

The Telegram

10 Mile Road Race July 22, 2018

Achievement Certificate

awarded to

Christopher Freeman

30-34 / 91 of 197

1:28:14 / 1:31:15

M: 647 / Race: 952

category

time chip/time

overall positions

NLAA President: Rosemary Ryan-Forsey

Regional President The Telegram: Lizzie Cramm