

2014 OFSAA Track & Field Schedule

Day 1 - Thursday June 5, 2014

3:00	4 x 100 m Relay (HEATS) (MG, MB, JG, JB, SG, SB)	3:00	JG	Triple Jump
			JB	Long Jump
			SG	Discus
			SB	Javelin
		3:30	MG	High Jump
			MB	Pole Vault
4:30	OG 1500 m Steeplechase (HEATS) OB 2000 m Steeplechase (HEATS)			
5:15	400 m (HEATS) (MG, MB, JG, JB, SG, SB)			
		5:30	JG	Shot Put
			JB	Discus
			SG	Long Jump
			SB	Triple Jump
6:30	1500 m (HEATS) (MG, MB, JG, JB, SG, SB)			

Day 2 - Friday June 6, 2014

		9:15	JB	Pole Vault
9:30	Sprint Hurdles (HEATS) (MG, JG, SG, MB, JB, SB)	9:30	MG	Long Jump
			MB	Javelin
			JG	High Jump
			SG	Shot Put
			SB	Discus
11:00	100 m (HEATS) (MG, MB, JG, JB, SG, SB)			
		1:00	SG	Pole Vault
1:30	Opening Ceremonies	1:30	MG	Discus
			MB	Triple Jump
			JG	Javelin
			JB	Shot Put
			SB	High Jump
2:00	OG 1500 m Steeplechase (FINAL) OB 2000 m Steeplechase (FINAL)			
2:30	Sprint Hurdles (FINALS) (MG, JG, SG, MB, JB, SB)			
3:00	100 m (FINALS) (VIG, VIB, AmbG, AmbB, IDG, IDB, MG, MB, JG, JB, SG, SB)			
3:45	400 m (FINALS) (WCG, WCB, MG, MB, JG, JB, SG, SB)			

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4:30 1500 m (FINALS)
(MG, MB, JG, JB, SG, SB)

4:30 MG Pole Vault
MB Shot Put
JG Long Jump
JB Triple Jump

5:15 4 x 100 m Relay (FINALS)
(SG, SB, JG, JB, MG, MB)

6:00 4 x 400 m Relays (HEATS)
(OG, OB)

Day 3 - Saturday June 7, 2014

9:00 Intermediate Hurdles (HEATS)
(MG, JG, SG, MB, JB, SB)

9:00 MG Shot Put
MB High Jump
JB Javelin
SG Triple Jump
SB Long Jump

9:30 JG Pole Vault

10:30 800 m (HEATS)
(SG, SB, JG, JB, MG, MB)

12:00 200 m (HEATS)
(SG, SB, JG, JB, MG, MB)

12:00 MG Triple Jump
MB Discus
JB High Jump
SG Javelin
SB Shot Put

1:30 Intermediate Hurdles (FINALS)
(MG, JG, SG, MB, JB, SB)

1:30 SB Pole Vault

2:00 3000 m (FINALS)
(SG, SB)

2:30 800 m (FINALS)
(VIG, VIB, AmbG, AmbB, SG, SB, JG, JB, MG, MB)

2:30 MG Javelin
MB Long Jump
JG Discus
SG High Jump

3:30 3000 m (FINALS)
(JG, JB)

4:00 200 m (FINALS)
(WCG, WCB, SG, SB, JG, JB, MG, MB)

4:40 3000 m (FINALS)
(MG, MB)

5:10 4 x 400 m Relays (FINALS)
(OG, OB)

5:30 Awards Presentations

2014 OFSAA Track & Field Schedule

Field Events (by event)						
Event	Girls			Boys		
	MG	JG	SG	MB	JB	SB
High Jump	Thursday 3:30 pm	Friday 9:30 am	Saturday 2:30 pm	Saturday 9:00 am	Saturday 12:00 pm	Friday 1:30 pm
Pole Vault	Friday 4:30 pm	Saturday 9:30 am	Friday 1:00 pm	Thursday 3:30 pm	Friday 9:15 am	Saturday 1:30 pm
Long Jump	Friday 9:30 am	Friday 4:30 pm	Thursday 5:30 pm	Saturday 2:30 pm	Thursday 3:00 pm	Saturday 9:00 am
Triple Jump	Saturday 12:00 pm	Thursday 3:00 pm	Saturday 9:00 am	Friday 1:30 pm	Friday 4:30 pm	Thursday 5:30 pm
Shot Put	Saturday 9:00 am	Thursday 5:30 pm	Friday 9:30 am	Friday 4:30 pm	Friday 1:30 pm	Saturday 12:00 pm
Discus	Friday 1:30 pm	Saturday 2:30 pm	Thursday 3:00 pm	Saturday 12:00 pm	Thursday 5:30 pm	Friday 9:30 am
Javelin	Saturday 2:30 pm	Friday 1:30 pm	Saturday 12:00 pm	Friday 9:30 am	Saturday 9:00 am	Thursday 3:00 pm

Field Events (by time)						
Event	Girls			Boys		
	MG	JG	SG	MB	JB	SB
Thursday 3:00 / 3:30 pm	High Jump	Triple Jump	Discus	Pole Vault	Long Jump	Javelin
Thursday 5:30 pm		Shot Put	Long Jump		Discus	Triple Jump
Friday 9:15 / 9:30 am	Long Jump	High Jump	Shot Put	Javelin	Pole Vault	Discus
Friday 1:00 / 1:30 pm	Discus	Javelin	Pole Vault	Triple Jump	Shot Put	High Jump
Friday 4:30 pm	Pole Vault	Long Jump		Shot Put	Triple Jump	
Saturday 9:00 / 9:30 am	Shot Put	Pole Vault	Triple Jump	High Jump	Javelin	Long Jump
Saturday 12:00 pm	Triple Jump		Javelin	Discus	High Jump	Shot Put
Saturday 1:30 / 2:30 pm	Javelin	Discus	High Jump	Long Jump		Pole Vault