

The Telegram

## 10 Mile Road Race July 22, 2018

## **Achievement Certificate**

awarded to

## **Heather Lewis**

50-54 / 23 of 248

1:29:19 / 1:29:38

F: 244 / Race: 832

category

time chip/time

overall positions

NLAA President: Rosemary Ryan-Forsey

Regional President The Telegram: Lizzie Cramm