

The Telegram

## 10 Mile Road Race July 22, 2018

**Achievement Certificate** 

awarded to

## **Donald Lannon**

60-64 / 34 of 125

1:29:49 / 1:30:14

M: 607 / Race: 872

category

time chip/time

overall positions

NLAA President: Rosemary Ryan-Forsey

Regional President The Telegram: Lizzie Cramm