

The Telegram

## 10 Mile Road Race July 22, 2018

**Achievement Certificate** 

awarded to

**Tammy Lahey** 

50-54 / 17 of 248

1:26:58 / 1:27:17

F: 189 / Race: 715

category

time chip/time

overall positions

NLAA President: Rosemary Ryan-Forsey

Regional President The Telegram: Lizzie Cramm