

The Telegram

10 Mile Road Race July 22, 2018

Achievement Certificate

awarded to

Mike Lawlor

40-44 / 50 of 195

1:21:45 / 1:22:04

M: 362 / Race: 466

category

time chip/time

overall positions

NLAA President: Rosemary Ryan-Forsey

Regional President The Telegram: Lizzie Cramm