

The Telegram

10 Mile Road Race July 22, 2018

Achievement Certificate

awarded to

Pamela Griffiths

40-44 / 40 of 370

1:26:10 / 1:27:32

F: 193 / Race: 722

category

time chip/time

overall positions

NLAA President: Rosemary Ryan-Forsey

Regional President The Telegram: Lizzie Cramm