



2017 OUA CROSS COUNTRY CHAMPIONSHIPS

HOST: WINDSOR LANCERS

OCTOBER 28, 2017
UNIVERSITY OF WINDSOR
Malden Park
Windsor, Ontario

HIGH PERFORMANCE & COMPETITIVE INFORMATION BULLETIN #1

OUA AND HOST CONTACTS:

Position	Name	Phone Number	Email
OUA Sport Programming Coordinator	Taylor Curran	905-635-5510 x205	Taylor.curran@oua.ca
OUA Marketing & Communications	Jenelle Herbert	905-635-5510 x206	Jenelle.herbert@oua.ca
Host Convener	Eric Vandembroucke	519-253-3000 x2435	evander@uwindsor.ca
Host Sports Information Coordinator	Elisa Mitton	519-253-3000 x2447	emitton@uwindsor.ca
Host Events Manager	Elisa Mitton	519-253-3000 x2447	emitton@uwindsor.ca
Host Athletic Therapist	Dave Stoute	519-253-3000 x2426	sphpy@uwindsor.ca
Meet Director	Colin Inglis	519-253-3000 x2440	Colin.inglis@uwindsor.ca

1. EVENT DATES

Saturday, October 28, 2017
 Malden Park
 Windsor, ON

2. CHAMPIONSHIP FACILITY INFORMATION

Address: Malden Park (use entrance on Matchette Road)
 4200 Malden Road
 Windsor, Ontario
 N9E 3P2

Parking: across the street at Mic Mac Park, off of Matchette Road.

3. ENTRY FEES AND DEADLINES

Entry Fees: \$250 per team. Men's and Women's fees separate. Team fee is the same even if you don't have a full squad competing. Entry fees will be invoiced to each institution by the University of Windsor.

Deadline to submit eligibility certificate: Institutions must e-mail the Host Convener, Eric Vandembroucke the location of the school's eligibility certificate by **Monday, October 2, 2017.**

4. TEAM REGISTRATION AND ELIGIBILITY

All teams must complete the official entry form found at the link below in section #17 and submit them by the deadline indicated on the form.

NOTE: All athletes must be posted on their respective institutional websites as required by OUA regulations.

A email copy of the Institutional Eligibility Certificate (Men & Women) are requested, alternatively, you may simply provide the website link to the most recent eligibility certificate. Please forward to Eric Vandenbroucke at: evander@uwindsor.ca.

5. SCHEDULE OF EVENTS

Friday October 27, 2017

Practice/Course Access

3:00pm – 5:00pm
Malden Park

Technical Meeting

7:00pm-8:00pm
Holiday Inn and Suites Ambassador Bridge – Woodslee Room

Coaches Meeting

8:00pm-9:00pm
Holiday Inn and Suites Ambassador Bridge – Woodslee Room

Coaches Hospitality

9:00pm – 11:30pm
Holiday Inn and Suites Ambassador Bridge (Room TBD)

Saturday October 28, 2017

11:00am	Women's 8km race
12:00pm	Men's 10km race
12:45pm	Lunch for participating athletes & coaches
1:15pm	OUA Awards and Banner presentations

6. COMPETITION SCHEDULE

Saturday October 28, 2017

11:00am – Women's 8km race
12:00pm – Men's 10km race

7. SPORT SPECIFIC RULES AND OFFICIALS

n/a

8. THERAPY / MEDICAL SERVICES

There will be a full-time athletic therapist on site for the duration of the championship, in addition to two student therapists.

9. ACCREDITATION & TICKETING

n/a

10. ONLINE RETAIL STORE – Big Kahuna

Please visit the link below to purchase additional OUA Cross Country Championship items.

<http://ouaxcountry.itemorder.com/sale>

11.SPORTS INFORMATION/RESULTS

Live results from the 2017 OUA Cross Country Championships can be found at: www.windsotiming.com or by visiting www.golancers.ca and clicking on OUA XC Championship results.

Results will be sent to the team's respective Sports Information Officers, as well as the league office, following the race.

Photos will be uploaded to the OUA Dropbox as soon as they become available.

12. AWARDS PRESENTATION

Medal Ceremony:

Individual medal and recognition of OUA all-star achievement for both races will be presented following the conclusion of both races at 1:15pm, prior to the team championship banners.

NOTE: In order to facilitate branding our sport and presenting the most positive image possible, OUA Central asks that athletes report for medal presentations in complete team warm-up suits.

Championship Awards:

Team Trophies, banners and championship medals will be presented following the final event on Saturday October 28, 2017 at 1:15pm at Malden Park.

13. ACCOMMODATIONS

Host Hotel: Holiday Inn & Suites Ambassador Bridge
Address: 1855 Huron Church Road, Windsor, ON N9C 2L6
Phone: 519-966-3274 (direct)
Email: kim.mcdonald@whg.com
Contact person: Kim McDonald
Block booked: OUA Cross Country Championships (Booking code: OCO)

Room rates: \$129/night
\$135/night with special OUA XC breakfast offer**

***For this event, a breakfast buffet will be available from 7:00 am - 10:00 am on Saturday October 28th in the Grill 55 Dining room. With Breakfast option \$135 + HST per room includes 2 hot breakfast buffet vouchers. Additional meals can be purchased by team at \$10/person.*

Parking: Complimentary, available on site at the hotel – plenty of room for buses

Distance from competition site: 2-3 minutes. (2 kms)

Hotel Amenities & Services

- pre-registration and check in
- early check in and late check out upon request and availability
- free wireless internet
- free local and long distance calls within Canada
- free onsite parking including buses
- laundry facilities on site
- free team strategy rooms available upon request and availability
- tailored pre/post game team meals suited to tastes and budget at our Grill 55
- restaurant and lounge on site (all meals prepared fresh to order)
- one point of contact

14. EQUIPMENT

n/a

15. OUA SPONSORS:

OUA has the following official league sponsors:

- Investors Group
- Pioneer
- Porter
- Wilson

16. AFTER THE RACE:

Post-Race Meal:

Following the completion of the men's and women's championship races on Saturday, the host committee will be providing an opportunity for teams to take advantage of a post-race pasta meal on site at Malden Park.

The cost of the pasta meal is \$5/person and is open to any participating athlete or member of your coaching staff. Please fill out the Meal Form below (section #17) and send back to us if you'd like to take advantage of this. Meal tickets will be handed out at the coaches meeting on Friday night.

Final numbers required by October 13, 2017.

NOTE: The post-race meal is only for participating athletes and coaches – not for spectators, family, friends, etc.

17. FORMS:

Click on the links below to access the required forms:

http://golancers.ca/documents/2017/9/20/2017_OUA_Cross_County_Championship_Entry_Form1.pdf

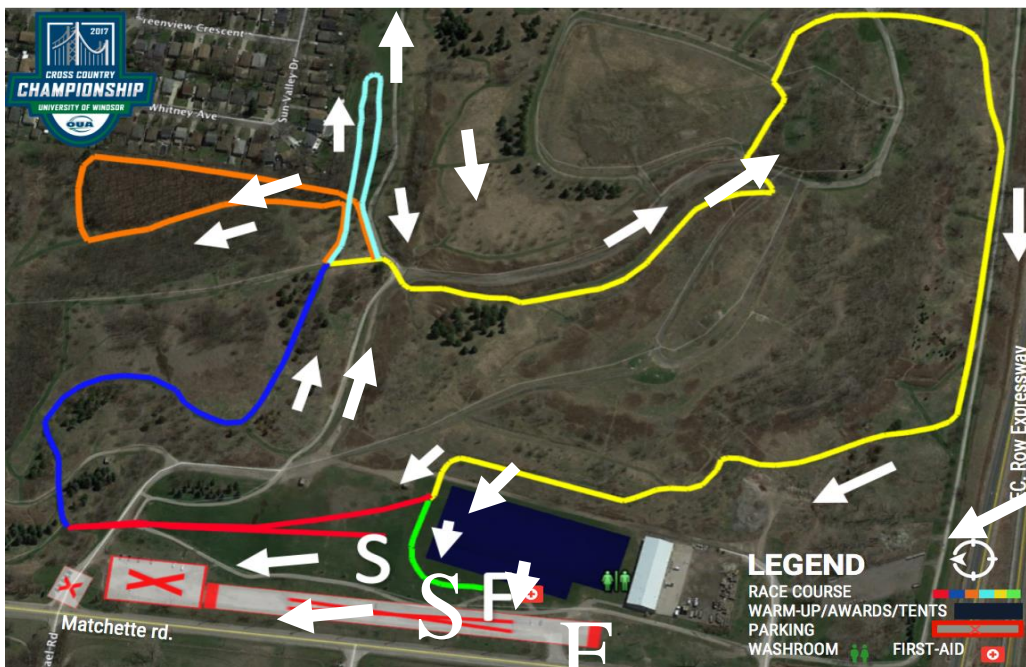
http://golancers.ca/documents/2017/9/20/2017_OUA_Cross_County_Championship_T_Shirt_and_Meal_Form1.pdf

18. COURSE MAPS:

OUA Cross Country Championship Courses (Map 1)

Women 8km: 1x(Red+Blue+Orange+Yellow) + 2x(Red+Blue+Yellow) + Green

Men 10km: 1x(Red+Blue+Turquoise+Yellow) + 3x(Red+Blue+Yellow) + Green



Warm-Up Area (Map 2)



Parking

The main lot alongside Matchette road is labeled on Map 1 in grey and red X. Parking is also available across the street at Mic Mac Park, and on the eastern side of the park off of Malden road.

The grey area labeled on Map 2 indicates meet management, official and emergency parking ONLY.

PLEASE NOTE: There is no parking along the side of Matchette road. Cars parked along the shoulder of Matchette road WILL BE TOWED!

Team Tents

Teams are welcome to set up their tents in the blue warm up area highlighted on the Map 1 and Light Blue in Map 2.

Washrooms/Change Rooms

Washrooms are marked on the course map with a green male/female symbol located in the south portion of the warm up area. Porta johns and facility washrooms/change rooms will be available. Washrooms are also open at Mic Mac Park. Washrooms will be open in the Pavilion on the Malden road side of the park as well.

Hydration Station

Multiple water facets will be provided outdoors to fill water bottles and coolers during the event. Labeled with blue water drop in Map 2.

First Aid

Located in the warm up area and finish line. Labeled with red cross in Map 1 and red tent in Map 2.

Awards + Post-Race Meal

Will take place in the warm up area in the south portion of the warm up area. Labeled in dark blue and brown on Map 2.

Officials Area

Labeled on Map 2 in pink. Athletes, spectators are not permitted in this area.