

The Telegram

## 10 Mile Road Race July 22, 2018

## **Achievement Certificate**

awarded to

## **Russell Grusing**

20-24 / 32 of 96

1:26:50 / 1:28:23

M: 547 / Race: 751

category

time chip/time

overall positions

NLAA President: Rosemary Ryan-Forsey

Regional President The Telegram: Lizzie Cramm