

The Telegram

10 Mile Road Race July 22, 2018

Achievement Certificate

awarded to

Lisa Cook

35-39 / 42 of 396

1:27:44 / 1:28:39

F: 214 / Race: 768

category

time chip/time

overall positions

NLAA President: Rosemary Ryan-Forsey

Regional President The Telegram: Lizzie Cramm