

The Telegram

## 10 Mile Road Race July 22, 2018

## **Achievement Certificate**

awarded to

## **Dean Hammond**

30-34 / 8 of 197

1:05:53 / 1:06:02

M: 49 / Race: 57

category

time chip/time

overall positions

NLAA President: Rosemary Ryan-Forsey

Regional President The Telegram: Lizzie Cramm