

The Telegram

10 Mile Road Race July 22, 2018

Achievement Certificate

awarded to

Mark Lawrence

45-49 / 5 of 195

1:08:23 / 1:08:29

M: 80 / Race: 92

category

time chip/time

overall positions

NLAA President: Rosemary Ryan-Forsey

Regional President The Telegram: Lizzie Cramm