

The Telegram

10 Mile Road Race July 22, 2018

Achievement Certificate

awarded to

John French

55-59 / 55 of 138

of 138 1:26:19 / 1:30:49

M: 627 / Race: 912

category

time chip/time

overall positions

NLAA President: Rosemary Ryan-Forsey

Regional President The Telegram: Lizzie Cramm