

The Telegram

10 Mile Road Race July 22, 2018

Achievement Certificate

awarded to

Maurice Sheppard

60-64 / 17 of 125

1:23:05 / 1:23:09

M: 398 / Race: 519

category

time chip/time

overall positions

NLAA President: Rosemary Ryan-Forsey

Regional President The Telegram: Lizzie Cramm