

Tely 10 Mile Road Race • 4th Sunday in July • July 28, 2019



The Telegram

This is to certify that

HELEN NELDER

Completed the

92nd TELY 10 MILE ROAD RACE

In Position

1286

Rosemary Ryan-Forsey
NLAA President

With a time of

1:32:31

Leo Gosse
The Telegram

Paradise - Mount Pearl - St. John's, Newfoundland and Labrador