

2019 Vancouver Island Secondary School Track & Field Championship
Centennial Stadium, Victoria, BC - 5/16/2018 to 5/17/2018
Meet Program

Event 119 Women 100 Meter Dash Gr 8**8 Advance: Top 1 Each Heat plus Next 5 Best Times**

Lane	Name	Team	Seed Time
Heat 1 of 3 Prelims			
1	Sohni Dhaliwal	St. Andrews'	16.00
2	Molly Cole	Ballenas Sec	15.48
3	Ava Leary	Kwalikum Sec	14.65
4	Dara De Vries	Duncan Chris	14.00
5	Kayla Dosen	Quamichan Sc	14.45
6	Valentina Gutierrez	Pacific Chri	14.99
7	Krista Wagner	Ucluelet	16.25
Heat 2 of 3 Prelims			
1	Ciara Stock	St. Andrews'	15.50
2	Dora Onica	Dover Bay Se	15.49
3	Katie Hildebrandt	Dover Bay Se	14.81
4	Ema Bowie	GP Vanier	14.21
5	Amber Ince	Queen Margar	14.30
6	Mekiah Duck	Dover Bay Se	14.90
Heat 3 of 3 Prelims			
1	Mia Widner	St. Andrews'	16.00
2	Emmily Wildman	Cedar Commun	15.28
3	Kiana Danielson	Campbell Riv	14.52
4	Kaliyah St. Amand	Quamichan Sc	13.33
5	Jianna Silver	Alberni Dist	14.49
6	Jemima Mackey	Mark Isfled	15.00
7	Elsa Wagner	Ucluelet	16.06

Event 121 Women 200 Meter Dash Gr 8**8 Advance: Top 2 Each Heat plus Next 2 Best Times**

Lane	Name	Team	Seed Time
Heat 1 of 3 Prelims			
2	Emmily Wildman	Cedar Commun	31.93
3	Katie Hildebrandt	Dover Bay Se	30.68
4	Ella Descoteau	Brentwood Co	28.21
5	Kiana Danielson	Campbell Riv	30.21
6	Mia Widner	St. Andrews'	31.80
Heat 2 of 3 Prelims			
1	Krista Wagner	Ucluelet	34.35
2	Sophie Hyman	Cedar Commun	32.20
3	Ava Leary	Kwalikum Sec	30.72
4	Chelsea Wright	Quamichan Sc	29.01
5	Jemima Mackey	Mark Isfled	30.00
6	Olivia Sinclair	Dover Bay Se	31.72
Heat 3 of 3 Prelims			
1	Elsa Wagner	Ucluelet	34.27
2	Ann Noreen Delupis	St. Andrews'	32.65
3	Aniela Hagen	Queen Margar	31.45
4	Dara De Vries	Duncan Chris	29.46
5	Ema Bowie	GP Vanier	29.83
6	Mekiah Duck	Dover Bay Se	31.54

Event 123 Women 400 Meter Dash Gr 8**8 Advance: Top 2 Each Heat plus Next 4 Best Times**

Lane	Name	Team	Seed Time
Heat 1 of 2 Prelims			
1	Susi Crosby	Ucluelet	1:23.00
2	Arantza Garcia Morales	Dover Bay Se	1:21.03
3	Zoe Iverson	St. Andrews'	1:14.00
4	Chelsea Wright	Quamichan Sc	1:09.90
5	Solace Stuart	Nanaimo Dist	1:12.01
6	Lucy Wiggers	Nanaimo Dist	1:14.14
Heat 2 of 2 Prelims			
2	Krista Wagner	Ucluelet	1:20.96
3	Olivia Sinclair	Dover Bay Se	1:13.83
4	Karlyle Cline	Brooks Secon	1:08.00
5	Christa Garcia	Dover Bay Se	1:12.84
6	Jada Kamerman	Nanaimo Chri	1:15.00

Event 125 Women 800 Meter Run Gr 8

Lane	Name	Team	Seed Time
Section 1 of 2 Finals			
3	Denzy James	Queen Margar	3:21.37
4	Aniela Hagen	Queen Margar	3:04.70
5	Sophie Hyman	Cedar Commun	3:12.32
6	Lucy McAllister	Queen Margar	3:26.01
Section 2 of 2 Finals			
1	Hailey Hickman	Highland Sec	2:57.70
2	Zoe Iverson	St. Andrews'	2:57.20
3	Jessie Bell	Kwalikum Sec	2:47.69
4	Karlyle Cline	Brooks Secon	2:40.00
5	Allison McQuay	St. Andrews'	2:42.20
6	Maya Harbo	Aspengrove S	2:50.31
7	Linnea Wiggers	Nanaimo Dist	2:58.23
8	Susi Crosby	Ucluelet	3:02.00

Event 127 Women 1500 Meter Run Gr 8

Lane	Name	Team	Seed Time
Section 1 of 1 Finals			
1	Kia Castillo	Pacific Chri	6:07.83
2	Annika Waite	Ballenas Sec	6:08.10
3	Danielle Doherty	Duncan Chris	6:10.57
4	Jessie Bell	Kwalikum Sec	6:30.00
5	Elise Nelson	Lake Cowicha	6:30.37
6	Linnea Wiggers	Nanaimo Dist	6:46.63
7	Adah Godley	John Barsby	7:03.00
8	Hailey Hickman	Highland Sec	7:10.24
9	Elizabeth Campbell	Campbell Riv	7:46.41

Event 129 Women 3000 Meter Run Gr 8

Lane	Name	Team	Seed Time
Section 1 of 1 Finals			
1	Jada Kamerman	Nanaimo Chri	12:50.00
2	Danielle Doherty	Duncan Chris	13:46.00
3	Kia Castillo	Pacific Chri	13:47.09

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Event 131 Women 80 Meter Hurdles Gr 8

Lane	Name	Team	Seed Time
Section 1 of 1 Finals			
3	Hailey Hickman	Highland Sec	18.03
4	Lacie Simmons	Phoenix Midd	14.69
5	Mackenzie Stevens	Highland Sec	16.74

Event 133 Women 200 Meter Hurdles Gr 8

Lane	Name	Team	Seed Time
Section 1 of 1 Finals			
4	Annika Waite	Ballenas Sec	32.64

Event 145 Women 4x100 Meter Relay Gr 8**Top 8 Advance by Time**

Lane	Team	Relay	Seed Time
Heat 1 of 1 Prelims			
3	Quamichan Sc	A	1:02.00
4	Dover Bay Se	A	58.19
5	St. Andrews'	A	1:00.06
6	Dover Bay Se	B	1:02.39

Event 147 Women 4x400 Meter Relay Gr 8

Lane	Team	Relay	Seed Time
Section 1 of 1 Finals			
4	Dover Bay Se	A	5:00.01
5	Queen Margar	A	5:44.39

Event 135 Women High Jump Gr 8

Pos	Name	Team	Seed Mark
Flight 1 of 1 Finals			
1	Elizabeth Campbell	Campbell Riv	1.15m
2	Maren McKeown	St. Andrews'	1.15m
3	Kalayah St. Amand	Quamichan Sc	1.20m
4	Sydney Easthom	Ballenas Sec	1.20m
5	Mia Widner	St. Andrews'	1.20m
6	Allison McQuay	St. Andrews'	1.20m
7	Lacie Simmons	Phoenix Midd	1.25m
8	Naomi Morrow	Southgate Mi	1.25m
9	Sasha McQueen	Quamichan Sc	1.25m
10	Lucy McAllister	Queen Margar	1.30m
11	Ava Leary	Kwalikum Sec	1.35m
12	Mackenzie Stevens	Highland Sec	1.40m
13	Natasha Copley	Pacific Chri	1.44m
14	Sylena Klassen	Brooks Secon	1.45m
15	Emma Kirk	Nanaimo Dist	1.50m

Event 137 Women Long Jump Gr 8

Pos	Name	Team	Seed Mark
Flight 1 of 1 Finals			
1	Elsa Wagner	Ucluelet	2.81m
2	Susi Crosby	Ucluelet	3.04m
3	Mekiah Duck	Dover Bay Se	3.17m
4	Ariel Copley	Pacific Chri	3.57m
5	Danielle Doherty	Duncan Chris	3.58m
6	Christa Garcia	Dover Bay Se	3.64m
7	Natasha Copley	Pacific Chri	3.70m
8	Erika Fay	Dover Bay Se	3.84m
9	Lucy Wiggers	Nanaimo Dist	3.85m
10	Maya Harbo	Aspengrove S	3.91m
11	Sohni Dhaliwal	St. Andrews'	3.92m
12	Sydney Easthom	Ballenas Sec	4.00m
13	Montanna Stewart	Nanaimo Dist	4.00m
14	Kalayah St. Amand	Quamichan Sc	4.00m
15	Dara De Vries	Duncan Chris	4.06m
16	Sylena Klassen	Brooks Secon	4.15m
17	Amber Ince	Queen Margar	4.25m
18	Adah Godley	John Barsby	4.50m
19	Ella Descoteau	Brentwood Co	4.74m

Event 150 Women Triple Jump Gr 8

Pos	Name	Team	Seed Mark
Flight 1 of 1 Finals			
1	Aniela Hagen	Queen Margar	7.02m
2	Amber Ince	Queen Margar	7.98m
3	Erika Fay	Dover Bay Se	8.45m
4	Montanna Stewart	Nanaimo Dist	8.84m
5	Lacie Simmons	Phoenix Midd	9.13m
6	Emma Kirk	Nanaimo Dist	9.24m
7	Sylena Klassen	Brooks Secon	9.36m

Event 141 Women Shot Put Gr 8

Pos	Name	Team	Seed Mark
Flight 1 of 1 Finals			
1	Denzy James	Queen Margar	5.82m
2	Ann Noreen Delupis	St. Andrews'	6.24m
3	Morgan Flint	Dover Bay Se	6.51m
4	Sohni Dhaliwal	St. Andrews'	6.67m
5	Makenna Paugh	Wellington S	6.76m
6	Samantha Kostamo	Quamichan Sc	6.96m
7	Carys Taylor	Dover Bay Se	7.05m
8	Avary Wynia	Dover Bay Se	7.09m
9	Mary Paridaen-Van Veen	Quamichan Sc	7.43m
10	Annika Waite	Ballenas Sec	7.58m
11	Brynn Geddes	Alberni Dist	7.64m
12	Gabrielle Morfitt	Highland Sec	7.87m
13	Addie Nikula	Kwalikum Sec	8.14m
14	Maren McKeown	St. Andrews'	8.16m

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Event 139 Women Javelin Throw Gr 8

Pos	Name	Team	Seed Mark
Flight 1 of 1 Finals			
1	Elizabeth Campbell	Campbell Riv	9.05m
2	Ann Noreen Delupis	St. Andrews'	11.79m
3	Sydney Easthom	Ballenas Sec	12.00m
4	Molly Cole	Ballenas Sec	12.00m
5	Elise Nelson	Lake Cowicha	15.07m
6	Samantha Kostamo	Quamichan Sc	15.93m
7	Chelsea Wright	Quamichan Sc	17.10m
8	Makenna Paugh	Wellington S	17.85m
9	Jianna Silver	Alberni Dist	18.09m
10	Brooklyn Barootes	Aspengrove S	18.13m
11	Nina Lionas	Quamichan Sc	19.84m
12	Gabrielle Morfitt	Highland Sec	20.34m
13	Brynn Geddes	Alberni Dist	20.47m
14	Kiana Danielson	Campbell Riv	20.52m
15	Emma Kirk	Nanaimo Dist	25.19m

Event 29 Women 100 Meter Dash Junior**Top 8 Advance by Time**

Lane	Name	Team	Seed Time
Heat 1 of 6 Prelims			
1	Natasha Keith	Ballenas Sec	15.16
2	Blanc Ros Moreno	Parkland Sec	14.43
3	Sara Hurt	Dover Bay Se	13.85
4	Katia Bannister	Chemainus Se	12.38
5	Emma-Gail Woike	Queen of Ang	13.81
6	Molly Hardy	GP Vanier	14.42
7	Marina May	Highland Sec	15.83
Heat 2 of 6 Prelims			
1	Alex Vinzenz	Mark Isfled	15.00
2	Cassidy Card	Lambrick Par	14.55
3	Alex Kurz	Esquimalt	14.00
4	Jessica Lal	Pacific Chri	13.45
5	Amber Lees	Brentwood Co	13.80
6	Eva Gieseke	Stellys	14.29
7	Maren Longman	Alberni Dist	16.00
Heat 3 of 6 Prelims			
1	Sheridan Osterman	GP Vanier	14.83
2	Adrienne Chow	Maria Montes	14.75
3	Elena Skalik	Carihi Secon	14.05
4	Julia Preston	Oak Bay Seco	13.63
5	Chloe Blume	Lake Cowicha	13.75
6	Avarie Kehn	Lambrick Par	14.11
7	Kassandra Greenwood	Highland Sec	17.85
8	Kailena Krutzman	Mark Isfled	18.00

Heat 4 of 6 Prelims

1	Ella Jones	St. Michaels	14.90
2	Taylor Kerr	Ballenas Sec	14.70
3	Maya Segato	St. Andrews'	14.03
4	Louisa Krusekopf	Belmont Seco	13.53
5	Anna Friesen	Oak Bay Seco	13.76
6	Tess Sawkins	Lambrick Par	14.12
7	Ella Page	Dover Bay Se	16.77

Heat 5 of 6 Prelims

1	Grace Zenko	Alberni Dist	14.92
2	Hope Isenor	GP Vanier	14.69
3	Victoria Porcher	Mark Isfled	14.00
4	Caelyn Huebner	Esquimalt	13.46
5	Maya Morgan	Oak Bay Seco	13.78
6	Antonia Fay	Royal Bay	14.14
7	Bianka Moffitt	Highland Sec	16.73

Heat 6 of 6 Prelims

1	Zoe Topshee	Esquimalt	15.00
2	Jamie Bollinger	Cedar Commun	14.46
3	Ella Ostrikoff	Dover Bay Se	13.88
4	Alexis Van Den Bulk	Parkland Sec	13.42
5	Charlotte Blecha	Victoria Hig	13.80
6	Emma Francis-Kuhn	St. Andrews'	14.30
7	Teagan Johnson	Mark Isfled	16.00

Event 47 Women 200 Meter Dash Junior**8 Advance: Top 1 Each Heat plus Next 4 Best Times**

Lane	Name	Team	Seed Time
Heat 1 of 4 Prelims			
1	Avarie Kehn	Lambrick Par	31.11
2	Victoria Porcher	Mark Isfled	30.00
3	Brooke Furtado	Claremont	29.33
4	Katia Bannister	Chemainus Se	26.70
5	Sara Hurt	Dover Bay Se	28.65
6	Grace Zenko	Alberni Dist	29.93
7	Amber Lees	Brentwood Co	31.56
8	Kassandra Greenwood	Highland Sec	38.50
Heat 2 of 4 Prelims			
1	Tess Sawkins	Lambrick Par	31.11
2	Jolyn Yan	Brookes West	30.26
3	Cassidy Card	Lambrick Par	29.46
4	Sonya Urbanowicz	Dover Bay Se	27.74
5	Ella Ostrikoff	Dover Bay Se	28.64
6	Hannah Evans	Alberni Dist	29.87
7	Payton Fralick	Highland Sec	31.95
8	Chloe Cady	Brentwood Co	34.59

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Heat 3 of 4 Prelims...(Event 47 Women 200 Meter Dash Junior)

1	Ashley Keen	Highland Sec	31.15
2	Blanc Ros Moreno	Parkland Sec	30.00
3	Elena Skalik	Carihi Secon	29.29
4	Meghan Sheehan	Mark Isfled	26.68
5	Louisa Krusekopf	Belmont Seco	28.67
6	Lexy Lazenby	Quamichan Sc	30.00
7	Macaila Matte	Belmont Seco	31.45
8	Kailena Krutzman	Mark Isfled	40.00

Heat 4 of 4 Prelims

1	Carys Menard	Wellington S	30.52
2	Emma Francis-Kuhn	St. Andrews'	30.50
3	Antonia Fay	Royal Bay	29.58
4	Alexis Van Den Bulk	Parkland Sec	27.89
5	Taylor Kerr	Ballenas Sec	28.00
6	Julianne Stanton	Belmont Seco	29.67
7	Tanisha Virk	Belmont Seco	32.17
8	Sanoe Hollanders	Timberline S	33.59

Event 7 Women 400 Meter Dash Junior**8 Advance: Top 1 Each Heat plus Next 5 Best Times****Lane Name Team Seed Time****Heat 1 of 3 Prelims**

1	Isabelle Parsons	Nanaimo Dist	1:17.99
2	Olivia Schubert	Claremont	1:14.00
3	Olivia Friesen	Oak Bay Seco	1:06.50
4	Meghan Sheehan	Mark Isfled	1:01.88
5	Shreya Sivakumar	Mount Dougla	1:06.43
6	Naeva Scott Bouris	Reynolds Sec	1:13.00
7	Sanoe Hollanders	Timberline S	1:19.14

Heat 2 of 3 Prelims

1	Kalea Dupont	Nanaimo Chri	1:16.10
2	Jocelyn Zhao	St. Michaels	1:14.99
3	Trinity Aragon-Scriven	Lambrick Par	1:10.11
4	Ines Ciccateri	Oak Bay Seco	1:03.40
5	Charlotte Blecha	Victoria Hig	1:03.90
6	Chloe Cady	Brentwood Co	1:12.00

Heat 3 of 3 Prelims

1	Alex Kurz	Esquimalt	1:17.00
2	Kali Lancaster	Reynolds Sec	1:14.00
3	Iris Tinmouth	Mark Isfled	1:10.00
4	Gabi Kinnis	Victoria Hig	1:02.45
5	Antonia Fay	Royal Bay	1:04.50
6	Delaney Irving	Dover Bay Se	1:12.69
7	Alex Vinzenz	Mark Isfled	1:25.00

Event 39 Women 800 Meter Run Junior**Lane Name Team Seed Time****Section 1 of 3 Finals**

1	Charlie Roberts	Queen of Ang	3:00.32
2	Valentina Pacheco	Dover Bay Se	3:00.00
3	Isabelle Parsons	Nanaimo Dist	2:56.11
4	Teagan Johnson	Mark Isfled	2:49.00
5	Jocelyn Zhao	St. Michaels	2:54.58
6	Emily Nimmo	Brentwood Co	2:56.76
7	Jordan Connors	Nanaimo Dist	3:01.65
8	Eva Gieseke	Stellys	3:16.05

Section 2 of 3 Finals

1	Bianca Parcher	Nanaimo Dist	2:47.33
2	Kali Lancaster	Reynolds Sec	2:42.80
3	Grace Fulton	St. Andrews'	2:40.10
4	Lily Mannall-Fretwell	Summerland M	2:39.08
5	Elena Sales	Kwalikum Sec	2:39.71
6	Teagan Hunt	Lambrick Par	2:41.00
7	Kayla Grimmer	Nanaimo Dist	2:48.11
8	Devin Moore	Nanaimo Dist	2:48.18

Section 3 of 3 Finals

1	Anna Chatterton	Carihi Secon	2:34.94
2	Emily Hunt	Alberni Dist	2:32.51
3	Gabi Kinnis	Victoria Hig	2:26.51
4	Kate Cameron	Nanaimo Dist	2:24.11
5	Shreya Sivakumar	Mount Dougla	2:25.00
6	Lucia Palma	Victoria Hig	2:29.00
7	Naeva Scott Bouris	Reynolds Sec	2:36.20
8	Trinity Aragon-Scriven	Lambrick Par	2:38.00

Event 11 Women 1500 Meter Run Junior**Lane Name Team Seed Time****Section 1 of 2 Finals**

1	Margo Blumel	Quamichan Sc	6:10.00
2	Valentina Pacheco	Dover Bay Se	6:15.00
3	Momoko Hamer	Spectrum Com	6:27.08
4	Charlie Roberts	Queen of Ang	6:29.22
5	Devin Moore	Nanaimo Dist	6:35.11
6	Jordan Connors	Nanaimo Dist	6:36.11
7	Teagan Johnson	Mark Isfled	9:00.00

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Section 2 of 2 Finals...(Event 11 Women 1500 Meter Run Junior)

1	Jamie Harker	Summerland M	5:08.85
2	Kate Cameron	Nanaimo Dist	5:11.11
3	Emma Vizina	Mount Dougla	5:12.32
4	Lucia Palma	Victoria Hig	5:15.05
5	Olivia Hopkins	Claremont	5:17.00
6	Kyra Gillette	Nanaimo Dist	5:18.11
7	Olivia Schubert	Claremont	5:20.00
8	Grace Fulton	St. Andrews'	5:24.40
9	Naeva Scott Bouris	Reynolds Sec	5:27.70
10	Emily Hunt	Alberni Dist	5:32.60
11	Anna Chatterton	Carihi Secon	5:50.00
12	Bianca Parcher	Nanaimo Dist	5:52.00
13	Kayla Grimmer	Nanaimo Dist	5:52.53
14	Elena Sales	Kwalikum Sec	6:00.00
15	Iris Tinmouth	Mark Isfled	6:00.00
16	Sasha Urbanc	St. Andrews'	6:04.50

Event 51 Women 3000 Meter Run Junior

Lane	Name	Team	Seed Time
Section 1 of 1 Finals			
1	Iris Tinmouth	Mark Isfled	10:26.00
2	Jamie Harker	Summerland M	11:09.09
3	Teagan Hunt	Lambrick Par	11:11.00
4	Emma Vizina	Mount Dougla	11:18.90
5	Kyra Gillette	Nanaimo Dist	11:24.11
6	Olivia Hopkins	Claremont	11:26.00
7	Anna Chatterton	Carihi Secon	11:30.16
8	Olivia Schubert	Claremont	11:36.00
9	Mackenzie Loyer	Alberni Dist	11:42.95
10	Alexa Berg	Dover Bay Se	12:17.20
11	Emma Campbell	Victoria Hig	12:58.05

Event 23 Women 80 Meter Hurdles Junior

Lane	Name	Team	Seed Time
Section 1 of 3 Finals			
3	Kassandra Greenwood	Highland Sec	19.23
4	Marina May	Highland Sec	17.38
5	Julianne Stanton	Belmont Seco	17.60
Section 2 of 3 Finals			
1	Payton Fralick	Highland Sec	16.97
2	Ella Jones	St. Michaels	16.91
3	Sophia Burbee	Reynolds Sec	16.20
4	Viktoria Kobe	Royal Bay	14.99
5	Natasha Keith	Ballenas Sec	16.00
6	Meagan Macvicar	Kwalikum Sec	16.56
Section 3 of 3 Finals			
1	Brooke Furtado	Claremont	14.10
2	Addy Chow	Oak Bay Seco	14.10
3	Anna Friesen	Oak Bay Seco	13.01
4	Emily Carlson	Frances Kels	12.87
5	Brooklyn Vanderkemp	Brooks Secon	13.00
6	Maya Morgan	Oak Bay Seco	13.80
7	Alison Ruegg	Brooks Secon	14.21
8	Kayden Piniewski	Brooks Secon	14.22

Event 103 Women 300 Meter Hurdles Junior

Lane	Name	Team	Seed Time
Section 1 of 1 Finals			
1	Lana Rummel	Oak Bay Seco	56.62
2	Addy Chow	Oak Bay Seco	53.42
3	Kayden Piniewski	Brooks Secon	53.10
4	Brooklyn Vanderkemp	Brooks Secon	49.00
5	Tyza Skuse	Carihi Secon	51.09
6	Olivia Murphy	Oak Bay Seco	53.24
7	Viktoria Kobe	Royal Bay	57.00

Event 3 Women 1500 Meter Steeplechase Junior

Lane	Name	Team	Seed Time
Section 1 of 1 Finals			
1	Beatrix White	Mount Dougla	5:35.23
2	Kyra Gillette	Nanaimo Dist	5:47.11
3	Caelyn Huebner	Esquimalt	6:14.00
4	Charlotte Blecha	Victoria Hig	6:22.40
5	Alex Kurz	Esquimalt	7:35.00
6	Mackenzie Loyer	Alberni Dist	8:08.14

Event 19 Women 4x100 Meter Relay Junior

8 Advance: Top 2 Each Heat plus Next 4 Best Times			
Lane	Team	Relay	Seed Time
Heat 1 of 2 Prelims			
1	Highland Sec	A	1:00.50
2	Alberni Dist	A	57.02
3	Belmont Seco	A	55.65
4	Dover Bay Se	A	52.92
5	Lambrick Par	B	55.11
6	Parkland Sec	A	56.01
Heat 2 of 2 Prelims			
1	GP Vanier	A	58.96
2	Brooks Secon	A	58.00
3	Quamichan Sc	A	56.00
4	Lambrick Par	A	53.13
5	Oak Bay Seco	A	53.24
6	Frances Kels	A	56.00

Event 107 Women 4x400 Meter Relay Junior

Lane	Team	Relay	Seed Time
Section 1 of 1 Finals			
2	Nanaimo Dist	A	4:58.11
3	Lambrick Par	A	4:44.00
4	Alberni Dist	A	4:38.00
5	Oak Bay Seco	A	4:42.24
6	Victoria Hig	A	4:51.00

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Event 97 Women High Jump Junior

Pos	Name	Team	Seed Mark
Flight 1 of 1 Finals			
1	Bianka Moffitt	Highland Sec	1.20m
2	Jocelyn Zhao	St. Michaels	1.20m
3	Olivia Wei	St. Andrews'	1.20m
4	Oriana Fairbrother	Oak Bay Seco	1.25m
5	Sarah Paprotny	St. Andrews'	1.25m
6	Layla Kuebler	Stellys	1.25m
7	Ella Jones	St. Michaels	1.30m
8	Ariadne Greekas	Collaborativ	1.30m
9	Kiera Hutcheson	Oak Bay Seco	1.30m
10	Gina Martin	Quamichan Sc	1.30m
11	Margo Blumel	Quamichan Sc	1.35m
12	Michelle Mulcahy	Nanaimo Chri	1.35m
13	Nadia Greaves	Lake Trail M	1.35m
14	Olivia Murphy	Oak Bay Seco	1.35m
15	Tahara Brown	Frances Kels	1.40m
16	Jayda Lauzon	Frances Kels	1.50m
17	Sarah Carson	Frances Kels	1.50m
18	Charlie Graham	GP Vanier	1.55m
19	Alison Ruegg	Brooks Secon	1.57m

Event 86 Women Pole Vault Junior

Pos	Name	Team	Seed Mark
Flight 1 of 1 Finals			
1	Marilla Pekter	Oak Bay Seco	2.25m
2	Tyza Skuse	Carihi Secon	2.30m
3	Sonya Urbanowicz	Dover Bay Se	2.80m
4	Lundman Olivia	Dover Bay Se	3.00m

Event 81 Women Long Jump Junior

Pos	Name	Team	Seed Mark
Flight 1 of 1 Finals			
1	Alex Vinzenz	Mark Isfled	2.02m
2	Zoe Ey	Gold River S	3.00m
3	Ella Page	Dover Bay Se	3.16m
4	Emi Groves	St. Andrews'	3.41m
5	Marina May	Highland Sec	3.43m
6	Payton Fralick	Highland Sec	3.52m
7	Lily Mannall-Fretwell	Summerland M	3.54m
8	Charlie Graham	GP Vanier	3.56m
9	Ashley Keen	Highland Sec	3.60m
10	Molly Hardy	GP Vanier	3.64m
11	Maren Longman	Alberni Dist	3.67m
12	Jordan Connors	Nanaimo Dist	3.72m
13	Ariadne Greekas	Collaborativ	3.74m
14	Kalea Dupont	Nanaimo Chri	3.79m
15	Sheridan Osterman	GP Vanier	3.85m
16	Georgia Devenport	St. Andrews'	3.86m
17	Jamie Bollinger	Cedar Commun	3.93m
18	Portia Bernar	Alberni Dist	4.01m
19	Eva Gieseke	Stellys	4.05m
20	Hannah Evans	Alberni Dist	4.12m
21	Elena Skalik	Carihi Secon	4.14m
22	Hope Isenor	GP Vanier	4.14m
23	Emma-Gail Woike	Queen of Ang	4.15m
24	Amber Lees	Brentwood Co	4.18m
25	Ella Ostrikoff	Dover Bay Se	4.23m
26	Sarah Carson	Frances Kels	4.30m
27	Emma Francis-Kuhn	St. Andrews'	4.41m
28	Olivia Murphy	Oak Bay Seco	4.43m
29	Anna Friesen	Oak Bay Seco	4.59m
30	Tahara Brown	Frances Kels	4.60m
31	Madison Paugh	Wellington S	4.63m
32	Lana Rummel	Oak Bay Seco	4.74m
33	Jayda Lauzon	Frances Kels	4.76m
34	Sara Hurt	Dover Bay Se	4.80m

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Event 57 Women Triple Jump Junior

Pos	Name	Team	Seed Mark
Flight 1 of 1 Finals			
1	Caroline Palfy	Oak Bay Seco	8.26m
2	Sophia Burbee	Reynolds Sec	8.45m
3	Georgia Devenport	St. Andrews'	8.48m
4	Margo Blumel	Quamichan Sc	8.67m
5	Ashley Keen	Highland Sec	8.98m
6	Jayda Lauzon	Frances Kels	9.05m
7	Alison Ruegg	Brooks Secon	9.15m
8	Carys Menard	Wellington S	9.19m
9	Kayden Piniewski	Brooks Secon	9.31m
10	Sarah Carson	Frances Kels	9.50m
11	Lana Rummel	Oak Bay Seco	9.56m
12	Tahara Brown	Frances Kels	9.57m
13	Olivia Friesen	Oak Bay Seco	9.61m
14	Tyza Skuse	Carihi Secon	9.77m
15	Caelyn Huebner	Esquimalt	10.00m
16	Zoe Topsyhee	Esquimalt	10.00m
17	Madison Paugh	Wellington S	10.53m

Event 62 Women Shot Put 3 kg Junior

Pos	Name	Team	Seed Mark
Flight 1 of 1 Finals			
1	Kailena Krutzman	Mark Isfld	2.02m
2	Cortney Cameron	Alberni Dist	6.04m
3	Sophia O'Connor	Cowichan Sec	6.05m
4	Cali Kennedy	Reynolds Sec	6.09m
5	Kaydence Harris	Carihi Secon	6.90m
6	Mersedez Wonnacott	Dover Bay Se	6.90m
7	Hailey Sampson	Belmont Seco	6.93m
8	Zoe Ey	Gold River S	7.00m
9	Megan Netzer	Alberni Dist	7.32m
10	Ariadne Greekas	Collaborativ	7.36m
11	Ashley Poppe	Quamichan Sc	7.65m
12	Brynn Vandervaate	Highland Sec	7.67m
13	Ashleigh Buholzer	Brooks Secon	8.06m
14	Bailey Rossnagel	Nanaimo Dist	8.08m
15	Victoria Dailey	Cowichan Sec	8.38m
16	Kenzie Cameron	Nanaimo Dist	8.49m
17	Gina Martin	Quamichan Sc	8.64m
18	Tessa Griffin	Oak Bay Seco	8.65m
19	Avery Mickelberry	Oak Bay Seco	8.66m
20	Teela Trottier	Brooks Secon	9.04m
21	Bella Hall	Alberni Dist	9.72m
22	Wishva Kosgoda	Mount Dougla	9.82m

Event 87 Women Discus Throw 1 kg Junior

Pos	Name	Team	Seed Mark
Flight 1 of 1 Finals			
1	Evelyn Trepke	Cedar Commun	10.60m
2	Beatrix White	Mount Dougla	11.62m
3	Cortney Cameron	Alberni Dist	12.23m
4	Hailey Sampson	Belmont Seco	13.02m
5	Megan Netzer	Alberni Dist	14.39m
6	Tessa Griffin	Oak Bay Seco	15.52m
7	Kaydence Harris	Carihi Secon	15.98m
8	Avery Mickelberry	Oak Bay Seco	17.06m
9	Sacha Baker	Queen Margar	17.44m
10	Brynn Vandervaate	Highland Sec	17.79m
11	Lily Parker	Oak Bay Seco	17.83m
12	Teela Trottier	Brooks Secon	18.66m
13	Ashleigh Buholzer	Brooks Secon	18.96m
14	Zoe Ey	Gold River S	18.96m
15	Emma-Gail Woike	Queen of Ang	20.21m
16	Bailey Rossnagel	Nanaimo Dist	20.65m
17	Kenzie Cameron	Nanaimo Dist	24.34m
18	Alexis Van Den Bulk	Parkland Sec	24.52m
19	Bella Hall	Alberni Dist	27.02m
20	Wishva Kosgoda	Mount Dougla	30.18m

Event 92 Women Hammer Throw 3 kg Junior

Pos	Name	Team	Seed Mark
Flight 1 of 1 Finals			
1	Teela Trottier	Brooks Secon	21.02m
2	Victoria Dailey	Cowichan Sec	23.00m
3	Lexy Lazenby	Quamichan Sc	24.97m
4	Gina Martin	Quamichan Sc	25.00m
5	Wishva Kosgoda	Mount Dougla	35.65m
6	Bella Hall	Alberni Dist	39.82m

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Event 75 Women Javelin Throw 500 gram Junior

Pos	Name	Team	Seed Mark
Flight 1 of 1 Finals			
1	Hailey Sampson	Belmont Seco	13.38m
2	Evelyn Trepke	Cedar Commun	13.98m
3	Cassidy Card	Lambrick Par	14.37m
4	Taylor Kerr	Ballenas Sec	15.00m
5	Kaydence Harris	Carihi Secon	15.54m
6	Brynn Vandervaate	Highland Sec	15.54m
7	Mersedez Wonnacott	Dover Bay Se	16.81m
8	Courtney Price	Alberni Dist	16.87m
9	Sophia O'Connor	Cowichan Sec	18.12m
10	Kenzie Cameron	Nanaimo Dist	18.31m
11	Ines Ciccateri	Oak Bay Seco	18.46m
12	Jessica Lal	Pacific Chri	19.20m
13	Sophia Burbee	Reynolds Sec	19.38m
14	Tessa Griffin	Oak Bay Seco	19.63m
15	Viktoria Kobe	Royal Bay	19.94m
16	Ashleigh Buholzer	Brooks Secon	20.00m
17	Trinity Aragon-Scriven	Lambrick Par	20.24m
18	Lauren Randall-Guy	St. Michaels	20.79m
19	Victoria Dailey	Cowichan Sec	23.73m
20	Bailey Rossnagel	Nanaimo Dist	24.09m
21	Avery Mickelberry	Oak Bay Seco	25.36m
22	Madison Paugh	Wellington S	25.38m
23	Maeve Connorton	Lambrick Par	29.82m
24	Sonya Urbanowicz	Dover Bay Se	31.90m

Event 109 Women 1500 Meter Race Walk Junior

Lane	Name	Team	Seed Time
Section 1 of 1 Finals			
1	Lundman Olivia	Dover Bay Se	7:12.04
2	Chloe Cady	Brentwood Co	10:15.00
3	Johanna Weir	Oak Bay Seco	10:24.00
4	Evelyn Trepke	Cedar Commun	11:09.69
5	Sadie Leal	Oak Bay Seco	12:25.00

Event 31 Women 100 Meter Dash Senior**8 Advance: Top 1 Each Heat plus Next 5 Best Times**

Lane	Name	Team	Seed Time
Heat 1 of 3 Prelims			
1	Natalia Yevtushenko	Mount Dougla	15.69
2	Carley Buckley	Highland Sec	14.70
3	Elise Therrien	Nanaimo Dist	13.64
4	Angelina Shandro	St. Michaels	12.68
5	Kylea Knubley	Highland Sec	13.57
6	Ally McLeod	Alberni Dist	14.56
7	Anna Takagi	Mount Dougla	16.00

Heat 2 of 3 Prelims

1	Adwoa Mensah-Agyekum	Nanaimo Dist	15.36
2	Vivienne Nguyen	Royal Bay	14.76
3	Rebecca Vowles	Claremont	13.97
4	Olivia Fenton	Oak Bay Seco	12.90
5	Mickeely Rippin	Maria Montes	13.45
6	Samantha Konyu	Stellys	14.38
7	Ena Miyata	Esquimalt	17.00

Heat 3 of 3 Prelims

1	Nicole Hague	Kwalikum Sec	15.22
2	Tatiana Jarvis	GP Vanier	15.08
3	Katie Lyman	Mount Dougla	14.12
4	Juliette Desvaux	Ballenas Sec	12.96
5	Taleesha Hall	Oak Bay Seco	13.37
6	Nnya Mbaoma	Dover Bay Se	14.24
7	Moeka Nakane	Esquimalt	17.23

Event 49 Women 200 Meter Dash Senior**8 Advance: Top 1 Each Heat plus Next 5 Best Times**

Lane	Name	Team	Seed Time
Heat 1 of 3 Prelims			
1	Rebecca Suits	Alberni Dist	31.25
2	Rebecca Vowles	Claremont	29.97
3	Rebecca Dutchak	Claremont	28.05
4	Juliette Desvaux	Ballenas Sec	26.01
5	Olivia Fenton	Oak Bay Seco	27.19
6	Angelique Kennedy	GP Vanier	28.80
7	Natalia Yevtushenko	Mount Dougla	33.69
Heat 2 of 3 Prelims			
1	Therese Mortejo	St. Michaels	33.00
2	Carley Buckley	Highland Sec	29.60
3	Kylea Knubley	Highland Sec	27.95
4	Angelina Shandro	St. Michaels	25.56
5	Mickeely Rippin	Maria Montes	27.93
6	Cordel Tromp	St. Michaels	29.00
7	Nanako Sugita	Esquimalt	33.00
Heat 3 of 3 Prelims			
1	Mona Wiemers	Royal Bay	31.14
2	Vivienne Nguyen	Royal Bay	30.58
3	Taleesha Hall	Oak Bay Seco	28.08
4	Camryn Cline	Brooks Secon	26.20
5	Makayla Dickinson	Oak Bay Seco	26.43
6	Nnya Mbaoma	Dover Bay Se	28.80

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Event 9 Women 400 Meter Dash Senior**8 Advance: Top 1 Each Heat plus Next 4 Best Times**

Lane	Name	Team	Seed Time
Heat 1 of 1 Prelims			
1	Fynn La Boucan	Esquimalt	1:09.48
2	Suzie Stone	St. Michaels	1:06.97
3	Emily Friesen	Dover Bay Se	1:05.72
4	Angelina Shandro	St. Michaels	57.15
5	Camryn Cline	Brooks Secon	1:05.00
6	Cordel Tromp	St. Michaels	1:06.94
7	Nanako Sugita	Esquimalt	1:15.00
8	Lena Noack	Nanaimo Dist	1:16.15

Event 41 Women 800 Meter Run Senior

Lane	Name	Team	Seed Time
Section 1 of 2 Finals			
3	Esther Van Mol	Highland Sec	2:56.20
4	Suzie Stone	St. Michaels	2:40.97
5	Lucy MacDonald	Esquimalt	2:47.00
6	Iroha Suzuki	Ballenas Sec	2:56.90
Section 2 of 2 Finals			
1	Fynn La Boucan	Esquimalt	2:37.00
2	Shaeleen Mihalynuk	St. Andrews'	2:29.90
3	Katharina Schonn	Oak Bay Seco	2:24.00
4	Alisa Lyesina	Oak Bay Seco	2:08.60
5	Izzy Champion	St. Michaels	2:20.64
6	Emily Friesen	Dover Bay Se	2:29.39
7	Rhiannon Terpstra	Kwalikum Sec	2:37.64
8	Lena Noack	Nanaimo Dist	2:40.00

Event 13 Women 1500 Meter Run Senior

Lane	Name	Team	Seed Time
Section 1 of 1 Finals			
1	Alisa Lyesina	Oak Bay Seco	4:28.80
2	Colette Reimer	Summerland M	4:40.90
3	Delaney Chan	Oak Bay Seco	4:53.00
4	Jessica Castle	Cowichan Sec	4:54.86
5	Izzy Champion	St. Michaels	4:56.00
6	Sarah Bryan	Oak Bay Seco	5:06.00
7	Rachel Ward	Nanaimo Chri	5:14.00
8	Shaeleen Mihalynuk	St. Andrews'	5:18.00
9	Sarah Luedke	Dover Bay Se	5:30.00
10	Fynn La Boucan	Esquimalt	5:40.00
11	Rhiannon Terpstra	Kwalikum Sec	5:40.41
12	Lena Noack	Nanaimo Dist	5:45.82
13	Olivia Wildman	Cedar Commu	6:21.16
14	Angel Lan	St. Michaels	6:35.40

Event 53 Women 3000 Meter Run Senior

Lane	Name	Team	Seed Time
Section 1 of 1 Finals			
1	Delaney Chan	Oak Bay Seco	10:43.00
2	Colette Reimer	Summerland M	10:48.01
3	Sarah Bryan	Oak Bay Seco	11:06.00
4	Rachel Ward	Nanaimo Chri	11:26.44
5	Sarah Luedke	Dover Bay Se	12:04.94
6	Tayah Giesbrecht	Oak Bay Seco	12:19.00
7	Joanna Waite	Ballenas Sec	14:00.00
8	Angel Lan	St. Michaels	14:02.02

Event 25 Women 100 Meter Hurdles Senior**Top 8 Advance by Time**

Lane	Name	Team	Seed Time
Heat 1 of 1 Prelims			
1	Crystal Pond	Highland Sec	24.97
2	Isabella Wheaton	Belmont Seco	21.10
3	Lea Buchler	Ballenas Sec	18.00
4	Samantha Baron	Brooks Secon	15.12
5	Mimosa Schulz	Lambrick Par	16.40
6	Angelique Kennedy	GP Vanier	18.05
7	Linh Tran	St. Andrews'	26.80

Event 105 Women 400 Meter Hurdles Senior**8 Advance: Top 2 Each Heat plus Next 4 Best Times**

Lane	Name	Team	Seed Time
Heat 1 of 2 Prelims			
1	Angelique Kennedy	GP Vanier	1:32.50
2	Mona Wiemers	Royal Bay	1:25.00
3	Julina Benjamin	Nanaimo Dist	1:17.74
4	Mimosa Schulz	Lambrick Par	1:10.00
5	Elise Therrien	Nanaimo Dist	1:12.80
6	Crystal Pond	Highland Sec	1:18.00
Heat 2 of 2 Prelims			
1	Linh Tran	St. Andrews'	1:34.40
2	Kenzi Farish	St. Michaels	1:22.80
3	Elise Cole	Ballenas Sec	1:13.70
4	Samantha Baron	Brooks Secon	1:04.00
5	Rebecca Vowles	Claremont	1:13.00
6	Sophia Lewis	Belmont Seco	1:22.00

Event 33 Women 1500 Meter Steeplechase Senior

Lane	Name	Team	Seed Time
Section 1 of 1 Finals			
1	Jessica Castle	Cowichan Sec	5:20.67
2	Shaeleen Mihalynuk	St. Andrews'	6:06.30
3	Sophia Lewis	Belmont Seco	6:40.00
4	Rachel Ward	Nanaimo Chri	6:45.00
5	Sophie Collins	Mount Dougla	6:48.85
6	Brecken Sales	Mount Dougla	7:27.89
7	Janet Dawson	Mount Dougla	7:30.00

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Event 21 Women 4x100 Meter Relay Senior**8 Advance: Top 2 Each Heat plus Next 4 Best Times**

Lane	Team	Relay	Seed Time
Heat 1 of 2 Prelims			
1	Cedar Commun	A	1:00.70
2	Dover Bay Se	A	58.00
3	Carihi Secon	A	54.00
4	Oak Bay Seco	A	52.36
5	Alberni Dist	A	54.00
6	Claremont	B	56.19
7	Esquimalt	B	1:02.34
Heat 2 of 2 Prelims			
1	Esquimalt	A	59.50
2	Ballenas Sec	A	59.00
3	Mount Dougla	A	55.46
4	Nanaimo Dist	A	53.05
5	St. Andrews'	A	53.60
6	Claremont	A	56.06

Event 35 Women 4x400 Meter Relay Senior**Top 8 Advance by Time**

Lane	Team	Relay	Seed Time
Heat 1 of 1 Prelims			
2	Mount Dougla	A	4:42.82
3	St. Michaels	A	4:13.28
4	Oak Bay Seco	A	4:08.62
5	Ballenas Sec	A	4:10.00
6	Dover Bay Se	A	4:20.12

Event 70 Women High Jump Senior

Pos	Name	Team	Seed Mark
Flight 1 of 1 Finals			
1	Mickeely Rippin	Maria Montes	1.25m
2	Therese Mortejo	St. Michaels	1.30m
3	Lea Buchler	Ballenas Sec	1.30m
4	Olivia Noone	Oak Bay Seco	1.40m
5	Mimosa Schulz	Lambrick Par	1.40m
6	Ella Mickelberry	Oak Bay Seco	1.51m

Event 73 Women Pole Vault Senior

Pos	Name	Team	Seed Mark
Flight 1 of 1 Finals			
1	Linh Tran	St. Andrews'	2.25m
2	Hayley Johnston	Mount Dougla	2.30m
3	Annika Weir	Oak Bay Seco	2.35m
4	Jade Forrest	Oak Bay Seco	2.85m
5	Julina Benjamin	Nanaimo Dist	2.90m

Event 64 Women Long Jump Senior

Pos	Name	Team	Seed Mark
Flight 1 of 1 Finals			
1	Reshma Rajeev	Spectrum Com	3.16m
2	Adwoa Mensah-Agyekum	Nanaimo Dist	3.22m
3	Hannah Herold	Dover Bay Se	3.24m
4	Jolyn Barley	Carihi Secon	3.39m
5	Sarah Pike	Lambrick Par	3.52m
6	Nicole Hague	Kwalikum Sec	3.67m
7	Elise Green	Dover Bay Se	3.80m
8	Therese Mortejo	St. Michaels	3.84m
9	Sophie Collins	Mount Dougla	3.90m
10	Vivienne Nguyen	Royal Bay	3.95m
11	Kristine Williams	Duncan Chris	3.95m
12	Morgan Nederlof	Duncan Chris	3.96m
13	Isabella Wheaton	Belmont Seco	3.98m
14	Rebecca Suits	Alberni Dist	4.05m
15	Abi Dupont	Nanaimo Chri	4.11m
16	Janet Dawson	Mount Dougla	4.28m
17	Katie Lyman	Mount Dougla	4.35m
18	Olivia Noone	Oak Bay Seco	4.42m
19	Julina Benjamin	Nanaimo Dist	4.60m
20	Makayla Mitchell	Nanaimo Dist	4.73m
21	Gabrielle Austin	Queen Margar	4.86m
22	Makayla Dickinson	Oak Bay Seco	5.28m
23	Samantha Baron	Brooks Secon	5.31m
24	Rebecca Dutchak	Claremont	5.61m

Event 89 Women Triple Jump Senior

Pos	Name	Team	Seed Mark
Flight 1 of 1 Finals			
1	Reshma Rajeev	Spectrum Com	6.95m
2	Angelina Ning	St. Michaels	7.35m
3	Julia Alguire	Campbell Riv	7.47m
4	Sarah Pike	Lambrick Par	7.77m
5	Olivia Wildman	Cedar Commun	7.82m
6	Jolyn Barley	Carihi Secon	7.89m
7	Olivia Noone	Oak Bay Seco	9.47m
8	Makayla Mitchell	Nanaimo Dist	9.93m
9	Gabrielle Austin	Queen Margar	10.02m
10	Kenzi Farish	St. Michaels	10.42m
11	Elise Therrien	Nanaimo Dist	10.59m
12	Makayla Dickinson	Oak Bay Seco	11.43m
13	Rebecca Dutchak	Claremont	11.54m

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Event 94 Women Shot Put 4 kg Senior

Pos	Name	Team	Seed Mark
Flight 1 of 1 Finals			
1	Alexis Shepheard	Victoria Hig	6.41m
2	Jean Macaulay	Stellys	6.45m
3	Elise Green	Dover Bay Se	6.68m
4	Preet Dhillon	St. Michaels	6.69m
5	Reshma Rajeev	Spectrum Com	6.75m
6	Crystal Koszegi	Alberni Dist	6.89m
7	Anna Tober	Ballenas Sec	7.00m
8	Kristine Williams	Duncan Chris	7.10m
9	Morgan Nederlof	Duncan Chris	7.35m
10	Ally McLeod	Alberni Dist	7.50m
11	Mackenzie Larkin	Oak Bay Seco	7.66m
12	Gabrielle Houle	Stellys	7.69m
13	Chika Duru	St. Michaels	7.78m
14	Kamryn McKean	Alberni Dist	7.91m
15	Daryana Mielecki	Belmont Seco	7.98m
16	Alyssa Blair	St. Andrews'	8.04m
17	Kate Morrison	Ballenas Sec	8.68m
18	Gwyneth Frederiksen	Mount Dougla	9.18m

Event 59 Women Discus Throw 1 kg Senior

Pos	Name	Team	Seed Mark
Flight 1 of 1 Finals			
1	Daryana Mielecki	Belmont Seco	14.13m
2	Caitlyn Kristoff	GP Vanier	15.25m
3	Alexis Shepheard	Victoria Hig	16.89m
4	Adwoa Mensah-Agyekum	Nanaimo Dist	17.50m
5	Annabelle Fieltsch	Oak Bay Seco	17.78m
6	Jean Macaulay	Stellys	18.25m
7	Preet Dhillon	St. Michaels	18.61m
8	Chika Duru	St. Michaels	19.04m
9	Ally McLeod	Alberni Dist	19.45m
10	Sydney Ball	Queen Margar	23.47m
11	Mackenzie Larkin	Oak Bay Seco	24.04m
12	Joanna Waite	Ballenas Sec	25.00m
13	Gabrielle Houle	Stellys	25.07m
14	Kate Morrison	Ballenas Sec	26.66m
15	Libby Elliott	Ballenas Sec	28.13m
16	Alyssa Blair	St. Andrews'	32.03m
17	Gwyneth Frederiksen	Mount Dougla	34.40m

Event 78 Women Hammer Throw 4 kg Senior

Pos	Name	Team	Seed Mark
Flight 1 of 1 Finals			
1	Anna Tober	Ballenas Sec	20.00m
2	Kate Morrison	Ballenas Sec	25.00m
3	Jillian Kroemer	Kwalikum Sec	30.00m
4	Alena Woolnough	Kwalikum Sec	30.00m
5	Kiki Shafonsky	Oak Bay Seco	36.41m
6	Gwyneth Frederiksen	Mount Dougla	40.25m
7	Alyssa Blair	St. Andrews'	44.35m

Event 98 Women Javelin Throw 600 gram Senior

Pos	Name	Team	Seed Mark
Flight 1 of 1 Finals			
1	Elise Green	Dover Bay Se	14.50m
2	Hannah Herold	Dover Bay Se	14.68m
3	Chika Duru	St. Michaels	15.14m
4	Kristine Williams	Duncan Chris	16.63m
5	Anna Tober	Ballenas Sec	20.00m
6	Jean Macaulay	Stellys	20.91m
7	Makayla Mitchell	Nanaimo Dist	28.11m
8	Ella Chin	St. Michaels	29.75m
9	Camryn Cline	Brooks Secon	31.00m
10	Libby Elliott	Ballenas Sec	31.57m
11	Kamryn McKean	Alberni Dist	34.22m
12	Kiki Shafonsky	Oak Bay Seco	36.63m
13	Nnya Mbaoma	Dover Bay Se	36.99m

Event 43 Women 1500 Meter Race Walk Senior

Lane	Name	Team	Seed Time
Section 1 of 1 Finals			
1	Annika Weir	Oak Bay Seco	8:50.00
2	Esha Patria	Mount Dougla	10:18.70

Event 120 Men 100 Meter Dash Gr 8

8 Advance: Top 2 Each Heat plus Next 4 Best Times			
Lane	Name	Team	Seed Time
Heat 1 of 2 Prelims			
1	Rees Aebischer	Quamichan Sc	13.72
2	Jesse Lamarche	Pacific Chri	13.67
3	Seojin Lee	Alberni Dist	13.04
4	Daniel Lee	Aspengrove S	12.76
5	Finn Valdez	Nanaimo Dist	12.79
6	Robbie Bollinger	Cedar Commun	13.21
7	Hudson Belanger	Highland Sec	15.40
8	Rhys Cahil	Nanaimo Chri	15.70
Heat 2 of 2 Prelims			
1	Wesley (bradley) Frank	Ucluelet	14.21
2	Jacob Cyr	Quamichan Sc	13.51
3	Aaron Pareno	St. Andrews'	12.90
4	Krescyn Moonsamy	Aspengrove S	12.15
5	Jackson Doolittle	Southgate Mi	12.89
6	Nico Harris	Quamichan Sc	13.33
7	Joaquim Dalton-Pereira	Queen of Ang	14.67

Event 122 Men 200 Meter Dash Gr 8

8 Advance: Top 2 Each Heat plus Next 4 Best Times			
Lane	Name	Team	Seed Time
Heat 1 of 2 Prelims			
2	Joaquim Dalton-Pereira	Queen of Ang	29.08
3	Seojin Lee	Alberni Dist	27.13
4	Krescyn Moonsamy	Aspengrove S	24.77
5	Preston Lightle	Gold River S	27.00
6	Thorán Koyote	Quamichan Sc	28.95

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Heat 2 of 2 Prelims...(Event 122 Men 200 Meter Dash Gr 8)

1	Avik Bakshi	Mark Isfled	45.00
2	Gavin Thomas	Highland Sec	30.00
3	Jacob Cyr	Quamichan Sc	28.27
4	Robbie Bollinger	Cedar Commun	26.41
5	Finn Valdez	Nanaimo Dist	26.83
6	Owen Reilly	Quamichan Sc	28.27

Event 124 Men 400 Meter Dash Gr 8**8 Advance: Top 2 Each Heat plus Next 4 Best Times**

Lane	Name	Team	Seed Time
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Heat 1 of 2 Prelims

2	Avik Bakshi	Mark Isfled	2:35.00
3	Ryan Munro	John Barsby	1:08.00
4	James Lawrence	Highland Sec	1:03.29
5	Aiden Clemence	Nanaimo Chri	1:07.00
6	Preston Lightle	Gold River S	1:15.00

Heat 2 of 2 Prelims

3	Drake Delude	St. Andrews'	1:09.14
4	Adam Cantryn	Assumption S	1:06.00
5	Isaiah Craigie	Southgate Mi	1:06.17
6	Joaquim Dalton-Pereira	Queen of Ang	1:09.80

Event 126 Men 800 Meter Run Gr 8

Lane	Name	Team	Seed Time
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Section 1 of 2 Finals

3	Wesley (bradley) Frank	Ucluelet	2:52.11
4	Brian Gay Hernandez	St. Andrews'	2:39.80
5	Dominic Wynans	Alberni Dist	2:45.14

Section 2 of 2 Finals

1	Drake Delude	St. Andrews'	2:36.40
2	Tommy Lay	Ballenas Sec	2:34.90
3	Toby Russell	Nanaimo Dist	2:28.07
4	Miles Powell	Frances Kels	2:21.00
5	Levi Peters	Frances Kels	2:26.50
6	Bailey Stetar	Nanaimo Dist	2:31.99
7	Zachary Croome	Nanaimo Dist	2:36.74
8	Jack Whitney	Quamichan Sc	2:37.00

Event 128 Men 1500 Meter Run Gr 8

Lane	Name	Team	Seed Time
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Section 1 of 1 Finals

1	Miles Powell	Frances Kels	5:01.70
2	Patrick Canning	John Barsby	5:02.00
3	Dylan Barberie	Nanaimo Dist	5:06.22
4	Toby Russell	Nanaimo Dist	5:12.47
5	Bailey Stetar	Nanaimo Dist	5:14.12
6	Simon Francis	Dover Bay Se	5:19.20
7	Brian Gay Hernandez	St. Andrews'	6:02.14

Event 130 Men 3000 Meter Run Gr 8

Lane	Name	Team	Seed Time
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Section 1 of 1 Finals

1	Patrick Canning	John Barsby	10:45.00
2	Miles Powell	Frances Kels	10:47.00
3	Dylan Barberie	Nanaimo Dist	11:00.65
4	Zachary Croome	Nanaimo Dist	11:11.53
5	Bailey Stetar	Nanaimo Dist	11:23.94
6	Zander Hadikin	Phoenix Midd	12:01.08
7	Jack Mace	Nanaimo Dist	12:28.08

Event 132 Men 100 Meter Hurdles Gr 8

Lane	Name	Team	Seed Time
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Section 1 of 1 Finals

2	Finn Braidwood	Highland Sec	24.56
3	Gavin Thomas	Highland Sec	19.47
4	Jackson Doolittle	Southgate Mi	18.60
5	Benedek Horvath	Wellington S	19.35
6	Isaiah Craigie	Southgate Mi	21.61

Event 134 Men 200 Meter Hurdles Gr 8

Lane	Name	Team	Seed Time
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Section 1 of 1 Finals

4	Benjamin Collins	Cedar Commun	37.00
5	Benedek Horvath	Wellington S	37.00

Event 146 Men 4x100 Meter Relay Gr 8**Top 8 Advance by Time**

Lane	Team	Relay	Seed Time
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Heat 1 of 1 Prelims

3	Cedar Commun	A	58.37
4	Quamichan Sc	A	53.00
5	Highland Sec	A	58.10
6	Phoenix Midd	A	59.22

Event 148 Men 4x400 Meter Relay Gr 8

Lane	Team	Relay	Seed Time
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Section 1 of 1 Finals

4	Nanaimo Dist	A	3:59.11
5	Cedar Commun	A	5:45.27

Event 136 Men High Jump Gr 8

Pos	Name	Team	Seed Mark
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Flight 1 of 1 Finals

1	Levi Peters	Frances Kels	1.25m
2	Chris Parkinson	Highland Sec	1.35m
3	Gavin Thomas	Highland Sec	1.35m
4	Nico Harris	Quamichan Sc	1.40m
5	Sullivan Lyons David	Aspengrove S	1.45m
6	Dominic Wynans	Alberni Dist	1.45m
7	Adam Cantryn	Assumption S	1.45m
8	Thorán Koyote	Quamichan Sc	1.55m

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Event 138 Men Long Jump Gr 8

Pos	Name	Team	Seed Mark
Flight 1 of 1 Finals			
1	Simon Francis	Dover Bay Se	4.18m
2	Kalem Lindstrom	Phoenix Midd	4.23m
3	Tommy Lay	Ballenas Sec	4.45m
4	Cohen Floucault	Duncan Chris	4.46m
5	Thorán Koyote	Quamichan Sc	4.63m
6	Aaron Pareno	St. Andrews'	4.73m
7	Krescyn Moonsamy	Aspengrove S	4.74m
8	Finn Valdez	Nanaimo Dist	5.02m
9	Jackson Doolittle	Southgate Mi	5.24m

Event 149 Men Triple Jump Gr 8

Pos	Name	Team	Seed Mark
Flight 1 of 1 Finals			
1	Jack Mace	Nanaimo Dist	7.79m
2	Jack Whitney	Quamichan Sc	8.88m
3	Isaiah Craigie	Southgate Mi	8.90m
4	Evan Mayer	Quamichan Sc	8.92m
5	Cohen Floucault	Duncan Chris	8.98m
6	Noah McCallum	Nanaimo Dist	9.67m
7	Benedek Horvath	Wellington S	10.69m

Event 142 Men Shot Put Gr 8

Pos	Name	Team	Seed Mark
Flight 1 of 1 Finals			
1	Santiago Escobedo Hernandez	Kwalikum Sec	6.32m
2	Nolan Williams	Highland Sec	7.48m
3	Damon McCool	Gold River S	8.00m
4	Lucas Milne	Phoenix Midd	8.04m
5	Cohen Floucault	Duncan Chris	8.45m
6	Levi Peters	Frances Kels	9.18m
7	Tommy Lay	Ballenas Sec	9.68m
8	Nico Harris	Quamichan Sc	10.04m
9	Dillon Wilson	Quamichan Sc	10.56m

Event 140 Men Javelin Throw Gr 8

Pos	Name	Team	Seed Mark
Flight 1 of 1 Finals			
1	Dominic Bruschetta	St. Andrews'	9.44m
2	Rhys Cahil	Nanaimo Chri	13.80m
3	Brian Gay Hernandez	St. Andrews'	14.91m
4	Chris Parkinson	Highland Sec	15.21m
5	Aiden Clemence	Nanaimo Chri	16.18m
6	Adam Cantryn	Assumption S	20.00m
7	Gill Parcher	Nanaimo Dist	21.06m
8	Benjamin Collins	Cedar Commun	23.16m
9	Drake Delude	St. Andrews'	25.02m
10	Lucas Milne	Phoenix Midd	25.42m
11	Kaiden Lewis	Frances Kels	26.50m
12	Evan Mayer	Quamichan Sc	27.35m
13	Owen Reilly	Quamichan Sc	33.00m

Event 30 Men 100 Meter Dash Junior

Top 8 Advance by Time			
Lane	Name	Team	Seed Time
Heat 1 of 6 Prelims			
1	Caleb Nuamah	Dover Bay Se	13.20
2	Tynan Palfrey	Dover Bay Se	12.86
3	Dylan Graw	Lambrick Par	12.35
4	Linden Williams	Mount Dougla	11.83
5	Ricardo Juarez	Victoria Hig	12.21
6	Michael Joseph	Alberni Dist	12.69
7	Peter Huang	Duncan Chris	13.40
8	Leonardo Salgado Aguilera	Kwalikum Sec	14.21
Heat 2 of 6 Prelims			
1	Luciano Coombs	Mount Dougla	13.08
2	Mitchell Austin	Pacific Chri	13.01
3	Oscar Ridsdale-Braun	Esquimalt	12.55
4	Mowat Devalk-Zaiss	Frances Kels	12.16
5	Robert Hallor	Claremont	12.16
6	Ayden Wu	Maria Montes	12.57
7	Kevin Li	Nanaimo Dist	13.66
8	Callum Pawluk	Highland Sec	13.80
Heat 3 of 6 Prelims			
1	Hayden Van	Stellys	13.23
2	Riley Berfelo	Belmont Seco	12.85
3	Syon Foo	Frances Kels	12.34
4	Aiden Schandl	Stellys	11.81
5	Killian Allard	Highland Sec	12.25
6	Winslow Makumbirofa	St. Andrews'	12.70
7	Mason Weber	GP Vanier	13.36
Heat 4 of 6 Prelims			
1	Owen Luchies	St. Andrews'	13.20
2	Jack Hu	Quamichan Sc	12.97
3	Patrick Osakabe-Green	Nanaimo Dist	12.40
4	Haedyn Drosdovech	Brooks Secon	11.86
5	Stirling Henry	Nanaimo Dist	12.19
6	Daniel Chin	Alberni Dist	12.66
7	Zonghan Yang	Nanaimo Chri	13.43
8	William Gao	St. Michaels	14.08
Heat 5 of 6 Prelims			
1	Seth Stegmuller	Cedar Commun	13.10
2	Declan Pender	Lambrick Par	12.98
3	Vincent Lai	St. Andrews'	12.50
4	Kai Constabel	Mount Dougla	12.01
5	Matias Vickers	Stellys	12.18
6	Cameron Hunter	Kwalikum Sec	12.66
7	Jordan Gage	Aspengrove S	13.44
8	Albie Gong	St. Michaels	14.08

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Heat 6 of 6 Prelims...(Event 30 Men 100 Meter Dash Junior)

1	Lazlo Csergo	Timberline S	13.26
2	Spencer Brown	Nanaimo Dist	12.76
3	Dafydd Taylor	Dover Bay Se	12.33
4	Josh Greir	Duncan Chris	11.00
5	Kyle Parker	Alberni Dist	12.33
6	Ben Kelland	Highland Sec	12.71
7	Cameron Lee	St. Michaels	13.27

Event 48 Men 200 Meter Dash Junior**Top 8 Advance by Time**

Lane	Name	Team	Seed Time
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Heat 1 of 5 Prelims

1	Zonghan Yang	Nanaimo Chri	27.45
2	Hayden Van	Stellys	26.75
3	Robert Hallsor	Claremont	25.26
4	Josh Greir	Duncan Chris	23.72
5	Ethan Tansky	Highland Sec	25.23
6	Ben Kelland	Highland Sec	26.69
7	Beau Nevraumont	Belmont Seco	27.60

Heat 2 of 5 Prelims

1	Jackson McCullum	Dover Bay Se	27.45
2	Owen Luchies	St. Andrews'	26.80
3	Syon Foo	Frances Kels	25.27
4	Stirling Henry	Nanaimo Dist	24.08
5	Jayden Malinowski	Lambrick Par	25.11
6	Matthew Pearse	St. Andrews'	26.60
7	Calum Webber-Smith	St. Michaels	27.82

Heat 3 of 5 Prelims

1	Jordan Gage	Aspengrove S	27.16
2	Lazlo Csergo	Timberline S	27.04
3	Dylan Graw	Lambrick Par	25.50
4	Kyle Parker	Alberni Dist	24.43
5	Patrick Osakabe-Green	Nanaimo Dist	24.97
6	Winslow Makumbirofa	St. Andrews'	26.30
7	William Gao	St. Michaels	29.49
8	Judah Zimmerman	Nanaimo Chri	31.06

Heat 4 of 5 Prelims

1	Mitchell Austin	Pacific Chri	27.16
2	Caleb Nuamah	Dover Bay Se	27.15
3	Oscar Ridsdale-Braun	Esquimalt	25.73
4	Evan McDowell	Oak Bay Seco	24.48
5	Kai Constabel	Mount Dougla	24.61
6	Spencer Brown	Nanaimo Dist	26.30
7	Jaime Garcia	Highland Sec	29.83
8	Joshua Muwonge	St. Michaels	30.10

Heat 5 of 5 Prelims

1	Joshua Brown	Belmont Seco	27.28
2	Luciano Coombs	Mount Dougla	27.00
3	Daniel Chin	Alberni Dist	25.46
4	Aiden Schandl	Stellys	24.34
5	Cameron Hunter	Kwalikum Sec	25.00
6	Seth Stegmuller	Cedar Commun	26.40
7	Kevin Li	Nanaimo Dist	29.38

Event 8 Men 400 Meter Dash Junior**8 Advance: Top 1 Each Heat plus Next 5 Best Times**

Lane	Name	Team	Seed Time
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Heat 1 of 3 Prelims

1	Liam Erlic	St. Michaels	1:02.77
2	Dafydd Taylor	Dover Bay Se	59.99
3	Leo Vezina	Alberni Dist	56.96
4	Stan Vishek	Brooks Secon	54.00
5	David Symington	Alberni Dist	56.71
6	Jayden Malinowski	Lambrick Par	58.77
7	Ruben Mohabeer-Ortiz	Ballenas Sec	1:10.50

Heat 2 of 3 Prelims

1	Liam Hill	Frances Kels	1:01.20
2	Jackson McCullum	Dover Bay Se	1:00.12
3	Alex Emery	Victoria Hig	57.69
4	Aiden Schandl	Stellys	54.04
5	David Wong-Harrison	St. Michaels	56.49
6	Syon Foo	Frances Kels	58.52

Heat 3 of 3 Prelims

1	Calum Webber-Smith	St. Michaels	1:00.66
2	Josh Wong	Frances Kels	1:00.60
3	Robert Warmington	Oak Bay Seco	57.77
4	Evan McDowell	Oak Bay Seco	55.34
5	Ethan Tansky	Highland Sec	56.09
6	Rio Apt	Lambrick Par	57.94

Event 40 Men 800 Meter Run Junior

Lane	Name	Team	Seed Time
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Section 1 of 3 Finals

1	Peter Huang	Duncan Chris	2:45.00
2	Frazer Willmott	Frances Kels	2:42.70
3	Roman Howse	Quamichan Sc	2:40.00
4	Angus Sutton	Alberni Dist	2:35.86
5	Seth Heron	Lambrick Par	2:36.00
6	Xander Smith	John Barsby	2:40.00
7	Evan Louden	Nanaimo Dist	2:45.67
8	Hugo Henckel	Mark Isfled	2:48.00

Section 2 of 3 Finals

1	Logan Groicher	Quamichan Sc	2:32.00
2	Jesse Seifert	Carihi Secon	2:29.22
3	Luke Hubner	Kwalikum Sec	2:27.75
4	Mateo Moore	Dover Bay Se	2:25.00
5	Aidan Lavery	Claremont	2:27.00
6	Blake Steel	Dover Bay Se	2:28.00
7	Kyle Brown	Esquimalt	2:32.00
8	Trevor Shubrook	St. Andrews'	2:35.60

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Section 3 of 3 Finals...(Event 40 Men 800 Meter Run Junior)

1	Rodrigo Santos Diez	Kwalikum Sec	2:13.53
2	Cameron Latusus	Nanaimo Dist	2:12.78
3	Jayden Watson	John Barsby	2:10.00
4	Tion McLeish	St. Michaels	2:08.56
5	Jake Putz	John Barsby	2:10.00
6	Sonny Miller	Oak Bay Seco	2:12.50
7	Jordan Price	St. Andrews'	2:16.60
8	Alex Emery	Victoria Hig	2:23.18

Event 12 Men 1500 Meter Run Junior

Lane	Name	Team	Seed Time
Section 1 of 2 Finals			
1	Nicholas Herrmann	St. Michaels	5:21.02
2	Nicholas Gable	Quamichan Sc	5:22.00
3	Ezra Frost	Alberni Dist	5:27.45
4	William Rithaler	Brookes West	5:29.80
5	Evan Louden	Nanaimo Dist	5:40.11
6	Kyle Papineau	GP Vanier	5:44.11
7	Xander Smith	John Barsby	5:46.00
8	Jacob Frank	Maria Montes	6:03.41
9	Nekhil Govender	St. Michaels	6:21.14

Section 2 of 2 Finals

1	Gage Zanette	John Barsby	4:10.00
2	Tion McLeish	St. Michaels	4:28.90
3	Jayden Watson	John Barsby	4:35.00
4	Aiden Grew	Lambrick Par	4:37.00
5	Jack Strom	Spectrum Com	4:46.70
6	Aidan Lavery	Claremont	4:51.00
7	Julian Cameron	Oak Bay Seco	4:58.00
8	Jordan Price	St. Andrews'	4:58.80
9	Jake Seaman	Dover Bay Se	4:59.00
10	Jesse Seifert	Carihi Secon	5:00.00
11	Rowan Schouten	Oak Bay Seco	5:01.00
12	William Flint	Dover Bay Se	5:11.00
13	Blake Steel	Dover Bay Se	5:12.00
14	Carson Bell	GP Vanier	5:18.41
15	Bradley Coltart	Highland Sec	5:18.48
16	Patricio Urruchua	Lambrick Par	5:20.00

Event 52 Men 3000 Meter Run Junior

Lane	Name	Team	Seed Time
Section 1 of 1 Finals			
1	Gage Zanette	John Barsby	9:09.00
2	Aiden Grew	Lambrick Par	9:52.00
3	Aidan Lavery	Claremont	10:27.00
4	Jake Seaman	Dover Bay Se	10:45.00
5	Rowan Schouten	Oak Bay Seco	10:51.00
6	Marcus Shankar	Carihi Secon	10:52.88
7	Daniel Mielecki	Belmont Seco	10:58.00
8	Michael Edwards	John Barsby	11:00.00
9	Mateo Moore	Dover Bay Se	11:12.04
10	Carson Bell	GP Vanier	11:26.15
11	Jesse Seifert	Carihi Secon	11:32.74
12	Bradley Coltart	Highland Sec	11:36.42
13	Kyle Papineau	GP Vanier	11:37.80
14	William Flint	Dover Bay Se	11:37.84
15	Patricio Urruchua	Lambrick Par	11:58.00
16	Nicholas Herrmann	St. Michaels	12:08.90
17	Mathew Rutten	Mark Isfled	12:30.00
18	Nekhil Govender	St. Michaels	13:45.21

Event 24 Men 100 Meter Hurdles Junior

Lane	Name	Team	Seed Time
Section 1 of 1 Finals			
1	Yang Luo	Brentwood Co	18.32
2	Railay Fawkes	Oak Bay Seco	17.70
3	Rio Apt	Lambrick Par	16.60
4	Nate Paris	Nanaimo Dist	14.64
5	Kyle Stenberg	St. Michaels	16.28
6	Hoff Ian	Brooks Secon	17.03
7	Jack Shaver	Oak Bay Seco	21.33

Event 104 Men 300 Meter Hurdles Junior

Lane	Name	Team	Seed Time
Section 1 of 2 Finals			
3	Hugo Henckel	Mark Isfled	1:10.00
4	Basil Parkins	Oak Bay Seco	51.98
5	Jack Shaver	Oak Bay Seco	52.53
Section 2 of 2 Finals			
1	Hoff Ian	Brooks Secon	50.59
2	Calum Webber-Smith	St. Michaels	48.87
3	Kyle Stenberg	St. Michaels	45.61
4	Nate Paris	Nanaimo Dist	42.46
5	Rio Apt	Lambrick Par	45.47
6	Liam Erlic	St. Michaels	46.75

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Event 114 Men 1500 Meter Steeplechase Junior

Lane	Name	Team	Seed Time
Section 1 of 1 Finals			
1	Aiden Grew	Lambrick Par	4:49.00
2	Cameron Latusus	Nanaimo Dist	5:11.38
3	Jake Putz	John Barsby	5:30.00
4	Jordan Price	St. Andrews'	5:31.00
5	Marcus Shankar	Carihi Secon	5:35.00
6	Jayden Hodges	Nanaimo Dist	5:35.11
7	Basil Parkins	Oak Bay Seco	5:36.10
8	Jack Shaver	Oak Bay Seco	5:37.46
9	Nicholas Herrmann	St. Michaels	5:44.40
10	Patricio Urruchua	Lambrick Par	5:48.00
11	Michael Edwards	John Barsby	5:55.00
12	Rodrigo Santos Diez	Kwalikum Sec	6:00.00
13	Seth Heron	Lambrick Par	6:27.00
14	Luke Hubner	Kwalikum Sec	6:30.00
15	Ezra Frost	Alberni Dist	7:27.45
16	Kyle Papineau	GP Vanier	10:57.12

Event 20 Men 4x100 Meter Relay Junior**8 Advance: Top 1 Each Heat plus Next 5 Best Times**

Lane	Team	Relay	Seed Time
Heat 1 of 3 Prelims			
1	Lambrick Par	B	55.11
2	St. Michaels	A	54.45
3	Alberni Dist	B	49.48
4	St. Andrews'	A	47.69
5	Belmont Seco	A	47.86
6	Dover Bay Se	A	49.50
Heat 2 of 3 Prelims			
1	Aspengrove S	A	1:02.34
2	St. Andrews'	B	51.91
3	Alberni Dist	A	48.00
4	Mount Dougla	A	46.35
5	Brooks Secon	A	48.00
6	Dover Bay Se	B	51.80
Heat 3 of 3 Prelims			
1	Claremont	A	55.34
2	St. Michaels	B	53.21
3	Lambrick Par	A	49.00
4	Nanaimo Dist	A	47.52
5	Oak Bay Seco	A	47.86
6	Frances Kels	A	50.14

Event 108 Men 4x400 Meter Relay Junior

Lane	Team	Relay	Seed Time
Section 1 of 2 Finals			
3	Kwalikum Sec	A	4:30.00
4	St. Michaels	B	4:15.00
5	Lambrick Par	B	4:22.00
6	St. Andrews'	A	4:31.86

Section 2 of 2 Finals

1	Claremont	A	4:06.00
2	St. Michaels	A	3:53.88
3	Mount Dougla	A	3:52.11
4	Alberni Dist	A	3:50.06
5	Nanaimo Dist	A	3:52.11
6	Oak Bay Seco	A	3:52.41
7	Lambrick Par	A	4:11.00
8	Dover Bay Se	A	4:15.00

Event 93 Men High Jump Junior

Pos	Name	Team	Seed Mark
Flight 1 of 1 Finals			
1	Mehtaab Gill	Oak Bay Seco	1.35m
2	Owen Rhodes	Ucluelet	1.40m
3	Logan Groicher	Quamichan Sc	1.45m
4	Marcus Shankar	Carihi Secon	1.45m
5	Tynan Palfrey	Dover Bay Se	1.50m
6	Carter Brown	Lambrick Par	1.55m
7	Skylar Dunn	Highland Sec	1.55m
8	Liam Klettke	Quamichan Sc	1.55m
9	Luke Falzon	St. Andrews'	1.60m
10	Azam Niswar	St. Andrews'	1.60m
11	David Wong-Harrison	St. Michaels	1.60m
12	Humraj Aujla	St. Michaels	1.65m
13	Jayden Hodges	Nanaimo Dist	1.65m
14	Oliver Leal	Oak Bay Seco	1.65m
15	Cole Baron	Brooks Secon	1.67m
16	Nate Crust	Lambrick Par	1.70m
17	Winslow Makumbirofa	St. Andrews'	1.70m
18	Nate Paris	Nanaimo Dist	1.75m

Event 95 Men Pole Vault Junior

Pos	Name	Team	Seed Mark
Flight 1 of 1 Finals			
1	Matthew Mateyko	St. Andrews'	1.08m
2	Azam Niswar	St. Andrews'	1.40m
3	Jayden Watson	John Barsby	1.80m
4	Stirling Henry	Nanaimo Dist	1.95m
5	Niko Sparks	St. Andrews'	2.03m

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Event 58 Men Long Jump Junior

Pos	Name	Team	Seed	Mark
Flight 1 of 1 Finals				
1	Callum Pawluk	Highland Sec		3.72m
2	Mason Weber	GP Vanier		3.88m
3	Ruben Mohabeer-Ortiz	Ballenas Sec		4.00m
4	Riley Mercer	Lake Cowicha		4.09m
5	Railay Fawkes	Oak Bay Seco		4.22m
6	Daniel Mangmang	Quamichan Sc		4.23m
7	Jaime Garcia	Highland Sec		4.27m
8	Azam Niswar	St. Andrews'		4.29m
9	Jake Herold	Dover Bay Se		4.33m
10	Cameron Lee	St. Michaels		4.69m
11	Humraj Aujla	St. Michaels		4.70m
12	Jordan Gage	Aspengrove S		4.77m
13	Robbie McKay	Alberni Dist		4.78m
14	Peter Huang	Duncan Chris		4.85m
15	Tyler Finlay	St. Andrews'		4.87m
16	Ayden Wu	Maria Montes		4.91m
17	Josh Wong	Frances Kels		4.96m
18	Matias Vickers	Stellys		4.99m
19	Oscar Ridsdale-Braun	Esquimalt		5.06m
20	David Wong-Harrison	St. Michaels		5.10m
21	Isaac Cure	Lambrick Par		5.11m
22	Matthew Pearse	St. Andrews'		5.18m
23	Liam Potts	Highland Sec		5.47m
24	Carter Brown	Lambrick Par		5.55m
25	Yang Luo	Brentwood Co		5.60m
26	Mowat Devalk-Zaiss	Frances Kels		5.60m
27	Michael Joseph	Alberni Dist		5.67m
28	Russell Bruckshaw	Brooks Secon		5.75m
29	Haedyn Drosdovech	Brooks Secon		5.85m
30	Cole Baron	Brooks Secon		5.92m
31	Kai Constabel	Mount Dougla		6.00m

Event 82 Men Triple Jump Junior

Pos	Name	Team	Seed	Mark
Flight 1 of 1 Finals				
1	Brady Gregson	Quamichan Sc		6.46m
2	Liam Klettke	Quamichan Sc		6.75m
3	Albie Gong	St. Michaels		9.16m
4	Isaac Cure	Lambrick Par		9.99m
5	Railay Fawkes	Oak Bay Seco		9.99m
6	Domhnall Shaw	Cowichan Sec		10.00m
7	Kyle Stenberg	St. Michaels		10.51m
8	Robbie McKay	Alberni Dist		10.56m
9	Liam Erlic	St. Michaels		10.74m
10	Tyler Finlay	St. Andrews'		11.00m
11	Yang Luo	Brentwood Co		11.02m
12	Cole Baron	Brooks Secon		11.12m
13	Spencer Brown	Nanaimo Dist		11.14m
14	Matthew Pearse	St. Andrews'		11.15m
15	Russell Bruckshaw	Brooks Secon		11.77m
16	Sean Gatensby	Oak Bay Seco		12.21m
17	Haedyn Drosdovech	Brooks Secon		12.54m
18	Lauchlin Irish	Oak Bay Seco		12.68m

Event 76 Men Shot Put 5 kg Junior

Pos	Name	Team	Seed	Mark
Flight 1 of 1 Finals				
1	Spencer Gordon	Lambrick Par		7.00m
2	Owen Rhodes	Ucluelet		8.00m
3	Sebastian Fernandez	Duncan Chris		8.00m
4	Rajan Gill	St. Andrews'		8.09m
5	Carter Brown	Lambrick Par		8.11m
6	Corrin Chapeskie	Lambrick Par		8.11m
7	Oliver Leal	Oak Bay Seco		8.54m
8	Cole Bunting	Mount Dougla		8.64m
9	Sean O'Neil	Alberni Dist		8.76m
10	Jaden Chung	St. Andrews'		9.01m
11	Hemmesh Pillay	St. Michaels		9.35m
12	Jackson Reid	Mount Dougla		9.42m
13	Nicholas Johannson	Frances Kels		9.47m
14	Richard Kim	Chemainus Se		9.75m
15	Cormick Brown	Lambrick Par		10.00m
16	Ethan Dugan	Cedar Commun		10.16m
17	Emmett Allan	GP Vanier		10.18m
18	Isaac Jack	Alberni Dist		10.35m
19	Luke Falzon	St. Andrews'		10.92m
20	Connor Hengstler	Duncan Chris		11.00m
21	Jonathan Chmilar	Kwalikum Sec		11.29m
22	Jameson Hengstler	Duncan Chris		11.32m
23	Hunter Swift	Mount Dougla		11.60m
24	Isaac Salvador-Brown	Brookes West		11.63m
25	Luke Dirom	Carihi Secon		11.78m
26	Tate Vanhees	Brooks Secon		11.94m
27	Owen Fisher	Pacific Chri		12.68m

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Event 63 Men Discus Throw 1.5 kg Junior

Pos	Name	Team	Seed Mark
Flight 1 of 1 Finals			
1	Jaden Chung	St. Andrews'	0.06m
2	Jake Herold	Dover Bay Se	12.86m
3	Sebastian Fernandez	Duncan Chris	17.00m
4	Tayo Mescheder	Lambrick Par	18.81m
5	Hemmesh Pillay	St. Michaels	19.53m
6	Sam Morrison	Ballenas Sec	20.00m
7	Skylar Dunn	Highland Sec	20.05m
8	Richard Kim	Chemainus Se	21.97m
9	Robbie McKay	Alberni Dist	23.10m
10	Miller Kieran	Chemainus Se	23.45m
11	Owen Fisher	Pacific Chri	24.05m
12	Spencer Gordon	Lambrick Par	25.00m
13	Levi Lawrence	Gold River S	25.00m
14	Andrew Durie	Brooks Secon	25.02m
15	Tate Vanhees	Brooks Secon	26.00m
16	Isaac Jack	Alberni Dist	26.30m
17	Sean O'Neil	Alberni Dist	26.82m
18	Connor Hengstler	Duncan Chris	27.70m
19	Rajan Gill	St. Andrews'	28.29m
20	Matthew Mateyko	St. Andrews'	29.14m
21	Jameson Hengstler	Duncan Chris	30.44m
22	Jonathan Chmilar	Kwalikum Sec	30.59m
23	Isaac Salvador-Brown	Brookes West	32.75m
24	Trent Perras	Carihi Secon	33.51m
25	Luke Dirom	Carihi Secon	34.11m
26	Mason Andulajevic	Oak Bay Seco	34.41m
27	Evan McDowell	Oak Bay Seco	34.83m
28	Sean Gatensby	Oak Bay Seco	35.19m

Event 83 Men Hammer Throw 5 kg Junior

Pos	Name	Team	Seed Mark
Flight 1 of 1 Finals			
1	Skylar Dunn	Highland Sec	16.50m
2	Connor Hengstler	Duncan Chris	20.00m
3	Sam Morrison	Ballenas Sec	20.00m
4	Derek Peterson	Lambrick Par	20.00m
5	Luke Hubner	Kwalikum Sec	20.00m
6	Sean Gatensby	Oak Bay Seco	22.78m
7	Corrin Chapeskie	Lambrick Par	23.11m
8	Jameson Hengstler	Duncan Chris	25.00m
9	Jonathan Chmilar	Kwalikum Sec	25.10m
10	Declan Pender	Lambrick Par	30.00m
11	Trent Perras	Carihi Secon	30.00m
12	Mason Andulajevic	Oak Bay Seco	33.01m
13	Sean O'Neil	Alberni Dist	33.02m

Event 88 Men Javelin Throw 700 gram Junior

Pos	Name	Team	Seed Mark
Flight 1 of 1 Finals			
1	Hemmesh Pillay	St. Michaels	14.58m
2	Judah Zimmerman	Nanaimo Chri	19.60m
3	Spencer Gordon	Lambrick Par	20.00m
4	Oliver Leal	Oak Bay Seco	22.84m
5	Tynan Palfrey	Dover Bay Se	23.75m
6	Graeme Dailey	Quamichan Sc	23.93m
7	Tyson Skinner	Lambrick Par	24.33m
8	Brady Gregson	Quamichan Sc	24.53m
9	Mason Andulajevic	Oak Bay Seco	25.51m
10	Levi Lawrence	Gold River S	26.00m
11	Matthew Mateyko	St. Andrews'	27.01m
12	Hayden Van	Stellys	27.19m
13	Owen Rhodes	Ucluelet	29.34m
14	Andrew Durie	Brooks Secon	30.22m
15	Luca Perca	Quamichan Sc	32.13m
16	Julian Day	Oak Bay Seco	34.42m
17	Killian Allard	Highland Sec	35.50m
18	Cormick Brown	Lambrick Par	36.19m
19	Patrick Osakabe-Green	Nanaimo Dist	36.63m
20	Emmett Allan	GP Vanier	37.68m
21	Luke Dirom	Carihi Secon	43.64m

Event 113 Men 1500 Meter Race Walk Junior

Lane	Name	Team	Seed Time
Section 1 of 1 Finals			
1	Hugo Henckel	Mark Isfled	8:00.00
2	Noah Carder	Oak Bay Seco	9:12.10
3	Seth Heron	Lambrick Par	9:46.00
4	Sam Morrison	Ballenas Sec	10:04.90

Event 32 Men 100 Meter Dash Senior

Top 8 Advance by Time			
Lane	Name	Team	Seed Time
Heat 1 of 6 Prelims			
1	James Robinson	St. Michaels	13.62
2	Isshin Muto	Gold River S	13.00
3	Morgan Price	Stellys	12.29
4	Chase Haagensen	Reynolds Sec	11.37
5	Lucas Hunter-Hatten	Oak Bay Seco	11.98
6	Landon Reid	Oak Bay Seco	12.78
7	Damion Johnson	Ucluelet	13.99
Heat 2 of 6 Prelims			
1	Martin Lwyn	Dover Bay Se	13.23
2	Aleiandro Martinez	Highland Sec	13.16
3	Bernard Baluran	Dover Bay Se	12.43
4	Samuel Prokopchuk	Brentwood Co	11.52
5	Blake Furtado	Claremont	11.89
6	Houssam Tarrach	Victoria Hig	12.71
7	Maxton Languyl	Ucluelet	15.05

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Heat 3 of 6 Prelims...(Event 32 Men 100 Meter Dash Senior)

1	Ryan Ho	St. Michaels	13.82
2	Jackson Halychuk	Alberni Dist	13.00
3	Kento Hohmann	Ballenas Sec	12.16
4	Ope Remi-Adelasoye	Brentwood Co	11.33
5	Michael Awor	Claremont	12.11
6	Quinn Deo	Maria Montes	12.79
7	Pedro Neves	Nanaimo Dist	13.97

Heat 4 of 6 Prelims

1	Matthew Chand	Kwalikum Sec	13.22
2	Linus Wong	Highland Sec	13.22
3	Shunta Iwasaki	Lambrick Par	12.57
4	Shane Stewart	Ballenas Sec	11.77
5	River Sanoy	Reynolds Sec	11.80
6	Ryunosuke Koinuma	Dover Bay Se	12.70
7	George Batt	Alberni Dist	15.45

Heat 5 of 6 Prelims

1	Braden Perfitt	GP Vanier	13.47
2	Josh Gray	Alberni Dist	13.09
3	Sebastian Hansen	Mount Dougla	12.33
4	Aidan Wold	Mount Dougla	11.48
5	Noah Munro-Kagan	Mount Dougla	11.93
6	Riley Skalik	Carihi Secon	12.75
7	Oscar O'Connor	St. Michaels	14.52

Heat 6 of 6 Prelims

1	Chris Green	Highland Sec	13.53
2	Michael De Vries	Duncan Chris	13.00
3	Quinn Xu	Victoria Hig	12.33
4	Steen Rasmussen	John Barsby	11.48
5	Daniel Hall	Nanaimo Dist	11.95
6	Luke De Greeff	Lambrick Par	12.76
7	Owen Wang	St. Andrews'	14.14

Event 50 Men 200 Meter Dash Senior**Top 8 Advance by Time**

Lane	Name	Team	Seed Time
Heat 1 of 5 Prelims			
1	Aurelian Heimburger	Dover Bay Se	27.30
2	Kaleb Krisher	GP Vanier	26.07
3	James Rees	St. Andrews'	24.85
4	Chase Haagensen	Reynolds Sec	23.01
5	Brandon Groot	Nanaimo Dist	24.52
6	Caleb Tsai	Alberni Dist	25.99
7	Richard Ngo	Dover Bay Se	28.71
8	Matthias Smith	Mark Isfld	38.00
Heat 2 of 5 Prelims			
1	Charles Hartnell	Nanaimo Dist	26.75
2	Quinn Deo	Maria Montes	26.37
3	Zoltan Horvath	GP Vanier	25.10
4	Ope Remi-Adelasoye	Brentwood Co	24.07
5	Daniel Hall	Nanaimo Dist	24.28
6	Michael Awor	Claremont	25.34
7	James Robinson	St. Michaels	30.65
8	Oscar O'Connor	St. Michaels	30.65

Heat 3 of 5 Prelims

1	Shunta Iwasaki	Lambrick Par	26.95
2	Conor Croucher	Lambrick Par	26.20
3	Chase Hennesey	Spectrum Com	25.07
4	Aidan Wold	Mount Dougla	23.45
5	River Sanoy	Reynolds Sec	24.50
6	Gus Brooks	Alberni Dist	25.50
7	Damion Johnson	Ucluelet	29.12
8	Maxton Languyl	Ucluelet	32.94

Heat 4 of 5 Prelims

1	Linus Wong	Highland Sec	28.52
2	Ozan Avar	Dover Bay Se	26.00
3	Owen Flynn	GP Vanier	24.77
4	Blake Furtado	Claremont	11.89
5	Sebastian Hansen	Mount Dougla	24.52
6	Jackson Halychuk	Alberni Dist	25.99
7	Pedro Neves	Nanaimo Dist	28.65

Heat 5 of 5 Prelims

1	Alejandro Martinez	Highland Sec	26.96
2	Kento Hohmann	Ballenas Sec	26.14
3	Jerome Jessop	Brooks Secon	25.02
4	Conor Loughnane	South Island	23.31
5	Eric Luchies	St. Andrews'	24.50
6	Nikolai Hoevel	St. Andrews'	25.63
7	Ryan Ho	St. Michaels	29.00
8	Samuel Prokopchuk	Brentwood Co	33.27

Event 10 Men 400 Meter Dash Senior**8 Advance: Top 1 Each Heat plus Next 5 Best Times**

Lane	Name	Team	Seed Time
Heat 1 of 3 Prelims			
1	Jack Harrison	Dover Bay Se	1:00.21
2	Eric Luchies	St. Andrews'	58.00
3	Brandon Groot	Nanaimo Dist	55.05
4	Chase Haagensen	Reynolds Sec	50.75
5	Ope Remi-Adelasoye	Brentwood Co	54.71
6	Gus Brooks	Alberni Dist	57.82
7	Caleb Tsai	Alberni Dist	1:00.39

Heat 2 of 3 Prelims

1	Anish Sivakumar	Mount Dougla	59.00
2	Nikolai Hoevel	St. Andrews'	58.55
3	Brendan Tatalias	Mount Dougla	56.24
4	Zoltan Horvath	GP Vanier	52.15
5	Braden Perfitt	GP Vanier	53.60
6	Hunter Hine	Victoria Hig	56.90
7	Roy Cheng	Dover Bay Se	1:07.11
8	Carlos Flores Troncoso	Parkland Sec	1:10.00

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Heat 3 of 3 Prelims...(Event 10 Men 400 Meter Dash Senior)

1	Jordan Clark	Mount Dougla	59.88
2	Isaiah Smith	Stellys	58.47
3	River Sanoy	Reynolds Sec	55.34
4	Conor Loughnane	South Island	51.38
5	Spencer Bradbury	Ballenas Sec	54.17
6	Nick Lepessis	Claremont	56.97
7	Charles Hartnell	Nanaimo Dist	1:01.24

Event 42 Men 800 Meter Run Senior

Lane	Name	Team	Seed Time
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Section 1 of 3 Finals

1	Matthias Smith	Mark Isfled	2:40.00
2	Calum Louden	Nanaimo Dist	2:32.89
3	Mathew Rutten	Mark Isfled	2:30.00
4	Filipe Canavarro Pereira	Ballenas Sec	2:23.60
5	Tosh Paziuk	Nanaimo Dist	2:24.94
6	Barry Su	Ballenas Sec	2:32.30

Section 2 of 3 Finals

1	Carlos Flores Troncoso	Parkland Sec	2:20.00
2	Brendan Tatalias	Mount Dougla	2:20.00
3	Hunter Hine	Victoria Hig	2:16.15
4	John Harmer	Brooks Secon	2:15.00
5	John Deacon	Pacific Chri	2:15.34
6	Raphael Palma	Victoria Hig	2:18.01
7	Matteo Hilton	Stellys	2:20.20
8	Tuan Ngugyen	St. Andrews'	2:22.40

Section 3 of 3 Finals

1	Joe Robertson	Oak Bay Seco	2:08.00
2	Liam Hoogewerf	Oak Bay Seco	2:08.00
3	Cooper Langard	Parkland Sec	2:02.00
4	Keaton Heisterman	Brentwood Co	1:59.00
5	Michael Barber	Oak Bay Seco	2:00.10
6	Cyrus Urbanowicz	Dover Bay Se	2:05.72
7	Nick Lepessis	Claremont	2:09.00
8	Rylan Irving	Dover Bay Se	2:11.00

Event 14 Men 1500 Meter Run Senior

Lane	Name	Team	Seed Time
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Section 1 of 1 Finals

1	Keaton Heisterman	Brentwood Co	3:59.46
2	Cooper Langard	Parkland Sec	4:04.00
3	Jack Boden	Oak Bay Seco	4:04.00
4	Jack Amos	Oak Bay Seco	4:10.00
5	Antoine Minfray	Carihi Secon	4:10.56
6	Michael Barber	Oak Bay Seco	4:17.40
7	Cyrus Urbanowicz	Dover Bay Se	4:22.02
8	Kevin Song	Mount Dougla	4:22.30
9	Will Rice	Brooks Secon	4:26.00
10	Jonah Brost	Stellys	4:29.90
11	Nick Lepessis	Claremont	4:41.00
12	Raphael Palma	Victoria Hig	4:42.00
13	John Deacon	Pacific Chri	4:45.31
14	Tuan Ngugyen	St. Andrews'	4:59.60
15	Gavin Hill	St. Michaels	6:20.60
16	Matthias Smith	Mark Isfled	7:00.00
17	Mathew Rutten	Mark Isfled	7:00.00

Event 54 Men 3000 Meter Run Senior

Lane	Name	Team	Seed Time
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Section 1 of 1 Finals

1	Antoine Minfray	Carihi Secon	8:50.26
2	Jack Amos	Oak Bay Seco	8:55.00
3	Jack Boden	Oak Bay Seco	8:57.00
4	Liam Dwyer	Mount Dougla	9:11.80
5	Chris Fisher	Brooks Secon	9:15.00
6	Kevin Song	Mount Dougla	9:28.09
7	Jonah Brost	Stellys	9:29.60
8	Findlay Day	Oak Bay Seco	9:45.00
9	Jacob Sanders	Esquimalt	10:09.00
10	Raphael Palma	Victoria Hig	10:26.20
11	Will Rice	Brooks Secon	10:30.00
12	Taiga Okamoto	Parkland Sec	10:38.00
13	Cole Latiff	Esquimalt	10:47.00
14	Arden Grew	Mount Dougla	11:10.40
15	Calum Louden	Nanaimo Dist	11:20.15
16	Leonhard Appelt	Ballenas Sec	14:00.00

Event 26 Men 110 Meter Hurdles Senior**8 Advance: Top 2 Each Heat plus Next 4 Best Times**

Lane	Name	Team	Seed Time
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Heat 1 of 2 Prelims

2	Finn Berezowski	Oak Bay Seco	18.85
3	Owen Flynn	GP Vanier	22.30
4	Shane Stewart	Ballenas Sec	15.72
5	Chase Hennesey	Spectrum Com	20.95
6	Dean Ciarniello	Mount Dougla	19.50

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Heat 2 of 2 Prelims...(Event 26 Men 110 Meter Hurdles Senior)

1	Kaleb Krisher	GP Vanier	20.40
2	Noah Munro-Kagan	Mount Dougla	17.35
3	Yassin Guitouni	Mount Dougla	20.26
4	Jordan Irg	Alberni Dist	18.06

Event 110 Men 400 Meter Hurdles Senior**8 Advance: Top 2 Each Heat plus Next 4 Best Times**

Lane	Name	Team	Seed Time
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Heat 1 of 2 Prelims

2	Chase Hennesey	Spectrum Com	1:11.71
3	Finn Berezowski	Oak Bay Seco	1:08.00
4	Spencer Bradbury	Ballenas Sec	59.90
5	Zoltan Horvath	GP Vanier	1:05.38
6	Yassin Guitouni	Mount Dougla	1:10.00

Heat 2 of 2 Prelims

2	Johnny Cole	Mount Dougla	1:19.00
3	Jordan Clark	Mount Dougla	1:09.35
4	Owen Flynn	GP Vanier	1:02.52
5	Jordan Irg	Alberni Dist	1:04.08
6	Carter Hancock	Ballenas Sec	1:10.00

Event 34 Men 2000 Meter Steeplechase Senior

Lane	Name	Team	Seed Time
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Section 1 of 1 Finals

1	Chris Fisher	Brooks Secon	6:26.00
2	Liam Dwyer	Mount Dougla	6:27.38
3	Rylan Irving	Dover Bay Se	6:45.00
4	Jacob Sanders	Esquimalt	6:49.00
5	Zach Charlesworth	Oak Bay Seco	6:49.70
6	Taiga Okamoto	Parkland Sec	6:50.57
7	Tuan Ngugyen	St. Andrews'	7:55.90
8	John Harmer	Brooks Secon	8:02.00
9	Jakob Cyrenkovic	St. Andrews'	8:30.00
10	Leonhard Appelt	Ballenas Sec	10:00.00
11	Arden Grew	Mount Dougla	12:00.00
12	Brendan Mackey	Mount Dougla	12:00.00

Event 22 Men 4x100 Meter Relay Senior**8 Advance: Top 2 Each Heat plus Next 4 Best Times**

Lane	Team	Relay	Seed Time
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Heat 1 of 2 Prelims

1	Lambrick Par	A	48.11
2	Dover Bay Se	A	48.00
3	Stellys	A	47.22
4	Claremont	A	45.84
5	Oak Bay Seco	A	46.83
6	St. Andrews'	A	47.23
7	Highland Sec	A	57.30
8	GP Vanier	A	58.34

Heat 2 of 2 Prelims

1	Dover Bay Se	B	51.00
2	Maria Montes	A	47.92
3	Nanaimo Dist	A	47.11
4	Mount Dougla	A	44.51
5	Victoria Hig	A	47.00
6	Mount Dougla	B	47.69
7	Ballenas Sec	A	53.00

Event 36 Men 4x400 Meter Relay Senior**8 Advance: Top 2 Each Heat plus Next 4 Best Times**

Lane	Team	Relay	Seed Time
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Heat 1 of 2 Prelims

1	Victoria Hig	A	4:50.00
2	Esquimalt	A	4:35.00
3	Stellys	A	3:54.00
4	Claremont	A	3:42.00
5	Mount Dougla	A	3:42.16
6	Lambrick Par	A	3:55.00

Heat 2 of 2 Prelims

1	Ballenas Sec	A	4:50.00
2	Parkland Sec	A	4:00.00
3	St. Andrews'	A	3:53.65
4	Oak Bay Seco	A	3:37.15
5	Mount Dougla	B	3:52.00
6	Dover Bay Se	A	3:58.00

Event 111 Men High Jump Senior

Pos	Name	Team	Seed Mark
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Flight 1 of 1 Finals

1	Keiran Klettke	Cowichan Sec	1.50m
2	Morgan Price	Stellys	1.65m
3	Tony Else	Brentwood Co	1.70m
4	Dante Carbone	Mount Dougla	1.65m
5	Chris Green	Highland Sec	1.55m
6	Braden Perfitt	GP Vanier	1.60m
7	Adam Benn	Oak Bay Seco	1.70m
8	Felix Huxley	Oak Bay Seco	1.55m
9	Chase Mark	Mount Dougla	1.60m
10	Sam Mosky	Mount Dougla	1.60m
11	Michael De Vries	Duncan Chris	1.45m
12	Peter Heyd	Phil & Jenni	1.75m
13	Anthony Morris	Oak Bay Seco	1.65m
14	Jack Harrison	Dover Bay Se	1.70m

Event 71 Men Pole Vault Senior

Pos	Name	Team	Seed Mark
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Flight 1 of 1 Finals

1	Nico Pryma	St. Andrews'	2.85m
2	Dean Ciarniello	Mount Dougla	3.15m
3	James Rees	St. Andrews'	3.15m
4	Evan Guildford	Mount Dougla	3.15m
5	Steen Rasmussen	John Barsby	3.60m
6	Isaac Clements	Oak Bay Seco	4.31m

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Event 90 Men Long Jump Senior

Pos	Name	Team	Seed	Mark
Flight 1 of 1 Finals				
1	Maxton Languyl	Ucluelet		3.55m
2	Gavin Hill	St. Michaels		3.84m
3	Carter Hancock	Ballenas Sec		4.05m
4	Samuel Lawrence	Gold River S		4.09m
5	George Batt	Alberni Dist		4.15m
6	James Robinson	St. Michaels		4.16m
7	Pedro Neves	Nanaimo Dist		4.54m
8	Daichi Tanaka	Ballenas Sec		4.56m
9	Scotty Williams	Ballenas Sec		4.63m
10	Owen Wang	St. Andrews'		4.84m
11	Jose Camacho	Dover Bay Se		4.89m
12	Ryan Kettlewell	Oak Bay Seco		5.07m
13	Isshin Muto	Gold River S		5.09m
14	Aidan Metz	Nanaimo Dist		5.10m
15	Sam Mosky	Mount Dougla		5.21m
16	Evert Lindquist	Maria Montes		5.29m
17	Matthew Ng	Maria Montes		5.30m
18	Jack Harrison	Dover Bay Se		5.30m
19	Peter Heyd	Phil & Jenni		5.39m
20	Matteo Hilton	Stellys		5.42m
21	Jerome Jessop	Brooks Secon		5.45m
22	Michael De Vries	Duncan Chris		5.45m
23	Ozan Avar	Dover Bay Se		5.49m
24	Dean Ciarniello	Mount Dougla		5.68m
25	Adam Benn	Oak Bay Seco		5.78m
26	Blake Furtado	Claremont		5.92m
27	Noah Munro-Kagan	Mount Dougla		6.00m
28	Shungo Kishi	Royal Bay		6.23m
29	Drew Sundberg	Brooks Secon		6.25m
30	Samuel Prokopchuk	Brentwood Co		6.57m

Event 65 Men Triple Jump Senior

Pos	Name	Team	Seed	Mark
Flight 1 of 1 Finals				
1	Brendan Tatalias	Mount Dougla		9.00m
2	Jordan Clark	Mount Dougla		9.00m
3	Ryan Ho	St. Michaels		9.04m
4	Isshin Muto	Gold River S		10.02m
5	Matthew Ng	Maria Montes		10.96m
6	Ozan Avar	Dover Bay Se		10.99m
7	Jerome Jessop	Brooks Secon		11.02m
8	Peter Heyd	Phil & Jenni		11.09m
9	Riley Skalik	Carihi Secon		11.20m
10	James Rees	St. Andrews'		11.37m
11	Isaiah Smith	Stellys		11.84m
12	Ryan Kettlewell	Oak Bay Seco		12.06m
13	Aidan Metz	Nanaimo Dist		12.32m
14	Drew Sundberg	Brooks Secon		13.23m

Event 100 Men Shot Put 6 kg Senior

Pos	Name	Team	Seed	Mark
Flight 1 of 1 Finals				
1	Nick Fernandez	Duncan Chris		6.00m
2	Liam Scharmann	Belmont Seco		6.05m
3	Gabriele Flore	Ballenas Sec		7.05m
4	Duncan Blackie	Maria Montes		7.16m
5	Aaron Finlay	St. Andrews'		8.36m
6	Damion Johnson	Ucluelet		8.83m
7	Adrian Friesen	Ballenas Sec		8.96m
8	Asfi Saeed	Victoria Hig		9.02m
9	Dominic Hill	Chemainus Se		9.09m
10	Quinten Ferris	Lambrick Par		9.11m
11	Conor Croucher	Lambrick Par		9.11m
12	Zach Mosher	Ballenas Sec		9.13m
13	Aiden Bertuzzi	Mount Dougla		9.20m
14	Tyler Ryan	GP Vanier		9.40m
15	Jacob Howie	Gold River S		9.49m
16	Chase Mark	Mount Dougla		9.64m
17	Alex Caflisch	Maria Montes		9.91m
18	Dante Carbone	Mount Dougla		10.16m
19	Connor Turnbull	Lambrick Par		10.37m
20	John Carlo Eva	Victoria Hig		10.41m
21	Tony Else	Brentwood Co		10.42m
22	Torin Lightbody	Stellys		10.87m
23	Grey Gong	St. Andrews'		11.01m
24	Scott McKenzie	Brooks Secon		12.12m
25	Keagan Abbott	Brooks Secon		12.29m

2019 Vancouver Island Secondary School Track & Field Championship
Centennial Stadium, Victoria, BC - 5/16/2018 to 5/17/2018
Meet Program

Event 66 Men Discus Throw 1.75 kg Senior

Pos	Name	Team	Seed Mark
Flight 1 of 1 Finals			
1	Dante Carbone	Mount Dougla	8.00m
2	Gavin Hill	St. Michaels	9.69m
3	Chase Mark	Mount Dougla	10.00m
4	Glen Rose	Mount Dougla	10.00m
5	Nick Fernandez	Duncan Chris	16.00m
6	Asfi Saeed	Victoria Hig	16.30m
7	Gabriele Flore	Ballenas Sec	16.46m
8	Aurelian Heimburger	Dover Bay Se	16.94m
9	Keiran Klettke	Cowichan Sec	17.00m
10	Liam Scharmann	Belmont Seco	17.22m
11	Alex Bell	Victoria Hig	17.83m
12	Roy Cheng	Dover Bay Se	18.75m
13	Duncan Blackie	Maria Montes	18.89m
14	Tyler Ryan	GP Vanier	19.23m
15	Alex Caffisch	Maria Montes	19.48m
16	Zach Mosher	Ballenas Sec	19.91m
17	Riley Skalik	Carihi Secon	20.82m
18	Dominic Hill	Chemainus Se	23.01m
19	John Carlo Eva	Victoria Hig	23.96m
20	Jacob Howie	Gold River S	25.00m
21	Tosh Paziuk	Nanaimo Dist	25.45m
22	Samuel Lawrence	Gold River S	28.00m
23	Connor Turnbull	Lambrick Par	30.00m
24	Yanick Contant	Alberni Dist	32.14m
25	Scott McKenzie	Brooks Secon	32.15m
26	Keagan Abbott	Brooks Secon	35.86m

Event 112 Men Hammer Throw 6 kg Senior

Pos	Name	Team	Seed Mark
Flight 1 of 1 Finals			
1	Zairech Kremler	Mount Dougla	9.00m
2	Johnny Cole	Mount Dougla	9.00m
3	Evan Guildford	Mount Dougla	9.00m
4	Liam Scharmann	Belmont Seco	11.25m
5	Matt Clark	Lambrick Par	22.11m
6	Conor Croucher	Lambrick Par	22.22m
7	Adrian Friesen	Ballenas Sec	25.00m
8	Zach Mosher	Ballenas Sec	25.00m
9	Jayden Iverson	Alberni Dist	28.36m
10	Quinten Ferris	Lambrick Par	28.93m
11	Scott McKenzie	Brooks Secon	34.46m
12	Keagan Abbott	Brooks Secon	40.21m
13	Ethan Katzberg	John Barsby	53.00m

Event 60 Men Javelin Throw 800 gram Senior

Pos	Name	Team	Seed Mark
Flight 1 of 1 Finals			
1	Aiden Bertuzzi	Mount Dougla	20.84m
2	Alex Bell	Victoria Hig	21.05m
3	Adam Brewster	Claremont	21.94m
4	Keiran Klettke	Cowichan Sec	24.00m
5	Matt Meyer	Claremont	27.12m
6	Matt Clark	Lambrick Par	27.31m
7	Carter Hancock	Ballenas Sec	30.00m
8	Evan Huynh	Claremont	30.46m
9	Gabriele Flore	Ballenas Sec	32.91m
10	Tony Else	Brentwood Co	34.90m
11	Alejandro Martinez	Highland Sec	37.40m
12	Eric Luchies	St. Andrews'	38.24m
13	Yanick Contant	Alberni Dist	38.49m
14	Andrew Pearse	St. Andrews'	44.88m
15	Finn Berezowski	Oak Bay Seco	44.89m
16	Drew Sundberg	Brooks Secon	45.00m
17	Casey Klettke	Timberline S	51.90m

Event 44 Men 1500 Meter Race Walk Senior

Lane	Name	Team	Seed Time
Section 1 of 1 Finals			
1	Emmett Hodgins	Oak Bay Seco	8:25.00
2	Gian Bellosillo	Carihi Secon	9:35.52
3	Yassin Guitouni	Mount Dougla	9:41.70
4	Adrian Friesen	Ballenas Sec	10:00.00
5	Johnny Cole	Mount Dougla	10:09.90
6	Hardy Gu	Lambrick Par	10:54.00
7	Ian Aitken	Mount Dougla	13:00.10

Event 152 Men 100 Meter Dash Special O

Lane	Name	Team	Seed Time
Section 1 of 1 Finals			
4	Rajan Hayer	Duncan Chris	NT