

The Telegram

10 Mile Road Race July 22, 2018

Achievement Certificate

awarded to

Amy Grouchy

25-29 / 30 of 269

1:27:31 / 1:28:54

F: 225 / Race: 787

category

time chip/time

overall positions

NLAA President: Rosemary Ryan-Forsey

Regional President The Telegram: Lizzie Cramm