

The Telegram

10 Mile Road Race July 22, 2018

Achievement Certificate

awarded to

Garry Monaghan

40-44 / 21 of 195

1:07:48 / 1:07:55

M: 68 / Race: 77

category

time chip/time

overall positions

NLAA President: Rosemary Ryan-Forsey

Regional President The Telegram: Lizzie Cramm