



GO Athletics is pleased to host the
2017 Alberta Cross-Country Running Championships
Saturday, November 4, 2017
 Sanctioned by Athletics Alberta

LOCATION:

Peace Hills Park, Wetaskiwin, Alberta: Township Road 464 west of Highway 2A -- go past the golf course, over the hill, and turn north at the bottom of the hill. See <https://goo.gl/maps/wEehagEvDbD2> .

COURSE:

Peace Hills Park has a wide start area, varied terrain, trails, open areas, no pavement, challenging hills, room to pass in numerous places, and a clear run to finish.

ON-SITE:

- Concession -- Tickets can be purchased in advance on the TrackieReg page. (Unused tickets will be refunded.)
- First Aid
- Registration Tent
- Portable toilets
- Parking: Please respect "No Parking" signs on Range Road 243.
- No change facilities nor shelter

Events (Revised October 26):

Age Category	Year of Birth	Women	Men	Start Time
Senior Women	1982-1997	8000m		11:30 a.m.
Under-20 Women	1998-1999	6000m		11:30 a.m.
Masters Women	Born November 4, 1982 or earlier	8000m		11:30 a.m.
Senior Men	1982-1997		8000m	12:10 p.m.
Under-20 Men	1998-1999		8000m	12:10 p.m.
Masters Men	Born November 4, 1982 or earlier		8000m	12:10 p.m.
Tyke Girls	2008 or later	1000m		1:15 p.m.
Tyke Boys	2008 or later		1000m	1:25 p.m.
Pee Wee Girls	2006-2007	1200m		1:40 p.m.
Pee Wee Boys	2006-2007		1200m	1:55 p.m.
Bantam Girls	2004-2005	2000m		2:10 p.m.
Bantam Boys	2004-2005		2000m	2:25 p.m.
Midget Women	2002-2003	3000m		2:40 p.m.
Midget Men	2002-2003		4000m	3:00 p.m.
Under-18 Women	2000-2001	4000m		3:25 p.m.
Under-18 Men	2000-2001		6000m	3:45 p.m.

To maintain the above schedule, a race may start before all runners have finished the previous race. **Walk-through** for Under-20, Senior, and Masters age groups will be offered at 10:45 a.m.; at 12:45 p.m. for all other age groups. (Please see course map later in this technical package.)

Athletics Alberta Membership: All competitors must be members of Athletics Alberta (or attend an Athletics Alberta member school) or their respective Provincial Athletics Association. No exceptions -- please see <https://www.athleticsalberta.com/aa-membership/> . (Note: "Day of Meet" memberships are **no longer available**. Membership must be registered before the meet entry deadline of October 30, 2017. (Proof of out-of-province Association registration will be required.))

Only Athletics Alberta full members can receive Alberta Championship medals.

ENTRIES: **Due: 6:00 p.m. on Monday, October 30, 2017**
Please submit all entries using TrackieReg (<https://www.trackie.com/online-registration/>) . For seed time, please indicate the estimated time for the athlete (which will allow the organizers to determine if schedule adjustments will be required).

ENTRY FEES: \$25.00 per participant (includes \$3.00 Alberta Championship fee).
Cheques payable to "GO Athletics ".

CONTACTS: Meet Director: Pete Wright (peterwright5@hotmail.com)
Meet Co-Director Rebekah Rekken (bekahoogendoorn@gmail.com)
Entries/Results: vernon@ellistiming.ca

AWARDS

- Provincial Championship Medals to top 3 Individuals and teams (scoring members).
- Non-Championship medals will be awarded to non- Alberta athletes who place in the top 3.
- Ribbons will be awarded to places first to tenth Individuals.

Athletics Alberta Team Championships:

- Teams are 6 runners with 4 to score. If a club does not designate their team members prior to the start of the race, the first 6 athletes finishing will be considered the team.
- Scoring: First place scores 1, second place 2, third 3, etc. Lowest total wins.
- Teams having non-Alberta registered athletes are not eligible for Athletics Alberta Team Championship.

In accordance with Athletics Alberta policy, for runners to be considered for the end-of-year recognition as cross-country runner of the year in the Pee Wee through Under-18 divisions, they must compete in their appropriate age group in this championship.

RESULTS

Unofficial results will be posted on-site shortly after each race. Official results will be posted the night of November 4 by Ellis Timing Canada (<http://www.ellistiming.ca/CrossCountryCalendar2017.html>).

PROVINCIAL CLUB CROSS-COUNTRY CHAMPIONSHIPS

A point system will be used to determine the winner of the 2017 Alberta Provincial Club Cross Country Championships. System to be determined.



Course Map

Senior Women 8000m
U-20 Women 6000m
Masters Women 8000m
Senior Men 8000m
U-20 Men 8000m
Masters Men 8000m

Tyke Girls 1000m
Tyke Boys 1000m
Peewee Girls 1200m
Peewee Boys 1200m
Bantam Girls 2000m
Bantam Boys 2000m
Midget Women 3000m
Midget Men 4000m
U-18 Women 4000m
U-18 Men 6000m