

The Telegram

10 Mile Road Race July 22, 2018

Achievement Certificate

awarded to

Mahlodi Tau

40-44 / 35 of 370

category

1:24:40 / 1:26:08

time chip/time

F: 172 / Race: 662

overall positions

NLAA President: Rosemary Ryan-Forsey

Regional President The Telegram: Lizzie Cramm