

The Telegram

10 Mile Road Race July 22, 2018

Achievement Certificate

awarded to

Rona Moore

30-34 / 20 of 331

f 331 1:24:30 / 1:24:51

F: 146 / Race: 595

category

time chip/time

overall positions

NLAA President: Rosemary Ryan-Forsey

Regional President The Telegram: Lizzie Cramm