget/U18/U20	Men	Timed Final								

2018 PANDAS OPEN - FEB 9-11, 2018 TENTATIVE

TENTATIVE Sunday February 11, 2018 MIDGET/U18/U20/Masters WINDOW					TENTATIVE Sunday February 11, 2018 MIDGET/U18/U20/Masters WINDOW							
Time	Event	Age Category	Gender	Heat/Final	Horizontal Jumps - Centre Pit	Horizontal Jumps - Wall Pit	Pole Vault	High Jump Centre Pit	High Jump West Pit	Throws Cage	Throws Wooden Circle	
10:00AM							Mid/U18/U20 /Masters Pole Vault - Men					
11:00AM	1500m	U18/U20	Women	Timed Final	Midget/U18/U20 Masters Women - TJ							
11:20AM	1500m	U18/U20	Men	Timed Final								
11:40AM	1200m	Midget	Women	Timed Final						Midget/U18/ U20/Masters Women - WT		
11:50AM	1200m	Midget	Men	Timed Final								
12:00PM	200m	Open - Wheelchair		Timed Final								
12:15PM	200m	Midget/U18/U20/Senior/ Masters	Women	Timed Final								
1:00PM	200m	Midget/U18/U20/Senior/ Masters	Men	Timed Final	Midget/U18/U20 Masters Men - TJ							
1:30PM	600m	Midget/U18/U20/Masters	Women	Timed Final								
2:00PM	600m	Midget/U18/U20/Masters	Men	Timed Final						Midget/U18/ U20/Masters Men - WT		
2:30PM	4x200m	Midget/U18/U20/Masters	Women	Timed Final								
2:45PM	4x200m	Midget/U18/U20/Masters	Men	Timed Final								