

The Telegram

## 10 Mile Road Race July 22, 2018

## **Achievement Certificate**

awarded to

## Rishikesh Nair

20-24 / 30 of 96

1:22:31 / 1:27:06

M: 523 / Race: 709

category

time chip/time

overall positions

NLAA President: Rosemary Ryan-Forsey

Regional President The Telegram: Lizzie Cramm