

The Telegram

10 Mile Road Race July 22, 2018

Achievement Certificate

awarded to

Matthew Noseworthy

30-34 / 87 of 197

1:28:42 / 1:29:45

M: 592 / Race: 839

category

time chip/time

overall positions

NLAA President: Rosemary Ryan-Forsey

Regional President The Telegram: Lizzie Cramm