

The Telegram

10 Mile Road Race July 22, 2018

Achievement Certificate

awarded to

Chris Flanagan

55-59 / 38 of 138

1:25:09 / 1:25:53

M: 483 / Race: 650

category

time chip/time

overall positions

NLAA President: Rosemary Ryan-Forsey

Regional President The Telegram: Lizzie Cramm