

The Telegram

10 Mile Road Race July 22, 2018

Achievement Certificate

awarded to

Alastair Grant

35-39 / 67 of 207

1:22:55 / 1:23:26

M: 412 / Race: 535

category

time chip/time

overall positions

NLAA President: Rosemary Ryan-Forsey

Regional President The Telegram: Lizzie Cramm