

The Telegram

## 10 Mile Road Race July 22, 2018

## **Achievement Certificate**

awarded to

**Heather Bungay** 

40-44 / 24 of 370

1:22:56 / 1:23:17

F: 123 / Race: 528

category

time chip/time

overall positions

NLAA President: Rosemary Ryan-Forsey

Regional President The Telegram: Lizzie Cramm