

The Telegram

## 10 Mile Road Race July 22, 2018

## **Achievement Certificate**

awarded to

**Gerard Nash** 

45-49 / 57 of 195

1:28:22 / 1:29:11

M: 574 / Race: 807

category

time chip/time

overall positions

NLAA President: Rosemary Ryan-Forsey

Regional President The Telegram: Lizzie Cramm