

The Telegram

10 Mile Road Race July 22, 2018

Achievement Certificate

awarded to

Sheldon Roberts

45-49 / 48 of 195

1:25:16 / 1:26:11

M: 491 / Race: 663

category

time chip/time

overall positions

NLAA President: Rosemary Ryan-Forsey

Regional President The Telegram: Lizzie Cramm