

The Telegram

10 Mile Road Race July 22, 2018

Achievement Certificate

awarded to

Jason Counsel

40-44 / 71 of 195

1:25:24 / 1:26:43

M: 505 / Race: 683

category

time chip/time

overall positions

NLAA President: Rosemary Ryan-Forsey

Regional President The Telegram: Lizzie Cramm