

The Telegram

10 Mile Road Race July 22, 2018

Achievement Certificate

awarded to

Mike McManaman

45-49 / 50 of 195

1:26:30 / 1:27:18

M: 527 / Race: 716

category

time chip/time

overall positions

NLAA President: Rosemary Ryan-Forsey

Regional President The Telegram: Lizzie Cramm