

The Telegram

## 10 Mile Road Race July 22, 2018

## **Achievement Certificate**

awarded to

**Christopher Seary** 

55-59 / 44 of 138

1:26:58 / 1:27:34

M: 530 / Race: 723

category

time chip/time

overall positions

NLAA President: Rosemary Ryan-Forsey

Regional President The Telegram: Lizzie Cramm