

The Telegram

## 10 Mile Road Race July 22, 2018

## **Achievement Certificate**

awarded to

## **Carolyn Donahue**

45-49 / 34 of 326

1:29:55 / 1:30:33

F: 276 / Race: 895

category

time chip/time

overall positions

NLAA President: Rosemary Ryan-Forsey

Regional President The Telegram: Lizzie Cramm