

The Telegram

10 Mile Road Race July 22, 2018

Achievement Certificate

awarded to

Mike Smyth

40-44 / 80 of 195

1:28:25 / 1:28:42

M: 555 / Race: 770

category

time chip/time

overall positions

NLAA President: Rosemary Ryan-Forsey

Regional President The Telegram: Lizzie Cramm