

The Telegram

10 Mile Road Race July 22, 2018

Achievement Certificate

awarded to

Shannon Best

45-49 / 55 of 195

1:28:05 / 1:28:42

M: 556 / Race: 771

category

time chip/time

overall positions

NLAA President: Rosemary Ryan-Forsey

Regional President The Telegram: Lizzie Cramm