

The Telegram

10 Mile Road Race July 22, 2018

Achievement Certificate

awarded to

Jamie Laws

25-29 / 31 of 269

category —

1:27:50 / 1:28:54

time chip/time

F: 228 / Race: 790

overall positions

NLAA President: Rosemary Ryan-Forsey

Regional President The Telegram: Lizzie Cramm