

2023 WOA Winter Open - 1/20/2023 to 1/21/2023**James Daly Fieldhouse, Max Bell Centre****Results****Women 60 Meter Hurdles 0.762-7.5m U14**

Name	Year Team	Finals
Finals		
1 Emily Gripp	10 WOAC	13.00

Women 60 Meter Hurdles 0.762-8.0m U16

Name	Year Team	Finals
1 Raina Garland	08 WOAC	11.21
2 Esther Akinlade	08 WOAC	11.28

Girls 8-11 60 Meter Dash Open

Name	Year Team	Prelims	H#
Preliminaries			
1 Jaeda Liske	12 WOAC	9.40q	6
2 Mary Oderemi	13 WOAC	11.64q	6

Girls 12-13 60 Meter Dash Open

Name	Year Team	Prelims	H#
1 Faustine Ogwen	10 WOAC	8.98q	3 8.976
2 Paxton Ives	10 WOAC	9.32q	6
3 Emily Gripp	10 WOAC	9.72q	5
4 Catherine Crosbie	11 TTAC	9.79q	5

Women 14-15 60 Meter Dash Open

Name	Year Team	Prelims	H#
1 Lillian Waldner	08 TTAC	8.23q	1
2 Esther Akinlade	08 WOAC	8.50q	2
3 Nyah Moyes	09 TTAC	8.53q	2
4 Raina Garland	08 WOAC	8.70q	6
5 Mojola Bankole	08 WOAC	8.79q	3
6 Fiona Petrie	09 TTAC	8.87q	3 8.870
7 Esther Oderemi	09 WOAC	8.92q	3
8 Emma Unrau	08 TTAC	8.94q	4 8.937
9 Molly Myers	08 TTAC	8.96q	5 8.956
10 Morayo Bankole	08 WOAC	8.96q	4 8.958
11 Elyse Coffin	09 TTAC	9.42	3

Women 14-15 60 Meter Dash Open

Name	Year Team	Finals	H#
Finals			
1 Lillian Waldner	08 TTAC	8.25	1

2023 WOA Winter Open - 1/20/2023 to 1/21/2023**James Daly Fieldhouse, Max Bell Centre****Results****Women 16-17 60 Meter Dash Open**

Name	Year Team	Prelims	H#
Preliminaries			
1 Makayla Halbert	06 WOAC	8.30q	1 8.294
2 Skyler Kuypers	06 WOAC	8.36q	2
3 Sydney Burak	06 WOAC	8.75q	4
4 Annika Umali	07 WOAC	8.94q	4 8.935
5 Tunmise Akinlosotu	07 WOAC	8.98q	6 8.979
6 Paige Cookson	07 WOAC	9.05q	3

Women 16-17 60 Meter Dash Open

Name	Year Team	Finals	H#
Finals			
1 Skyler Kuypers	06 WOAC	8.31	1
2 Makayla Halbert	06 WOAC	8.47	1

Women 18-19 60 Meter Dash Open

Name	Year Team	Prelims	H#
Preliminaries			
1 Annessa Stasiuk	04 MAN	8.30q	2 8.300
2 Emma Romans	05 WOAC	8.68q	2
3 Sofia Cholakis	05 WOAC	8.72q	6
4 Aisha Olawoyin	05 WOAC	8.87q	3 8.863

Women 18-19 60 Meter Dash Open

Name	Year Team	Finals	H#
Finals			
1 Annessa Stasiuk	04 MAN	8.36	1

Women 20-34 60 Meter Dash Open

Name	Year Team	Prelims	H#
Preliminaries			
1 Ashley Nfon	03 MAN	8.17q	1
2 Jennifer Simcoe	03 MAN	8.22q	1
3 Karley Jones	00 MAN	8.28q	1
4 Abby Bestland	02 MAN	8.39q	1
5 Hayley Turner	02 MAN	8.48q	2
6 Eva Jensen	99 MAN	9.15q	5
7 Valerie Beynon	91 WOAC	9.19q	4
8 Winny Malok	03 MAN	9.20q	3

Women 20-34 60 Meter Dash Open

Name	Year Team	Finals	H#
Finals			
1 Ashley Nfon	03 MAN	8.11	1

2023 WOA Winter Open - 1/20/2023 to 1/21/2023**James Daly Fieldhouse, Max Bell Centre****Results****....Women 20-34 60 Meter Dash Open**

2	Jennifer Simcoe	03	MAN	8.21	1
3	Karley Jones	00	MAN	8.24	1
4	Abby Bestland	02	MAN	8.34	1

Women 35+ 60 Meter Dash Open

Name	Year	Team	Prelims	H#
Preliminaries				
1	Omena Babalola	68	WOAC	9.98q 5

Girls 12-13 300 Meter Dash Open

Name	Year	Team	Finals	H#
Finals				
1	Shae Friesen	10	WOAC	50.77 3

Women 14-15 300 Meter Dash Open

Name	Year	Team	Finals	H#
1	Lillian Waldner	08	TTAC	43.74 1
2	Claire Hendrickson	09	TTAC	45.12 1
3	Nyah Moyes	09	TTAC	45.42 1
4	Kennedy Adolph	08	WOAC	45.80 2
5	Nina Arkova-Tough	09	TTAC	46.07 1
6	Taylor Donnelly	08	WOAC	49.03 3
7	Piper Pohrebniuk	09	WOAC	52.90 2

Women 18-19 300 Meter Dash Open

Name	Year	Team	Finals	
1	Lily Francis	04	MAN	47.93

Women 20-34 300 Meter Dash Open

Name	Year	Team	Finals	H#
1	Emily Watson	00	MAN	46.53 2
2	Courtney Friesen	98	TTAC	46.65 2

Women 16-17 400 Meter Dash Open

Name	Year	Team	Finals	
1	Payton Cvetkovic	07	TTAC	1:05.02
2	Sophie Vervaet	07	WOAC	1:13.65

Women 20-34 400 Meter Dash Open

Name	Year	Team	Finals	
1	Leia Jaworski	01	MAN	1:05.05

2023 WOA Winter Open - 1/20/2023 to 1/21/2023**James Daly Fieldhouse, Max Bell Centre****Results****....Women 20-34 400 Meter Dash Open**

2 Regan Hofley 00 NSOM , Special Olym 1:11.50

Girls 6-11 150 Meter Run Open

Name	Year Team	Finals	H#
1 Zoe Salvador	13 TTAC	23.71	1
2 Mary Oderemi	13 WOAC	27.19	2

Girls 12-13 150 Meter Run Open

Name	Year Team	Finals	H#
1 Faustine Ogweno	10 WOAC	22.22	2
2 Paxton Ives	10 WOAC	23.08	2
3 Catherine Crosbie	11 TTAC	23.82	1
4 Ashley Schneider	11 WOAC	24.90	2

Women 14-15 200 Meter Run Open

Name	Year Team	Finals	H#
1 Lillian Waldner	08 TTAC	26.56	1
2 Esther Akinlade	08 WOAC	28.05	3
3 Mojola Bankole	08 WOAC	28.19	2
4 Nyah Moyes	09 TTAC	28.51	2
5 Kennedy Adolph	08 WOAC	28.84	4
6 Fiona Petrie	09 TTAC	28.85	4
7 Molly Myers	08 TTAC	29.84	5
8 Morayo Bankole	08 WOAC	30.19	5
9 Emma Unrau	08 TTAC	30.58	5

Women 16-17 200 Meter Run Open

Name	Year Team	Finals	H#
1 Skyler Kuypers	06 WOAC	27.86	2
2 Paige Cookson	07 WOAC	29.70	2
3 Annika Umali	07 WOAC	30.74	4

Women 18-19 200 Meter Run Open

Name	Year Team	Finals	H#
1 Abigail Macinnes	05 TTAC	28.97	3

Women 20-34 200 Meter Run Open

Name	Year Team	Finals	H#
1 Tayo Babalola	97 WOAC	26.98	1
2 Ashley Nfon	03 MAN	27.03	1
3 Karley Jones	00 MAN	27.85	1
4 Abby Bestland	02 MAN	27.87	1
5 Jennifer Simcoe	03 MAN	28.06	2

2023 WOA Winter Open - 1/20/2023 to 1/21/2023**James Daly Fieldhouse, Max Bell Centre****Results****....Women 20-34 200 Meter Run Open**

6	Leia Jaworski	01	MAN	28.38	3
7	Courtney Friesen	98	TTAC	28.79	3
8	Khadijat Oyewole	01	MAN	29.13	3
9	Winnie Malok	03	MAN	30.11	4
10	Valerie Beynon	91	WOAC	30.52	5
11	Eva Jensen	99	MAN	30.96	5

Girls 12-13 600 Meter Run Open

Name	Year	Team	Finals
1 Ashley Schneider	11	WOAC	2:00.92

Women 18-19 600 Meter Run Open

Name	Year	Team	Finals
1 Logan Harz	05	WOAC	1:41.27
2 Natalie Fournier	04	MAN	1:57.74

Women 20-34 600 Meter Run Open

Name	Year	Team	Finals
1 Danika Passler Bates	97	MAN	1:45.60
2 Alex Davis	02	TTAC	1:59.65

Women 14-15 800 Meter Run Open

Name	Year	Team	Finals	H#
1 Lilianna Aiello	08	WOAC	2:34.74	3
2 Claire Hendrickson	09	TTAC	2:38.32	2
3 Nina Arkova-Tough	09	TTAC	2:38.65	2
4 Molly Young	09	TTAC	2:38.68	2
5 Evie Hall	08	WOAC	2:47.60	3
6 Piper Pohrebniuk	09	WOAC	3:06.58	3
7 Elizabeth Oderemi	08	WOAC	3:18.94	3

Women 16-17 800 Meter Run Open

Name	Year	Team	Finals	H#
1 Olivia Penner	06	WOAC	2:32.18	1
2 Meredith Conchatre	06	TTAC	2:33.94	1
3 Hana Lysiuk	06	LMAC	2:50.95	1
4 Jordyn Allison	06	TTAC	2:53.61	3

Women 18-19 800 Meter Run Open

Name	Year	Team	Finals	H#
1 Ava Goncalves	05	WOAC	2:22.14	1
2 Arianna Fulcher	05	TTAC	2:26.76	1
3 Lily Francis	04	MAN	2:37.09	1

2023 WOA Winter Open - 1/20/2023 to 1/21/2023**James Daly Fieldhouse, Max Bell Centre****Results****....Women 18-19 800 Meter Run Open**

4 Mackenzie Pauley	05 WOAC	2:41.90	2
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Women 20-34 800 Meter Run Open

Name	Year Team	Finals	H#
1 Emily Watson	00 MAN	2:31.13	2
2 Dana Poulton	01 MAN	2:36.12	2
3 Aspen Shier	01 MAN	2:38.35	2
4 Megan Van Heyst	02 MAN	2:53.85	3
5 Regan Hofley	00 NSOM , Special Olym	2:55.87	2

Girls 12-13 1500 Meter Run Open

Name	Year Team	Finals
1 Rielle Champagne	10 MBTC	4:50.15

Women 14-15 1500 Meter Run Open

Name	Year Team	Finals
1 Addy Champagne	08 MBTC	4:56.89
2 Annika De Smet	08 WOAC	5:04.83
3 Lilianna Aiello	08 WOAC	5:15.21

Women 16-17 1500 Meter Run Open

Name	Year Team	Finals
1 Hana Lysiuk	06 LMAC	5:47.77

Women 18-19 1500 Meter Run Open

Name	Year Team	Finals
1 Lena Klassen	05 WOAC	4:54.68
2 Logan Harz	05 WOAC	4:55.55
3 Ava Goncalves	05 WOAC	5:05.38
4 Mackenzie Pauley	05 WOAC	5:44.29

Women 20-34 1500 Meter Run Open

Name	Year Team	Finals
1 Ryann Bannerman	96 MAN	5:16.16
2 Shayna Giesbrecht	98 MAN	5:38.42

Girls 12-13 2000 Meter Run Open

Name	Year Team	Finals
1 Rielle Champagne	10 MBTC	6:40.48

2023 WOA Winter Open - 1/20/2023 to 1/21/2023**James Daly Fieldhouse, Max Bell Centre****Results****Women 14-15 2000 Meter Run Open**

Name	Year Team	Finals
1 Annika De Smet	08 WOAC	6:38.62
2 Addy Champagne	08 MBTC	6:45.95

Women 35+ 5000 Meter Run Open

Name	Year Team	Finals
1 Brandy Adolphe	76 UNMB	20:51.60
2 Carolyn Coffin	77 UNMB	21:15.83

Women 60 Meter Hurdles 0.84m-8.5m Open

Name	Year Team	Finals
1 Annessa Stasiuk	04 MAN	9.83
2 Emma Romans	05 WOAC	10.48
3 Annika Burkard	98 MAN	10.53
4 Sofia Cholakis	05 WOAC	10.56

Women 4x100 Meter Relay Open

Team	Finals
1 Tough Track 'A'	54.46
2 Winnipeg Optimist Athletics 'A'	55.00
3 Tough Track 'B'	55.58
4 Winnipeg Optimist Athletics 'B'	59.44
5 Winnipeg Optimist Athletics 'C'	1:00.30

Women 4x200 Meter Relay Open

Team	Finals
1 Unattached-Manitoba 'A'	1:49.85
2 Unknown 'A'	1:55.18
3 Winnipeg Optimist Athletics 'B'	2:06.19
4 Winnipeg Optimist Athletics 'A'	2:06.97

Women 4x400 Meter Relay Open

Team	Finals
1 Tough Track 'B'	4:31.94
2 Tough Track 'A'	4:40.34

Girls 6-11 High Jump Open

Name	Year Team	Finals
1 Jaeda Liske	12 WOAC	1.20m

2023 WOA Winter Open - 1/20/2023 to 1/21/2023**James Daly Fieldhouse, Max Bell Centre****Results****Girls 12-13 High Jump Open**

Name	Year	Team	Finals
1 Esther Oderemi	09	WOAC	1.42m
2 Esther Akinlade	08	WOAC	1.35m
3 Mojola Bankole	08	WOAC	1.30m
4 Kavishi Udumullage	08	WOAC	1.25m
4 Morayo Bankole	08	WOAC	1.25m
6 Catherine Crosbie	11	TTAC	1.20m

Women 16-17 High Jump Open

Name	Year	Team	Finals
1 Sydney Burak	06	WOAC	1.44m
1.41 1.44 1.47			
0 0 XXX			

Women 18-19 High Jump Open

Name	Year	Team	Finals
1 Signy McKim	04	MAN	1.56m
1.47 1.50 1.53 1.56 1.59			
0 XXO XO XO XXX			

Girls 13&U Pole Vault Open

Name	Year	Team	Finals
1 Jaeda Liske	12	WOAC	2.45m
2.35 2.45 2.55			
0 0 XXX			

Women 14-15 Pole Vault Open

Name	Year	Team	Finals
1 Riley Fontaine	08	WOAC	2.65m
2.25 2.35 2.45 2.55 2.65 2.75			
XXO 0 XO XO 0 XXX			

Women 20-34 Pole Vault Open

Name	Year	Team	Finals
1 Emily Blackner	97	WOAC	3.80m
3.60 3.70 3.80 3.90			
0 0 0 XXX			
2 Danica Bazin	00	WOAC	3.25m
2.85 2.95 3.05 3.15 3.25 3.35			
0 0 OX 0 0 XXX			
3 Hayley Turner	02	MAN	3.05m
2.75 2.85 2.95 3.05 3.15			
0 XXO XO XO XXX			

2023 WOA Winter Open - 1/20/2023 to 1/21/2023**James Daly Fieldhouse, Max Bell Centre****Results****....Women 20-34 Pole Vault Open**

4	Arianna Pilat	03	WOAC					2.85m
	2.55	2.65	2.85	2.95				
	O	O	XO	XXX				
5	Mikaela Garfinkel	92	WOAC					2.75m
	2.65	2.75	2.85					
	O	XO	XXX					

Women 35+ Pole Vault Open

Name	Year	Team	Finals
1 Victoria Dressler	85	WOAC	3.25m
3.15	3.25	3.35	
O	O	XXX	
2 Hillarie Tasche	85	MAN	2.95m
2.95	3.05	3.15	
O	P	XXX	

Girls 6-11 Long Jump Open

Name	Year	Team	Finals
1 Jaeda Liske	12	WOAC	3.79m
3.55m	3.38m	3.58m	3.52m 3.75m 3.79m
2 Zoe Salvador	13	TTAC	3.36m
3.36m	FOUL	3.12m	2.67m 2.75m 2.95m
3 Mary Oderemi	13	WOAC	2.42m
FOUL	2.42m	1.82m	FOUL 2.37m FOUL

Girls 12-13 Long Jump Open

Name	Year	Team	Finals
1 Emily Gripp	10	WOAC	3.63m
3.00m	3.47m	3.51m	3.62m 3.34m 3.63m
2 Faustine Ogweno	10	WOAC	3.59m
2.68m	3.59m	3.56m	3.46m 3.38m FOUL
3 Catherine Crosbie	11	TTAC	2.99m
2.05m	2.99m	2.79m	2.69m 2.80m 2.54m

Women 14-15 Long Jump Open

Name	Year	Team	Finals
1 Esther Akinlade	08	WOAC	4.42m
4.31m	3.98m	4.38m	4.42m FOUL FOUL
2 Morayo Bankole	08	WOAC	4.18m
FOUL	FOUL	4.18m	4.02m 4.11m FOUL
3 Raina Garland	08	WOAC	4.16m
3.85m	4.05m	3.91m	4.16m 4.12m FOUL
4 Kavishi Udumullage	08	WOAC	4.12m
4.12m	3.95m	FOUL	3.99m 3.79m FOUL
5 Esther Oderemi	09	WOAC	4.10m
4.10m	4.02m	FOUL	4.09m FOUL FOUL

2023 WOA Winter Open - 1/20/2023 to 1/21/2023**James Daly Fieldhouse, Max Bell Centre****Results****....Women 14-15 Long Jump Open**

6	Molly Myers	08	TTAC					3.96m
	FOUL	FOUL	3.54m	3.82m	3.66m	3.96m		
7	Emma Unrau	08	TTAC					3.94m
	3.46m	3.48m	3.79m	3.87m	3.87m	3.94m		
8	Elyse Coffin	09	TTAC					3.87m
	3.66m	3.87m	3.84m	3.82m	3.70m	3.44m		
9	Elizabeth Oderemi	08	WOAC					3.85m
	FOUL	3.77m	FOUL	FOUL	FOUL	3.85m		
10	Fiona Petrie	09	TTAC					3.75m
	FOUL	2.79m	2.97m	3.26m	3.31m	3.75m		

Women 16-17 Long Jump Open

Name	Year	Team					Finals
1	Payton Cvetkovic	07	TTAC				4.43m
	3.57m	3.64m	3.96m	4.18m	4.10m	4.43m	
2	Paige Cookson	07	WOAC				3.77m
	FOUL	3.77m	3.50m	3.19m	3.41m	FOUL	

Women 18-19 Long Jump Open

Name	Year	Team					Finals
1	Aisha Olawoyin	05	WOAC				4.04m
	FOUL	FOUL	FOUL	3.83m	4.04m	3.97m	

Women 20-34 Long Jump Open

Name	Year	Team					Finals
1	Tayo Babalola	97	WOAC				5.07m
	FOUL	FOUL	5.07m	5.06m	FOUL	4.92m	
2	Jennifer Simcoe	03	MAN				4.95m
	FOUL	4.95m	4.81m	4.84m	4.76m	4.65m	
3	Lexis Chesley	00	WOAC				4.77m
	FOUL	FOUL	4.77m	4.71m	FOUL	4.72m	

Women 14-15 Triple Jump Open

Name	Year	Team					Finals
1	Esther Akinlade	08	WOAC				9.86m
	9.56m	9.69m	9.86m	FOUL	9.60m	9.59m	
2	Raina Garland	08	WOAC				8.94m
	8.60m	8.58m	8.46m	8.94m	8.84m	8.89m	
3	Esther Oderemi	09	WOAC				8.79m
	FOUL	FOUL	8.79m	8.79m	8.33m	FOUL	
4	Kavishi Udumullage	08	WOAC				7.88m
	FOUL	7.86m	FOUL	FOUL	FOUL	7.88m	

2023 WOA Winter Open - 1/20/2023 to 1/21/2023**James Daly Fieldhouse, Max Bell Centre****Results****Women 16-17 Triple Jump Open**

Name	Year Team	Finals
1 Sydney Burak	06 WOAC	9.49m
	9.31m 9.38m 9.35m 9.49m 9.49m 9.33m	

Women 18-19 Triple Jump Open

Name	Year Team	Finals
1 Signy McKim	04 MAN	10.83m
	FOUL 10.60m 10.82m FOUL 10.81m 10.83m	

Women 20-34 Triple Jump Open

Name	Year Team	Finals
1 Eniola Adepoju	99 MAN	11.16m
	FOUL 11.16m FOUL FOUL FOUL FOUL	
2 Dinu Rajapakse	01 MAN	10.44m
	10.37m 10.31m 10.34m 10.30m FOUL 10.44m	
3 Lexis Chesley	00 WOAC	10.06m
	FOUL FOUL FOUL 10.06m FOUL 9.77m	

Women Shot Put 4kg Open

Name	Year Team	Finals
1 Ashley Morrow	06 WOAC	11.02m
	10.31m 11.02m 10.57m 10.40m FOUL 9.84m	
2 Alaina Melnyk	04 MAN	10.06m
	FOUL 9.56m 9.81m 9.79m 10.06m 9.72m	
3 Janai Smith	02 MAN	8.72m
	FOUL FOUL 8.72m FOUL FOUL FOUL	

Women Weight Throw 9.07kg Open

Name	Year Team	Finals
1 Ashley Morrow	06 WOAC	13.62m
	13.62m 13.14m 13.20m 12.46m 13.27m 12.48m	

Girls 6-11 Standing Long Jump Open

Name	Year Team	Finals
1 Mary Oderemi	13 WOAC	1.45m
	1.32m 1.42m 1.37m 1.45m	

Women 20-34 800 Meter Dash Open Indoor Pentathlon

Name	Year Team	Finals	Points
1 Lindsey Gundrum	03 MAN	2:58.29	381
2 Natalie Gundrum	01 MAN	3:01.28	353
3 Paige Newcomb	03 MAN	3:08.48	290

2023 WOA Winter Open - 1/20/2023 to 1/21/2023**James Daly Fieldhouse, Max Bell Centre****Results****....Women 20-34 800 Meter Dash Open Indoor Pentathlon**

4 Rachel Mann	02 MAN	3:09.53	282
5 Jaylyn Deurbrouck	03 MAN	3:09.95	278
6 Eniola Odeleye	01 MAN	3:12.49	258

Women 20-34 60 Meter Hurdles Open Indoor Pentathlon

Name	Year Team	Finals	H#	Points
1 Rachel Mann	02 MAN	9.54	2	800
2 Eniola Odeleye	01 MAN	10.30	2	657
3 Lindsey Gundrum	03 MAN	10.45	2	630
4 Natalie Gundrum	01 MAN	11.22	1	501
5 Paige Newcomb	03 MAN	11.78	1	415
6 Jaylyn Deurbrouck	03 MAN	11.89	1	399

Women 20-34 High Jump Open Indoor Pentathlon

Name	Year Team	Finals	Points
1 Jaylyn Deurbrouck	03 MAN	1.59m	724
1.47 1.50 1.53 1.56 1.59 1.62			
0 0 0 0 XXO XXX			
2 Natalie Gundrum	01 MAN	1.53m	655
1.44 1.47 1.50 1.53 1.56			
0 0 0 XO XXX			
3 Eniola Odeleye	01 MAN	1.38m	491
1.23 1.26 1.29 1.32 1.35 1.38 1.41			
0 0 0 0 0 0 XXX			
4 Rachel Mann	02 MAN	1.32m	429
1.20 1.23 1.26 1.29 1.32 1.35			
0 XO XO XO XO XXX			
5 Lindsey Gundrum	03 MAN	1.29m	399
1.23 1.26 1.29 1.32			
0 0 0 XXX			

Women 20-34 Long Jump Open Indoor Pentathlon

Name	Year Team	Finals	Points
1 Eniola Odeleye	01 MAN	5.06m	576
5.06m FOUL 5.05m			
2 Natalie Gundrum	01 MAN	4.64m	464
4.64m 4.54m FOUL			
3 Rachel Mann	02 MAN	4.40m	403
4.34m 4.40m 4.38m			
4 Paige Newcomb	03 MAN	4.36m	393
3.92m 4.36m 3.68m			
5 Jaylyn Deurbrouck	03 MAN	4.28m	374
4.26m 4.19m 4.28m			
6 Lindsey Gundrum	03 MAN	4.22m	359
FOUL 4.17m 4.22m			

2023 WOA Winter Open - 1/20/2023 to 1/21/2023**James Daly Fieldhouse, Max Bell Centre****Results****Women 20-34 Shot Put Open Indoor Pentathlon**

Name	Year	Team	Finals	Points
1 Natalie Gundrum	01	MAN	9.91m	524
9.35m 9.91m 8.71m				
2 Eniola Odeleye	01	MAN	9.43m	492
9.08m 9.09m 9.43m				
3 Lindsey Gundrum	03	MAN	8.95m	461
8.95m 7.86m 7.65m				
4 Jaylyn Deurbrouck	03	MAN	8.53m	434
8.04m 8.53m FOUL				
5 Rachel Mann	02	MAN	7.26m	352
6.66m 7.26m 6.83m				
6 Paige Newcomb	03	MAN	6.55m	306
6.29m 6.55m FOUL				

Women 20-34 Indoor Pentathlon Open

Name	Year	Team	Finals	H#
1 Natalie Gundrum	01	MAN	2497	
2 Eniola Odeleye	01	MAN	2474	
3 Rachel Mann	02	MAN	2266	
4 Lindsey Gundrum	03	MAN	2230	
5 Jaylyn Deurbrouck	03	MAN	2209	
6 Paige Newcomb	03	MAN	1404	

Men 60 Meter Hurdles 0.762m-7.5m U14

Name	Year	Team	Finals
1 Reed Passmore	10	WOAC	11.04

Men 60 Meter Hurdles 0.84m-8.5m U16

Name	Year	Team	Finals
1 Edwin Dalke	09	WOAC	11.85

Men Shot Put 6kg U20

Name	Year	Team	Finals	
1 Dylan Barnych	05	WOAC	11.44m	6K

Men Weight Throw 11.34kg U20

Name	Year	Team	Finals
1 Dylan Barnych	05	WOAC	15.19m
14.61m 15.13m 15.19m 12.88m FOUL 15.19m			
2 Cole Gagnon	98	MAN	11.95m
10.76m 11.16m 11.82m 11.68m FOUL 11.95m			

2023 WOA Winter Open - 1/20/2023 to 1/21/2023**James Daly Fieldhouse, Max Bell Centre****Results****Men 8-11 60 Meter Dash Open**

Name	Year Team	Prelims	H#
Preliminaries			
1 Ezekiel Akinlade	13 WOAC	9.70q	5
2 Malcolm Mitchell	14 TTAC	9.94q	5

Men 12-13 60 Meter Dash Open

Name	Year Team	Prelims	H#
1 Reed Passmore	10 WOAC	8.28q	4
2 Michael Lewin	11 WOAC	9.08q	4

Men 14-15 60 Meter Dash Open

Name	Year Team	Prelims	H#
1 Hudson Nikkel	08 WOAC	7.74q	2
2 Yusuff Ajibola Yusuff	09 WOAC	8.59q	2
3 Elliot Romans	09 WOAC	8.74q	4
4 Malik Brown	09 WOAC	9.54q	4

Men 16-17 60 Meter Dash Open

Name	Year Team	Prelims	H#
1 Terick Burchill	07 WOAC	7.43q	1
2 Folajimi Bankole	06 WOAC	7.47q	1
3 Logan Cookson	07 WOAC	7.76q	3
4 Dylan Bazan	07 WOAC	7.98q	3
5 Landon Moyes	07 TTAC	8.29q	4

Men 16-17 60 Meter Dash Invitational Open

Name	Year Team	Finals
Finals		
1 Terick Burchill	07 WOAC	7.53

Men 18-19 60 Meter Dash Open

Name	Year Team	Prelims	H#
Preliminaries			
1 Edwin Todd	05 WOAC	7.33q	1 7.329
2 Jacob Reimer	05 TTAC	7.53q	2
3 Deven Gowdar	04 MAN	7.62q	3
4 Jordan Beinert	05 WOAC	7.82q	2

Men 18-19 60 Meter Dash Invitational Open

Name	Year Team	Finals
Finals		
1 Edwin Todd	05 WOAC	7.36

2023 WOA Winter Open - 1/20/2023 to 1/21/2023**James Daly Fieldhouse, Max Bell Centre****Results****Men 20-34 60 Meter Dash Open**

Name	Year	Team	Prelims	H#
Preliminaries				
1 Brian Lewis	99	UNMB	6.99q	1
2 Roy Tambal Musa	02	MAN	7.19q	1
3 Favour Onota	99	MAN	7.33q	1 7.329
4 Ethan Boyda	01	MAN	7.34q	1 7.335
5 Braeden Smith	00	UNMB	7.34q	2 7.338
6 Michael Bachmier	00	MAN	7.44q	2
7 Akim Kanu	99	UNMB	7.60q	1 7.593
8 Xerxes Ejercito	02	MAN	7.60q	3 7.595
9 Caelan Norea	02	WOAC	7.61q	2
10 Daniel Nwogo	03	MAN	7.73q	2
11 Derek Onraet	99	MAN	7.84	3
12 Khalil Coward	03	MAN	8.26	3

Men 20-34 60 Meter Dash Invitational Open

Name	Year	Team	Finals
Finals			
1 Brian Lewis	99	UNMB	6.96
1 Braeden Smith	00	UNMB	7.37
2 Roy Tambal Musa	02	MAN	7.16
3 Favour Onota	99	MAN	7.34
4 Ethan Boyda	01	MAN	7.35
5 Michael Bachmier	00	MAN	7.48

Men 35+ 60 Meter Dash Open

Name	Year	Team	Prelims	H#
Preliminaries				
1 Michael Morris	77	TTAC	7.67q	3
2 Scot Dressler	79	WOAC	8.75q	3
3 Sherwin Opena	87	TTAC	9.55q	4

Men 6-11 150 Meter Dash Open

Name	Year	Team	Finals	H#
Finals				
1 Ezekiel Akinlade	13	WOAC	23.86	2
2 Malcolm Mitchell	14	TTAC	24.32	2
3 Kyle D'Sa	12	WOAC	26.82	1

Men 12-13 150 Meter Dash Open

Name	Year	Team	Finals
1 Reed Passmore	10	WOAC	19.82

2023 WOA Winter Open - 1/20/2023 to 1/21/2023**James Daly Fieldhouse, Max Bell Centre****Results****Men 14-15 200 Meter Dash Open**

Name	Year	Team	Finals	H#
1 Yusuff Ajibola Yusuff	09	WOAC	24.45	3
2 Hudson Nikkel	08	WOAC	24.84	2
3 Daniel Guastaferro	09	WOAC	29.07	4
4 Elliot Romans	09	WOAC	29.52	5
5 Malik Brown	09	WOAC	36.28	5

Men 16-17 200 Meter Dash Open

Name	Year	Team	Finals	H#
1 Terick Burchill	07	WOAC	24.07	2
2 Folajimi Bankole	06	WOAC	24.66	2 24.653
3 Logan Cookson	07	WOAC	24.66	2 24.659
4 Dylan Bazan	07	WOAC	26.28	3
5 Landon Moyes	07	TTAC	26.77	3
6 Trevor Coffin	07	TTAC	28.44	4

Men 18-19 200 Meter Dash Open

Name	Year	Team	Finals	H#
1 Edwin Todd	05	WOAC	24.12	1
2 Jacob Reimer	05	TTAC	25.32	2

Men 20-34 200 Meter Dash Open

Name	Year	Team	Finals	H#
1 Roy Tambal Musa	02	MAN	22.92	1
2 Jayden Bryant	03	MAN	23.54	1
3 Ethan Boyda	01	MAN	23.84	1
4 Xerxes Ejercito	02	MAN	25.12	3

Men 35+ 200 Meter Dash Open

Name	Year	Team	Finals	H#
1 Michael Morris	77	TTAC	24.85	3
2 Colin Ellis	67	EXCL	26.84	4
3 Greg Athayde	61	TTAC	30.09	4

Men 14-15 300 Meter Dash Open

Name	Year	Team	Finals	H#
1 Yusuff Ajibola Yusuff	09	WOAC	39.95	1
2 Edwin Dalke	09	WOAC	45.01	2
3 Elliot Romans	09	WOAC	47.10	2

2023 WOA Winter Open - 1/20/2023 to 1/21/2023**James Daly Fieldhouse, Max Bell Centre****Results****Men 20-34 300 Meter Dash Open**

Name	Year Team	Finals
1 Josam Pingue	00 WOAC	37.66

Men 16-17 400 Meter Dash Open

Name	Year Team	Finals	H#
1 Hartley Eldridge	06 TTAC	55.31	1
2 Nate Phillips	07 LMAC	56.14	2
3 Owen Hooper	07 TTAC	58.41	1

Men 18-19 400 Meter Dash Open

Name	Year Team	Finals
1 Keenan Allen	04 MAN	51.93
2 Valentyn Holovin	05 TTAC	54.10
3 Jonah Leppelmann	05 TTAC	55.88

Men 35+ 400 Meter Dash Open

Name	Year Team	Finals	H#
1 Michael Morris	77 TTAC	55.89	1
2 Claude Faucher	67 UNMB	1:01.78	2
3 Greg Athayde	61 TTAC	1:01.91	2

Men 8-11 600 Meter Run Open

Name	Year Team	Finals	H#
1 Malcolm Mitchell	14 TTAC	2:15.41	2

Men 18-19 600 Meter Run Open

Name	Year Team	Finals
1 Keenan Allen	04 MAN	1:23.91
2 Agamapar Kahlon	04 MAN	1:24.67

Men 20-34 600 Meter Run Open

Name	Year Team	Finals	H#
1 Jack Taylor	00 MAN	1:25.07	1
2 Noah Fillion	03 MAN	1:25.30	1
3 Scott Friesen	01 MAN	1:26.52	1
4 Isaac Turon	02 MAN	1:26.76	1
5 Dylan Peters	00 MAN	1:30.23	2
6 Gavin Maxwell	02 MAN	1:32.03	2
7 Robert Plischke-Graham	99 MAN	1:32.29	2

2023 WOA Winter Open - 1/20/2023 to 1/21/2023**James Daly Fieldhouse, Max Bell Centre****Results****Men 14-15 800 Meter Run Open**

Name	Year	Team	Finals	H#
1 Dorian Johnson	08	TTAC	2:24.29	2
2 Patrick Desjardine	09	MBTC	2:53.69	2

Men 16-17 800 Meter Run Open

Name	Year	Team	Finals	H#
1 Noah Neves	06	TTAC	1:56.20	1
2 Nate Phillips	07	LMAC	2:05.92	1
3 Hartley Eldridge	06	TTAC	2:09.59	1
4 Nathan Dyck	06	LMAC	2:09.67	1
5 Nicolas Bergen	07	TTAC	2:18.05	2
6 Evan Watkinson	07	TTAC	2:18.52	2

Men 18-19 800 Meter Run Open

Name	Year	Team	Finals
1 Alejandro Civetta	05	TTAC	1:57.88
2 Jonah Leppelmann	05	TTAC	2:06.21
3 Benjamin Szwajcer	04	MAN	2:08.92

Men 20-34 800 Meter Run Open

Name	Year	Team	Finals	H#
1 Unai Apraiz Zenon	02	MAN	2:10.47	1
2 Alec Baldwin	93	NSOM , Special Olym	2:45.43	2

Men 35+ 800 Meter Run Open

Name	Year	Team	Finals	H#
1 John Coffin	81	TTAC	2:11.25	2
2 Kris Shaw	85	UNMB	2:12.93	2
3 Claude Faucher	67	UNMB	2:24.25	2

Men 14-15 1200 Meter Run Open

Name	Year	Team	Finals
1 Turk Dingwall	08	MCPET	3:45.39
2 Carter Heroux	08	WOAC	3:47.90
3 Patrick Desjardine	09	MBTC	4:17.26

Men 16-17 1500 Meter Run Open

Name	Year	Team	Finals	H#
1 Sean Ehmann	06	TTAC	4:17.66	1
2 Nate Phillips	07	LMAC	4:21.47	1
3 Liam Palmer	07	WOAC	4:23.97	1
4 Nathan Dyck	06	LMAC	4:26.09	1

2023 WOA Winter Open - 1/20/2023 to 1/21/2023**James Daly Fieldhouse, Max Bell Centre****Results****....Men 16-17 1500 Meter Run Open**

5	Luc Fillion	07	TTAC	4:32.14	2
6	Lakota Spence	06	WOAC	4:43.28	2
7	Jase Herie	06	WOAC	4:44.12	2
8	Nicolas Bergen	07	TTAC	4:45.85	2

Men 18-19 1500 Meter Run Open

Name	Year	Team	Finals
1 Carson Kroeker	05	TTAC	4:16.50

Men 20-34 1500 Meter Run Open

Name	Year	Team	Finals	H#
1 Gavin Maxwell	02	MAN	4:25.34	1
2 Luke Townsend	03	WOAC	4:33.33	2
3 Alec Baldwin	93	NSOM , Special Olym	4:56.17	2

Men 35+ 1500 Meter Run Open

Name	Year	Team	Finals	H#
1 John Coffin	81	TTAC	4:32.90	2
2 Andrew Ferguson	88	RKIL	5:41.37	2

Men 2000 Meter Run Open

Name	Year	Team	Finals
1 Turk Dingwall	08	MCPET	6:36.75

Men 16-17 3000 Meter Run Open

Name	Year	Team	Finals
1 Sean Ehmann	06	TTAC	9:31.93
2 Liam Palmer	07	WOAC	9:49.26
3 Jase Herie	06	WOAC	10:14.95
4 Nathan Simard	06	UNMB	10:48.23

Men 35+ 3000 Meter Run Open

Name	Year	Team	Finals
1 Sam Zhou	68	RKIL	12:40.68
2 Andrew Ferguson	88	RKIL	12:49.72
3 Allen Ortega	81	WOAC	13:15.25

Men 35+ 5000 Meter Run Open

Name	Year	Team	Finals
1 Darcey Harder	72	RKIL	19:34.50
2 Sam Zhou	68	RKIL	20:23.19

2023 WOA Winter Open - 1/20/2023 to 1/21/2023**James Daly Fieldhouse, Max Bell Centre****Results****Men 18-34 60 Meter Hurdles 1.067-9.14m Open**

Name	Year Team	Finals
1 Max Speiser	00 MAN	8.72
2 Jordan Beinert	05 WOAC	8.95
3 Misha Bruning-Haid	03 MAN	11.10
4 Darby Brown	73 UNMB	12.36

Men 4x100 Meter Relay Open

Team	Finals
1 Winnipeg Optimist Athletics 'A'	54.76
2 Unattached-Manitoba 'A'	1:06.23

Men 4x200 Meter Relay Open

Team	Finals
1 Winnipeg Optimist Athletics 'A'	1:49.94
2 Unattached-Manitoba 'B'	2:11.88
3 Unattached-Manitoba 'A'	2:12.93

Men 4x400 Meter Relay Open

Team	Finals
1 Tough Track 'B'	4:00.12
2 Tough Track 'A'	4:00.65
3 Unattached-Manitoba 'A'	5:30.90

Men 14-15 High Jump Open

Name	Year Team	Finals
1 Daniel Guastaferrero	09 WOAC	1.60m

Men 18-19 High Jump Open

Name	Year Team	Finals
1 Deven Gowdar	04 MAN	1.90m
2 Jordan Beinert	05 WOAC	1.60m

Men 20-34 High Jump Open

Name	Year Team	Finals
1 John Olukoju	00 MAN	1.90m
2 Michael Bachmier	00 MAN	1.65m

Men 20-34 Pole Vault Open

Name	Year Team	Finals
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2023 WOA Winter Open - 1/20/2023 to 1/21/2023**James Daly Fieldhouse, Max Bell Centre****Results****....Men 20-34 Pole Vault Open**

1	Derek Onraet	99	MAN					4.50m
	4.30	4.40	4.50	4.60				
	XO	O	O	XXX				
2	Max Speiser	00	MAN					4.10m
	3.80	3.90	4.00	4.10	4.20			
	O	XO	O	XO	XXX			

Men 14-15 Long Jump Open

Name	Year	Team	Finals
1 Yusuff Ajibola Yusuff	09	WOAC	4.56m
4.56m			
2 Malik Brown	09	WOAC	3.40m
3.27m	3.36m	3.36m	3.19m 3.40m

Men 16-17 Long Jump Open

Name	Year	Team	Finals
1 Connor Hutchison- Campbe	06	WOAC	5.82m
5.82m			5.80m
2 Terick Burchill	07	WOAC	5.25m
5.09m	5.21m	5.25m	
3 Dylan Bazan	07	WOAC	4.85m
4.85m	4.79m	4.70m	4.77m 4.28m 4.75m

Men 20-34 Long Jump Open

Name	Year	Team	Finals
1 Joshua Hutchinson	00	MAN	6.74m
4.53m	6.22m	6.52m	6.48m 6.74m 6.71m
2 Max Speiser	00	MAN	6.20m
6.15m	6.07m	6.20m	6.15m 6.16m
3 Michael Bachmier	00	MAN	6.19m
6.04m	6.19m		
4 Daniel Nwogo	03	MAN	5.57m
5.01m	5.51m	5.57m	5.31m 5.10m
5 Khalil Coward	03	MAN	5.31m
4.98m	5.31m	4.98m	4.96m 3.85m

Men 35+ Long Jump Open

Name	Year	Team	Finals
1 Michael Lewin	11	WOAC	3.60m
3.60m	3.18m		
2 Kyle D'Sa	12	WOAC	2.84m
2.83m	2.84m		
3 Ezekiel Akinlade	13	WOAC	2.68m
2.51m	2.68m		

2023 WOA Winter Open - 1/20/2023 to 1/21/2023**James Daly Fieldhouse, Max Bell Centre****Results****Men Shot Put 7.26kg Open**

Name	Year	Team	Finals
1 Cole Gagnon	98	MAN	11.57m 7.26K
			10.67m 11.57m 9.45m 10.70m
2 Misha Bruning-Haid	03	MAN	8.89m 7.26K
			7.74m 8.73m 8.69m 8.61m 8.89m

Men 6-11 Standing Long Jump Open

Name	Year	Team	Finals
1 Malcolm Mitchell	14	TTAC	1.77m
			1.74m 1.77m 1.55m 1.75m
2 Ezekiel Akinlade	13	WOAC	1.59m
			1.27m 1.51m 1.39m 1.59m
3 Kyle D'Sa	12	WOAC	1.48m
			1.41m 1.44m 1.48m 1.41m

Men 12-13 Standing Long Jump Open

Name	Year	Team	Finals
1 Michael Lewin	11	WOAC	2.20m
			2.06m 2.16m 2.07m 2.20m

Men Shot Put 5Kg Master

Name	Year	Team	Finals
1 Gordon Flett	60	RKIL	7.53m 5Kg