



Team Nova Scotia - Atlantic XC Championships

November 4th, 2017

Moncton, NB - Centennial Park

Athletes wishing to attend the Atlantic Championships and compete as Team Nova Scotia are invited to sign up on trackiereg under the "Atlantic XC – Team Nova Scotia" event.

Athletes will receive free registration and lunch from Subway.

Athletes will be responsible for their own transportation to and from the event.

SCHEDULE

Walkthroughs at 10:00am – Races begin at 10:30am

10:30 – 500m Ages 5 & U (Born after 2012)

10:45 - 800m Ages 6 & 7 (Born in 2010 or 2011)

10:55 - 1000m Age 8-9 (Born in 2008 or 2009)

11:10 – 1500m Ages 10-11 (Born in 2006 or 2007)

11:30 - 2000m Ages 12-13 (Born 2004 or 2005)

11:45 – 3500m Ages 14-15 (Born 2002 or 2003)

12:10 – 6000m Ages 16+ ** (Born 2001 or earlier) **