

The Telegram

10 Mile Road Race July 22, 2018

Achievement Certificate

awarded to

Janice Henstridge

45-49 / 17 of 326

1:24:42 / 1:25:07

F: 155 / Race: 614

category

time chip/time

overall positions

NLAA President: Rosemary Ryan-Forsey

Regional President The Telegram: Lizzie Cramm