

The Telegram

10 Mile Road Race July 22, 2018

Achievement Certificate

awarded to

Carol Ann Poole

50-54 / 26 of 248

1:30:03 / 1:30:30

F: 274 / Race: 889

category

time chip/time

overall positions

NLAA President: Rosemary Ryan-Forsey

Regional President The Telegram: Lizzie Cramm