

The Telegram

10 Mile Road Race July 22, 2018

Achievement Certificate

awarded to

Chris Ryan

40-44 / 14 of 195

1:04:51 / 1:04:55

M: 41 / Race: 48

category

time chip/time

overall positions

NLAA President: Rosemary Ryan-Forsey

Regional President The Telegram: Lizzie Cramm