

The Telegram

10 Mile Road Race July 22, 2018

Achievement Certificate

awarded to

Wade Cook

45-49 / 64 of 195

category

1:30:33 / 1:30:50

time chip/time

M: 628 / Race: 914

overall positions

NLAA President: Rosemary Ryan-Forsey

Regional President The Telegram: Lizzie Cramm