

The Telegram

10 Mile Road Race July 22, 2018

Achievement Certificate

awarded to

Ryan St. John

-19 / 22 of 76

1:21:14 / 1:22:26

M: 371 / Race: 478

category

time chip/time

overall positions

NLAA President: Rosemary Ryan-Forsey

Regional President The Telegram: Lizzie Cramm