

The Telegram

10 Mile Road Race July 22, 2018

Achievement Certificate

awarded to

William Seaward

55-59 / 48 of 138

1:27:33 / 1:28:34

M: 553 / Race: 761

category

time chip/time

overall positions

NLAA President: Rosemary Ryan-Forsey

Regional President The Telegram: Lizzie Cramm