

The Telegram

## 10 Mile Road Race July 22, 2018

**Achievement Certificate** 

awarded to

## **Dave Humphries**

40-44 / 63 of 195

1:23:53 / 1:24:18

M: 438 / Race: 575

category

time chip/time

overall positions

NLAA President: Rosemary Ryan-Forsey

Regional President The Telegram: Lizzie Cramm